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Gymnastics Poem

*The contest lasts for moments,
though the training has taken years.
It wasn't the winning alone that was
worth the work and the tears.*

*The applause will be forgotten,
the prize will be misplaced,
but the long hard hours of practice
will never be a waste.*

*In trying to win you build a skill,
you learn that winning depends on will.
You never grow by how much you win,
you only grow by how much you put in.
So any new challenge you have just begun,
put forth your best and you have already won.*

- W. A. Clennan

Poems About Gymnastics That Rhyme

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