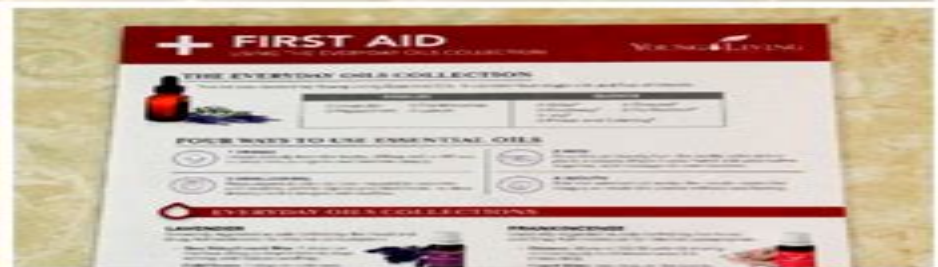




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passionate advocate for natural wellness Her books and formulas have empowered thousands around the world to take charge of their health through the ancient wisdom of essential oils

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Kennedy, 2016-06-21 Everyday ailments have a way of sneaking up on us Compact enough to fit in the glove compartment or handbag The Portable Essential Oils is your take anywhere guide to 250 of the most fundamental essential oil remedies anytime you need them Having access to your essential oils when you need them is important and also that essential oils are not a one size fits all remedy In The Portable Essential Oils natural health expert Anne Kennedy offers ailment specific essential oil therapies to address common health concerns enabling you with safe convenient ways to take your well being into your own hands including 50 of the most versatile essential oils including 7 must haves for home or on the go 250 essential oils remedies for or everyday health issues Essential Oil remedies that are safe for use with children and at which ages Shopper's guide on which essential oils to buy which to be wary of and important questions to ask

The Complete

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