

Overweight and Obesity in Children

2 pages | 451 words

These words - 'overweight' and 'obese' - don't tell the full story. This isn't just about inches and pounds or how our kids look. It's about how our kids feel, and how they feel about themselves. It's about the impact we're seeing on every aspect of their lives." – Michelle Obama, Former First Lady of the United States. Pediatric obesity is the largest nutritional disorder among children and teens everywhere. According to an article entitled 'Pediatric Obesity: Causes, Symptoms, Prevention and Treatment' written by Shumei Xu and Ying Xue, "Approximately 43 million individuals are obese, 21–24% of children and adolescents are overweight, and 16–18% of individuals have abdominal obesity" (15). While studies have demonstrated that there is the dominance of obesity among specified ethnic groups, many other aspects can affect the outcome of a child becoming obese. Environmental factors like economic status, genetic predispositions, and food security can increase the risk of obesity in children and adolescents. The negative side effects of pediatric obesity that often trail into adulthood include but are not limited to the development of heart disease, hypertension, type 2 diabetes, kidney, and liver disease, and can potentially trigger a predisposition to insulin resistance. Obesity in children is considered a major health concern on a global scale; according to The National Health and Nutrition Examination Survey, the prevalence of obesity is rapidly rising in all the pediatric age groups (both males and females of various ethnic and racial groups). Factors such as environment, genetics, poor eating habits, metabolism, and overall lifestyle play an important role in the development of pediatric obesity. By overeating, the body digests more calories than it can burn; by lack of exercise, the body cannot properly burn the intake of calories. A combination of these two things can lead to obesity. According to authors Xu and Xue, the symptoms of obesity include "...breathing disorders, sleep apnea, chronic obstructive pulmonary disease, certain types of cancer such as prostate, bowel, breast and uterine, coronary heart disease, diabetes (type 2 in children), depression, liver and gallbladder problems, gastroesophageal reflux disease, high blood pressure, high cholesterol, stroke, and joint diseases such as osteoarthritis, pain in knees and lower back" (16). While some may suggest that obesity can be offset through consumption of fewer calories accompanied by an increase in physical activity or even the use of dieting programs, environmental and behavioral factors like intake of fast foods and genetic predisposition can often combat these solutions and therefore contribute further to pediatric obesity. In severe cases, bariatric surgery is performed for the treatment of childhood obesity. Society needs to pay attention to the rapid advancement of pediatric obesity for a variety of reasons; one of those reasons being the burden it has placed on the healthcare system.

Obesity In Children Essay

Meriwether



Obesity In Children Essay:

The Future of Children: Spring 2006 Christina Paxson, Elisabeth Donahue, C. Tracy Orleans, Jeane Ann Grisso, 2010-12-01 This volume examines the causes and consequences of increasing rates of obesity and overweight among children In addition it reviews specific policies and programs aimed at reducing obesity and overweight and the related health problems that result Contents Introducing the Issue Christina Paxson and Elisabeth Donahue Princeton University Childhood Obesity Trends and Potential Causes Patricia M Anderson Dartmouth College and Kristin F Butcher Federal Reserve Bank of Chicago The Consequences of Childhood Overweight and Obesity Stephen R Daniels University of Cincinnati College of Medicine and Cincinnati Children's Hospital Medical Center Treating Childhood Obesity and Associated Medical Conditions Sonia Caprio Yale University School of Medicine The Role of Built Environments in Physical Activity Eating and Obesity in Children James F Sallis San Diego State University and Robert Wood Johnson Foundation and Karen Glanz Emory University The Role of Child Care Settings in Obesity Prevention Mary Story and Karen Kaphingst University of Minnesota and Robert Wood Johnson Foundation and Simone French University of Minnesota The Role of Schools in Obesity Prevention Mary Story Karen Kaphingst and Simone French Markets and Childhood Obesity Policy John Cawley Cornell University The Role of Parents in Preventing Childhood Obesity Ana C Lindsay Juhee Kim and Steven Gortmaker Harvard School of Public Health and Katarina M Sussner Harvard Graduate School of Arts and Sciences

A Response to Natalie Boreo's Essay "Fat Kids, Working Moms, and the 'Epidemic of Obesity' - Race, Class and Mother Blame" Daria Poklad, 2015-11-25 Essay aus dem Jahr 2015 im Fachbereich Anglistik Kultur und Landeskunde Note 1 3 Ruhr Universität Bochum Sprache Deutsch Abstract In her essay Fat Kids Working Moms and the Epidemic of Obesity Race Class and Mother Blame Natalie Boero discusses the blaming of mothers for the fatness of their children by referring to recent newspaper articles about childhood obesity and preventive programs Besides the common and popular explanations for childhood fatness like the consumption of too much fast food too much time in front of the television and too little exercise the role of mothers is considered to be another important reason for the epidemic of childhood obesity This trend namely the trend of mother blame holds mothers and especially working mothers responsible for the weight of their children by bringing the child's weight in connection to good mothering

The Basics of Essay Writing Nigel Warburton, 2020-10-28 Nigel Warburton bestselling author and experienced lecturer provides all the guidance and advice you need to dramatically improve your essay writing skills The book opens with a discussion of why it is so important to write a good essay and proceeds through a step by step exploration of exactly what you should consider to improve your essays and marks You will find help on how to focus on answering the question asked research and plan your essay build and sustain an argument improve your writing style and tone The Basics of Essay Writing is packed full of good advice and practical exercises Students of all ages and in every subject area will find it an easy to use and indispensable aid to their studies

