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## American Red Cross CPR / AED Certification Study Guide

What is the Citizen Responders first step in an emergency? - Answer- Recognize -> check -> call

What is the most important thing you can do in any emergency? - Answer- Call all

What are the correct steps in checking an emergency? - Answer- Check, Call, Care

Why should you check a scene first before providing care? - Answer- To ensure the scene is safe. You don't want to place yourself in unsafe scene.

What does implied consent refer? - Answer- If they are unconscious of a child with no adult, you can perform care

If a child is bleeding badly, what should you do immediately? - Answer- Call all and stop blood (put on gloves)

The best way to tell if a victim is conscious is to...? - Answer- Tap their left shoulder, check for breathing, ask them a question

How should you check for signs of breathing? - Answer- Head back, chin up, face chest, listen for breathing watch chest, look listen and feel for 10 seconds

Best way to prevent disease transmission? - Answer- Use gloves or anything that is a barrier to bodily fluid contact

How should you check a conscious child for non-life threatening emergencies? - Answer- From head-to-toe talking them through with it

If you think a person is not breathing, what would you do next? - Answer- Call all, look, listen and feel for breathing

A victim is found face-up. How do you know if he/she is breathing? - Answer- You ask then if no response head tilt chin lift face chest and listen for breathing

When should you call 911? - Answer- After recognizing scene or when given the consent of a life-threatening situation. When a person is unconscious, not breathing, or in a life-threatening emergency

How can bystanders be helpful to you while you are checking the scene? - Answer- They can call all, care, provide info

Why do we tilt a victim's head back? What is that technique called? - Answer- To open the airway, head tilt, chin lift

# Red Cross Cpr Challenge Study Guide

**Padhraic Smyth**

A red circular graphic with a gradient, appearing as a partial circle or a stylized 'C' shape, located to the right of the author's name.

## **Red Cross Cpr Challenge Study Guide:**

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