

Sample Mental Health Care Plan

GP MENTAL HEALTH CARE PLAN (MBS ITEM NUMBER 2700,2701, 2715, 2717)			
PATIENT ASSESSMENT			
Patient's Name	<i>Eg. Tom Stevens</i>	Date of Birth	<i>02/11/1965</i>
Address	<i>77 Brown Street, Geelong</i>	Phone	<i>9933 1166</i>
Carer details and/or emergency contact(s)	<i>Wife (Jane) as above</i>	Other care plan Eg GPMP / TCA.	YES <input type="checkbox"/> NO <input type="checkbox"/>
GP Name/ Practice	<i>Dr M Forman</i>		
AHP or nurse currently involved in patient care	<i>None</i>	Medical Records No.	<i>10945678</i>
PRESENTING ISSUE(S) What are the patient's current mental health issues?	<i>Can't sleep Tired all the time Teary Easily "flies off the handle" Wife made him attend the surgery today</i>		
PATIENT HISTORY Record relevant biological psychological and social history including any family history of mental disorders and any relevant substance abuse or physical health problems	<i>Usually well, infrequent presentation at surgery over the last 12 months Mild asthmatic Not sleeping well Doesn't go out much – often feels lonely Has a few extra drinks to get to sleep Married for 20 years, 3 teenage children at home 12 months ago retrenched from a supervisory position at steel works, has been unable to find work since Mother and father both well. Mother unwell after birth of her last child (Tom's younger brother)</i>		
MEDICATIONS (attach information if required)	<i>Ventolin – for asthma</i>		
ALLERGIES	<i>Nil</i>		
ANY OTHER RELEVANT INFORMATION	<i>Struggling financially</i>		
RESULTS OF MENTAL STATE EXAMINATION Record after patient has been examined	<i>Presents with moderate depression over the past 6 months due to retrenchment. At risk of continued alcohol abuse. Difficulty concentrating. Motivation low. Cognition normal. Insight good.</i>		
RISKS AND CO-MORBIDITIES Note any associated risks and co-morbidities including suicidal tendencies and risks to others	<i>Low suicide risk Increased reliance on alcohol – complication presentation</i>		
OUTCOME TOOL USED	RESULTS <i>38</i>		
DIAGNOSIS	<i>Moderate Depression (reactive)</i>		

Sample Treatment Plans For Mental Health

Ray W. Christner, Rosemary B. Mennuti

Sample Treatment Plans For Mental Health:

The Severe and Persistent Mental Illness Treatment Planner David J. Berghuis, Arthur E. Jongsma, Jr., Timothy J. Bruce, 2014-12-22 This timesaving resource features Treatment plan components for 31 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes new Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Severe and Persistent Mental Illness Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 31 main presenting problems including employment problems family conflicts financial needs homelessness intimate relationship conflicts and social anxiety Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Severe and Persistent Mental Illness Progress Notes Planner Second Edition Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission COA and NCQA Additional resources in the PracticePlanners series Progress Notes Planners contain complete prewritten progress notes for each presenting problem in the companion Treatment Planners Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners

The Mental Health Diagnostic Desk Reference Carlton E. Munson, 2001 This updated edition of Dr Munson's highly acclaimed book provides clear consistently organized expositions of every disorder in the DSM IV TR It also offers a detailed explanation of the DSM IV TR multi axial system including guidelines and examples of treatment planning This is the only guide to applying the new culture bound syndromes it includes a detailed case example of preparing a cultural formulation Features 81 illustrations including color coded supplemental visuals highlighting the diagnostic criteria for disorders most frequently encountered in clinical practice To view an excerpt online find the book in our QuickSearch catalog at www.HaworthPress.com

Therapist's Guide to Positive Psychological Interventions Jeana L. Magyar-Moe, 2009-07-30 Positive psychology essentially the scientific study of the strengths that enable individuals and communities to thrive is a relatively new discipline that has experienced substantial growth in the last 5 10 years Research suggests that the principles and theories from this area of study are highly relevant to the practice of counseling and psychotherapy and positive psychology presents clinicians and patients with a much needed

balance to the more traditional focus on pathology and the disease model of mental health This book provides a comprehensive introduction to the best researched positive psychological interventions It emphasizes clinical application providing a detailed view of how the research can be applied to patients Covering the broaden and build theory strengths based therapy mentoring modalities and more the volume will provide numerous assessment tools exercises and worksheets for use throughout the counseling and psychotherapy process Summarizes the applications of research from positive psychology to the practice of counseling and psychotherapy Provides clinician a variety of assessments worksheets handouts and take home and in session exercises to utilize in the process of conducting therapy from a positive psychological perspective Provides general treatment planning guidelines for the appropriate use of such assessments worksheets handouts and exercises Bibliography of positive psychology references to compliment the information provided in this book