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Textbooks for foreign speakers *Childhood Obesity in America* Laura Dawes,2014-06-09 Obesity among American children has reached epidemic proportions Laura Dawes traces changes in diagnosis treatment and popular conceptions of the most serious health problem facing American children today and makes the case that understanding the cultural history of a disease is critical to developing effective public health policy **Narrative Medicine: Harnessing the Power of**

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the numerous factors involved with body weight regulation and identifying interventions to prevent or treat the problem is an

enormous task in and of itself Addressing this issue in growing children is further complicated by the diverse challenges specific to children Because of this the field of childhood obesity is both extremely

Strategies for Writing Successful Essays Meriwether,1998 This book will help you master the writing process and apply it in a variety of writing situations You will learn that prewriting drafting and revising are key steps no matter what type of essay you are assigned **Real Essays with Readings** Susan Anker,2011-12-28 Real Essays delivers the powerful message that good writing thinking and reading skills are both essential and achievable From the inspiring stories told by former students in Profiles of Success to the practical strategies for community involvement in the new Community Connections Real Essays helps students to connect the writing class with their real lives and with the expectations of the larger world So that students don't get overwhelmed the book focuses first on the most important things in each area such as the Four Most Serious Errors in grammar the Four Basics of each rhetorical strategy and the academic skills of summary analysis and synthesis Read the preface **The Democratic Differentiated Classroom** Sheryn Spencer Waterman,2007 The Democratic Differentiated Classroom *The Fat Pedagogy Reader* Erin Cameron,Constance Russell,2016-03-30 Over the past decade concerns about a global obesity epidemic have flourished Public health messages around physical activity fitness and nutrition permeate society despite significant evidence disputing the facts we have come to believe about obesity We live in a culture that privileges thinness and enables weight based oppression often expressed as fat phobia and fat bullying New interdisciplinary fields that problematize obesity have emerged including critical obesity studies critical weight studies and fat studies There also is a small but growing literature examining weight based oppression in educational settings in what has come to be called fat pedagogy The very first book of its kind The Fat Pedagogy Reader brings together an international interdisciplinary roster of respected authors who share heartfelt stories of oppression privilege resistance and action fascinating descriptions of empirical research confessional tales of pedagogical misadventures and diverse accounts of educational interventions that show promise Taken together the authors illuminate both possibilities and pitfalls for fat pedagogy that will be of interest to scholars educators and social justice activists Concluding with a fat pedagogy manifesto the book lays a solid foundation for this important and exciting new field This book could be adopted in courses in fat studies critical weight studies bodies and embodiment fat pedagogy feminist pedagogy gender and education critical pedagogy social justice education and diversity in education *Fighting Fat* Wendy Mitchinson,2018-01-01 While the statistics for obesity have been alarming in the twenty first century concern about fatness has a history In *Fighting Fat* Wendy Mitchinson discusses the history of obesity and fatness from 1920 to 1980 in Canada Through the context of body medicine weight measurement food studies fat studies and the identity of those who were fat Mitchinson examines the attitudes and practices of medical practitioners nutritionists educators and those who see themselves as fat *Fighting Fat* analyzes a number of sources to expose our culture's obsession with body image Mitchinson looks at medical journals both their articles and the advertisements for drugs for obesity as well

as magazine articles and advertisements including popular before and after weight loss stories Promotional advertisements reveal how the media encourages negative attitudes towards body fat The book also includes over 30 interviews with Canadians who defined themselves as fat highlighting the emotional toll caused by the stigmatizing of fatness **Real**

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Obesity Yee Fei Chia,2008 This thesis aims to examine the various causes and consequences of childhood overweight and obesity in North America In Chapter 2 I examine the issue of whether an increase in the mother s work intensity is associated with an increase in the risk of the child becoming overweight or obese for children in Canada I also attempt to evaluate the causality of this relationship and the potential mechanisms that might facilitate this link The results presented in this chapter are consistent with the idea that an increase in maternal work intensity in the earliest years of the child s life is associated with an increase in the risk of the child becoming overweight or obese later in childhood for children in Canada In Chapter 3 I attempt to examine the consequences of childhood obesity outside of physical health outcomes for children in Canada and the United States In particular I look at whether weight affects school outcomes for pubescent children in Canada and the United States I also examine the possible mechanisms behind this relationship The results presented in this chapter suggest that there are potentially some differences between Canada and the U S in terms of how the child s weight affects his or her school performance There is evidence to suggest that these differences do not appear to be primarily driven by differences in racial composition between the two countries In Chapter 4 I examine the impact of household income on childhood weight status for children in the United States In order to control for causality I estimate various econometric models and implement an instrumental variable IV strategy based on exogenous changes in the tax code The results presented in this suggest that although the prevalence of childhood obesity is higher in low income families in the sample household income might be acting mostly as a proxy for other unobserved characteristics that determine the child s weight status rather having a major direct causative role in determining the child s weight status for children in the United States *Academic Writing Now: A Brief Guide for Busy Students—with MLA 2016 Update* David Starkey,2017-05-18 Academic Writing Now A Brief Guide for

Busy Students is a rhetoric designed to cover the basics of a college writing course in a concise student friendly format. Anything inessential to the business of college writing has been excluded. Each chapter concentrates on a crucial element of composing an academic essay and is capable of being read in a single sitting. The book is loaded with timesaver tips ideas for making the most of the student's time along with occasional warnings to avoid common errors made by student writers. Each short chapter concludes with questions and suggestions designed to trigger class discussion. *Essays on the Costs and Health Consequences of Food* Bo Yu MacInnis, 2004

Decoding **Obesity In Children Essay**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Obesity In Children Essay**," a mesmerizing literary creation penned with a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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