

## **Nursing: a Reflective Practice Experience**

### **Introduction**

The purpose of this assignment is to provide a critical reflection of an incident that occurred within a nursing context. The assignment firstly provides a short analytical consideration of the nature and importance of reflection. Following this, the Gibbs Cycle is used to provide the framework for the reflective exercise. The structure of the assignment provides a description of the problem, personal reflections on the problem, an evaluation, analysis, conclusion, and an action plan.

### **Reflective Practice**

The Gibbs Cycle, which is shown in figure one below, is one of several models that can aid the reflective process (Cherry and Jacob, 2005). Developed in 1988, the Cycle uses structured debriefing in order to enable the type of reflection advocated in Kolb's experiential learning cycle. Kolb drew heavily on the research of psychologists Dewey and Piaget, who argued that information is transformed into knowledge by a process of reflection (Cherry and Jacob, 2005). In other words, information can only be used in a practical sense when it is considered from a position of reasoned analysis.

# Sample Of Nursing Reflective Essay

**Bob Price, Anne Harrington**



## **Sample Of Nursing Reflective Essay:**

## Embracing the Beat of Term: An Mental Symphony within **Sample Of Nursing Reflective Essay**

In some sort of used by monitors and the ceaseless chatter of instantaneous communication, the melodic elegance and emotional symphony created by the published word often disappear into the backdrop, eclipsed by the persistent noise and disruptions that permeate our lives. However, nestled within the pages of **Sample Of Nursing Reflective Essay** a marvelous literary prize full of fresh emotions, lies an immersive symphony waiting to be embraced. Crafted by a wonderful musician of language, that interesting masterpiece conducts readers on a mental trip, skillfully unraveling the concealed tunes and profound affect resonating within each cautiously crafted phrase. Within the depths of the emotional review, we shall explore the book is central harmonies, analyze its enthralling publishing type, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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