Social Workers' Desk Reference Albert R. Roberts, 2009 This is a new edition of the wildly successful everyday reference for social workers Like the first edition it has been crafted with the help of an extensive needs assessment survey of educators and front line practitioners ensuring that it speaks directly to the daily realities of the profession It features 40% new material and a more explicit focus on evidence based practice Treatment Plans and Interventions for Depression and Anxiety Disorders Robert L. Leahy, Stephen J. Holland, Lata K. McGinn, 2011-10-26 _ This widely used book is packed with indispensable tools for treating the most common clinical problems encountered in outpatient mental health practice Chapters provide basic information on depression and the six major anxiety disorders step by step instructions for evidence based assessment and intervention illustrative case examples and practical guidance for writing reports and dealing with third party payers In a convenient large size format the book features 125 reproducible client handouts homework sheets and therapist forms for assessment and record keeping The included CD ROM enables clinicians to rapidly generate individualized treatment plans print extra copies of the forms and find information on frequently prescribed medications _ New to This Edition The latest research on each disorder and its treatment Innovative techniques that draw on cognitive behavioral mindfulness and acceptance based approaches Two chapters offering expanded descriptions of basic behavioral and cognitive techniques 47 of the 125 reproducibles are entirely new __ Provided by publisher *The Co-Occurring Disorders Treatment Planner, with DSM-5 Updates* David J. Berghuis, Jack Klott, 2016-03-14 This timesaving resource features Treatment plan components for 25 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most insurance companies and third party payors The Co Occurring Disorders Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal review agencies A critical tool for mental health professionals treating patients coping simultaneously with mental illness and serious substance abuse Saves you hours of

time consuming paperwork yet offers the freedom to develop customized treatment plans Organized around 25 main presenting problems with a focus on treating adults and adolescents with alcohol drug or nicotine addictions and co occurring disorders including depression PTSD eating disorders and ADHD Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and clinically tested treatment options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA *The Complete Adult Psychotherapy Treatment Planner* David J. Berghuis, L. Mark Peterson, 2012-07-03

The Complete Adult Psychotherapy Treatment Planner Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features Empirically supported evidence based treatment interventions Organized around 43 main presenting problems including anger management chemical dependence depression financial stress low self esteem and Obsessive Compulsive Disorder Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with the The Adult Psychotherapy Progress Notes Planner Third Edition and the Adult Psychotherapy Homework Planner Second Edition Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF JCAHO and NCQA **The Clinical Documentation**

Sourcebook Donald E. Wiger, 2009-12-31 All the forms handouts and records mental health professionals need to meet documentation requirements fully revised and updated The paperwork required when providing mental health services continues to mount Keeping records for managed care reimbursement accreditation agencies protection in the event of lawsuits and to help streamline patient care in solo and group practices inpatient facilities and hospitals has become increasingly important Now fully updated and revised the Fourth Edition of The Clinical Documentation Sourcebook provides you with a full range of forms checklists and clinical records essential for effectively and efficiently managing and protecting your practice The Fourth Edition offers Seventy two ready to copy forms appropriate for use with a broad range of clients including children couples and families Updated coverage for HIPAA compliance reflecting the latest The Joint Commission TJC and CARF regulations A new chapter covering the most current format on screening information for referral sources Increased coverage of clinical outcomes to support the latest advancements in evidence based treatment A CD ROM with all the ready to copy forms in Microsoft Word format allowing for customization to suit a variety of practices From intake to diagnosis and treatment through discharge and outcome assessment The Clinical Documentation Sourcebook Fourth Edition offers sample forms for every stage of the treatment process Greatly expanded from the Third Edition the book now includes twenty six fully completed forms illustrating the proper way to fill them out Note CD ROM DVD and other supplementary

materials are not included as part of eBook file

The Parenting Skills Treatment Planner Sarah Edison Knapp, David J. Berghuis, 2010-12-15 The Parenting Skills Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal review agencies A critical tool for mental health professionals addressing today's complex family structures and the increased pressures on children and adolescents from school peers and the general culture Saves you hours of time consuming paperwork yet offers the freedom to develop customized treatment plans for parents and other caregivers Organized around 31 main presenting problems with a focus on giving parents the skills they need to effectively help their children navigate contemporary issues such as the trauma associated with divorce school pressures and sexual abuse Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and clinically tested treatment options Easy to use reference format helps locate treatment plan components by behavioral problem or DSM IVTR TM diagnosis Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA

