Energy Calculations Worksheet

 A shot putter heaves a 7.26kg shot with a final velocity of 7.5m/s. What is the kinetic energy of the shot?

 $E_k=\frac{1}{2} \cdot m \cdot v^2$ $E_k=\frac{1}{2} \cdot 7.26 \text{kg} \cdot (7.5 \text{m/s})^2$ $E_k=204.18 \text{ J}$

2. What is the final velocity of a 5700kg truck, if 2 200 000J of energy is used to accelerate it? $E_k\!=\!\%\cdot m\cdot v^2$

2200000=½ · 5700 kg · v² 2200000=2850 · v² 2200000/2850=v² v²=771.93 v=27.78m/s

- 3. A 2kg textbook is lifted from the floor to a shelf 2.10m above the floor.
 - (a) What is the gravitational potential energy of the book relative to the floor?

 $E_p=m \cdot g \cdot h$ $E_p=2 kg \cdot 9.8 m/s^2 \cdot 2.1 m$ $E_p=19.6 \cdot 2.1$ $E_p=41.16 J$

> (b) What is its gravitational potential energy relative to the head of a 1.65m tall person?

 $E_g = m \cdot g \cdot h$ $E_g = 2 \text{ kg} \cdot 9.8 \text{m/s}^2 \cdot 1.65 \text{m}$ $E_g = 2 \cdot 16.75$ $E_g = 33.5 \text{ J}$

 A bike rider approaches a hill with a speed if 8.5m/s. The total mass of the rider and the bike is 85kg.

(a) Find the kinetic energy of the bike and rider.

 $E_k=\frac{1}{2} \cdot m \cdot v^2$ $E_k=\frac{1}{2} \cdot 85 \text{ kg} \cdot 8.5^2 \text{ m/s}$ $E_k=32.5 \cdot (8.5\text{m/s})^2$ $E_k=3070.63 \text{ J}$

> (b) The rider coasts up the hill. Assuming there is no friction, at what height will the bike come to a stop?

3070.63=85 kg · 9.8m/s² · h 3070.63=833 · h 3070.63/833=h h=3.69m

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Jiyuan Zhang

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Resources in Education ,1994 **Current Index to Journals in Education** ,1987 **Information Hotline** .1980 Occupational Therapy for Children Jane Case-Smith, 2005 Incorporating the newly adopted OT Practice Framework this market leading text takes an evidence based look at children at various ages and stages in development comprehensively addressing both conditions and treatment techniques in all settings Users will discover new author contributions new research and theories new techniques and current trends to keep them in step with the changes in pediatric OT practice Case studies incorporate clinical reasoning and evidence based structure Key terms chapter objectives and study questions identify important information Information on conditions technology practice models and practice arenas Describes practice in both medical and educational settings to expose readers to a variety a practice situations Updated language and terminology in accordance with the 2002 OT Practice Framework International Classification of Functioning Disability and Health ICF codes are integrated throughout More evidence based content such as clinical trials and outcome studies with regard to evaluation and intervention more accurately reflects OT as it is currently taught and practiced New authors provide a fresh approach to play social skills interventions visual and auditory disorders and hospital services Over 150 new illustrations and improved text concepts Internet resources provide the reader with new information sources Resources in Education ,1993 **Australian Books in Print** ,1978 Physical science Educational Support Services Trust (South Africa). Matriculation Programme, 1994 Physical Science Educational Support Services Trust (South Africa),1993 Power Practice: Physical Science, eBook Beth Barber, 2004-09-01 This book supplements and enriches classroom

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