

Chapter 47: Assessment: Endocrine System

Test Bank

MULTIPLE CHOICE

1. A 22-year-old patient is being seen in the clinic with increased secretion of the anterior pituitary hormones. The nurse would expect the laboratory results to show

- a. **increased urinary cortisol.**
- b. decreased serum thyroxine.
- c. elevated serum aldosterone levels.
- d. low urinary catecholamines excretion.

ANS: A

Increased secretion of adrenocorticotropic hormone (ACTH) by the anterior pituitary gland will lead to an increase in serum and urinary cortisol levels. An increase, rather than a decrease, in thyroxine level would be expected with increased secretion of thyroid stimulating hormone (TSH) by the anterior pituitary. Aldosterone and catecholamine levels are not controlled by the anterior pituitary.

DIF: Cognitive Level: Understand (comprehension)

TOP: Nursing Process: Assessment MSC: NCLEX: Physiological Integrity

2. Which statement by a 50-year-old female patient indicates to the nurse that further assessment of thyroid function may be necessary?

- a. I notice my breasts are tender lately.
- b. I am so thirsty that I drink all day long.
- c. I get up several times at night to urinate.
- d. **I feel a lump in my throat when I swallow.**

ANS: D

Difficulty in swallowing can occur with a goiter. Nocturia is associated with diseases such as diabetes mellitus, diabetes insipidus, or chronic kidney disease. Breast tenderness would occur with excessive gonadal hormone levels. Thirst is a sign of disease such as diabetes.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment MSC: NCLEX: Physiological Integrity

3. A 30-year-old patient seen in the emergency department for severe headache and acute confusion is found to have a serum sodium level of 118 mEq/L. The nurse will anticipate the need for which diagnostic test?

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Arturo Cuomo

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