The Adolescent Psychotherapy Treatment Planner Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2023-12-27 Quickly and efficiently create treatment plans for adolescents in a variety of treatment environments The newly revised sixth edition of the Adolescent Psychotherapy Treatment Planner delivers an essential resource for mental health practitioners seeking to create effective high quality treatment plans that satisfy the needs of most third party payers and state and federal review agencies This book clarifies simplifies and accelerates the treatment planning process for adolescents so you can spend less time on paperwork and more time treating your clients This latest edition includes comprehensive and up to date revisions on treating the victims and perpetrators of bullying and aggression gender dysphoria loneliness opioid use and sleep disorders It includes new evidence based objectives and interventions as well as an expanded and updated professional references appendix You'll also find A new appendix presenting location and availability information in an alphabetical index of objective assessment instruments and structured clinical interviews A consistent focus throughout the book on evidence based practices and treatments consistent with practice guideline recommendations Ranges of treatment options consistent with the best available research and those reflecting common clinical practices of experienced clinicians An essential treatment planning handbook for clinicians treating adolescents in a variety of settings the sixth edition of the Adolescent Psychotherapy Treatment Planner is the key to quickly and efficiently creating individually tailored evidence based and effective treatment plans for adolescent clients

Veterans and Active Duty Military Psychotherapy Homework Planner James R. Finley, Bret A. Moore, 2017-04-27 The Veterans and Active Duty Military Psychotherapy Homework Planner provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 78 ready to copy exercises covering the most common issues encountered by veterans and active

duty soldiers in therapy such as anger management substance abuse and dependence bereavement pre deployment stress and chronic pain after injury A quick reference format the interactive assignments are grouped by behavioral problems including combat and operational stress reactions postdeployment reintegration survivor s guilt anxiety parenting problems related to deployment and posttraumatic stress disorder Expert guidance on how and when to make the most efficient use of the exercises Assignments are cross referenced to The Veterans and Active Duty Military Psychotherapy Treatment Planner so you can quickly identify the right exercise for a given situation or problem Downloadable assignments allowing you to customize them to suit you and your clients unique styles and needs *The Addiction Treatment Planner* Robert R.

Perkinson, Arthur E. Jongsma, Jr., Timothy J. Bruce, 2022-04-19 Clarify simplify and accelerate the treatment planning process so you can spend more time with clients The Addiction Treatment Planner Sixth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payers and state and federal agencies This valuable resource contains treatment plan components for 48 behaviorally based presenting problems including depression intimate relationship conflicts chronic pain anxiety substance use borderline personality and more You ll save hours by speeding up the completion of time consuming paperwork without sacrificing your freedom to develop customized treatment plans for clients This updated edition includes new and revised evidence based objectives and interventions new online resources expanded references an expanded list of client workbooks and self help titles and the latest information on assessment instruments In addition you ll find new chapters on some of today s most challenging issues Opioid Use Disorder Panic Agoraphobia Loneliness and Vocational Stress New suggested homework exercises will help you encourage your clients to bridge their therapeutic work to home Quickly and easily develop treatment plans that satisfy third party requirements Access extensive references for treatment techniques client workbooks and more Offer effective and evidence based homework exercises to clients with any of 48 behaviorally based presenting problems Enjoy time saving treatment goals objectives and interventions plus space to record your own customized treatment plan This book s easy to use reference format helps locate treatment plan components by presenting behavioral problem or DSM 5 diagnosis Inside you ll also find a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA The Addiction Treatment Planner Sixth Edition will liberate you to focus on what s really important in your clinical work **The Family Therapy Treatment**

Planner Frank M. Dattilio, David J. Berghuis, Sean D. Davis, 2010-02-16 The Family Therapy Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 40 main presenting problems including child parent conflicts depression abuse death and loss issues blended family problems and loss of family cohesion Over 1 000 prewritten

treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner Second Edition and the Brief Family Therapy Homework Planner Second Edition Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA

Cognitive-Behavioral Interventions in Educational Settings Ray W. Christner, Rosemary B. Mennuti, 2013-06-19 Includes eight new chapters All original chapters have been updated New contributors have been invited to write about newer ideas and developments within the field 15 chapters are dedicated to applications of CBT interventions for specific issues such as depressive disorders selective mutism developmental disabilities and military children and families Includes contributions from forward thinking established professionals in the field whose writing represents the state of the art in CBT interventions in educational settings New additions to the book include addressing issues of cyber bullying parent and school consultation and the need for research and case study

