

Guidelines for Community Profiling

Community profiling can be defined as "a comprehensive description of the needs of a population that is defined, or defines itself, as a community, and the resources that exist within that community, carried out with the active involvement of the community itself, for the purpose of developing an action plan or other means of improving the quality of life of the community"[CITATION Unkn3 \l 7177]

Before you enter the community:

1. When working for the Department of Health it is important that before starting the process of compiling a community profile one should ensure that your outcomes for the community fits the district outcomes of the department of health.
2. Identify current OT services in the area through contacting the Department of Health, and make contact with the OT district manager in order to obtain support and permission (if necessary) to compile the community profile.
3. Investigate the possibility of an existing community profile which can be used as a basis for compiling a community profile, however community profiles become outdated extremely quickly and thus even if there is an existing community profile, a new one will need to be compiled to ensure that it is up to date.
4. Carry out background research on the community that you wish to investigate in order to have a general basis of knowledge on which to expand.
5. Identify the predominant culture and languages of the area and research cultural 'Do's and Don'ts' as well as general phrases such as 'hello' and 'how are you' in the identified languages.
6. Compile a standard list of questions that can be asked to community members in order to gather relevant and appropriate information in an efficient manner. This list may differ according to the purpose for which the community profile is being compiled.
7. Obtain a map of the community prior to entering the community. Try and find a map with some indication of the resources in the community on it as this will make finding your way around the community a lot easier and will provide you with an idea of what there is available in the community.
8. Identify what information is most important to gather in detail about the community for the purpose of later intervention.

Sample Community Profile Paper

L Cohen



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