The Couples Psychotherapy Treatment Planner, with DSM-5 Updates K. Daniel O'Leary, Richard E. Heyman, David J. Berghuis, 2015-01-07 This timesaving resource features Treatment plan components for 35 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes new Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Couples Psychotherapy Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions New chapters on Internet sexual use retirement and parenthood strain Organized around 35 behaviorally based presenting problems including jealousy midlife crisis parenting conflicts and sexual dysfunction Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Couples Psychotherapy Progress Notes Planner Second Edition and Couples Therapy Homework Planner Second Edition Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Additional resources in the PracticePlanners series Progress Notes Planners contain complete prewritten progress notes for each presenting problem in the companion Treatment Planners Homework Planners feature behaviorally based ready to use assignments to speed treatment and keep clients engaged between sessions For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners

DSM-5 in Action

Sophia F. Dziegielewska, 2014-09-24 Full exploitation of the DSM 5 allows for more comprehensive care By demystifying the DSM 5 author Sophia Dziegielewska goes beyond the traditional diagnostic assessment and suggests both treatment plans and practice strategy She covers the changes in criteria to the DSM 5 and what those changes mean for mental health professionals This resource has been updated to include New and updated treatment plans All treatment plans interventions strategies applications and practice implications are evidence based Instructions on doing diagnostic assessments and differential diagnosis using the DSM 5 Changes to coding and billing using the DSM 5 and ICD 10 The book includes robust tools for students instructors and new graduates seeking licensure DSM 5 in Action makes the DSM 5 accessible to all practitioners allowing for more accurate comprehensive care *The Family Therapy Treatment Planner, with DSM-5 Updates, 2nd Edition* Frank M. Dattilio, David J. Berghuis, Sean D. Davis, 2015-01-07 This timesaving resource features Treatment plan components for 40 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes new Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Family Therapy Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 40 main presenting problems including child parent conflicts depression abuse death and loss issues blended family problems and loss of family cohesion Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner Second Edition and the Brief Family Therapy Homework Planner Second Edition Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Additional resources in the PracticePlanners series Progress Notes Planners contain complete prewritten progress notes for each presenting problem in the companion Treatment Planners Homework Planners feature behaviorally based ready to use assignments to speed treatment and keep clients engaged between sessions For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners **The School Counseling and School Social Work Treatment Planner, with DSM-5 Updates, 2nd Edition** Sarah Edison Knapp, David J. Berghuis, Catherine L. Dimmitt, 2014-12-15 This timesaving resource features Treatment plan components for 33 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to

writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The School Counseling and School Social Work Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions including coverage of disruptive classroom behaviors reinforcing student success bullying peer conflict and school violence Organized around 33 behaviorally based presenting problems in treating students who experience social and emotional difficulties including social maladjustment learning difficulties depression substance abuse family instability and others Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Additional resources in the PracticePlanners series Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice Homework Planners feature behaviorally based ready to use assignments to speed treatment and keep clients engaged between sessions For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners

The Group Therapy Treatment Planner, with DSM-5 Updates David J. Berghuis, Kim Pateg, 2015-07-31 This fully revised resource features Treatment plan components for 33 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most insurance companies and third party payors The Group Therapy Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal review agencies A critical tool for mental health professionals developing formal treatment plans for working with a variety of groups New edition features expanded coverage and outlines entirely new areas including utilizing group therapy to treat panic agoraphobia PTSD trauma adult ADHD obsessive compulsive disorder and borderline personality disorder Streamlined interventions and fully updated language make this edition easier to use and more clinically applicable Saves you hours of time consuming paperwork yet offers the freedom to develop customized treatment plans Organized around 33 main presenting problems with a focus on applying a group therapy approach to a wide variety of disorders Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and clinically tested treatment options Easy to use reference format helps locate treatment plan components by

behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA *The Parenting Skills Treatment Planner, with DSM-5 Updates*
David J. Berghuis, Sarah Edison Knapp, 2015-07-31 This timesaving resource features Treatment plan components for 31 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions A step by step guide to writing treatment plans that meet the requirements of most insurance companies and third party payors The Parenting Skills Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal review agencies A critical tool for mental health professionals addressing today s complex family structures and the increased pressures on children and adolescents from school peers and the general culture Saves you hours of time consuming paperwork yet offers the freedom to develop customized treatment plans for parents and other caregivers Organized around 31 main presenting problems with a focus on giving parents the skills they need to effectively help their children navigate contemporary issues such as the trauma associated with divorce school pressures and sexual abuse Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and clinically tested treatment options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA

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