

This Book Will Show You Why Salt Is The  
Most Misunderstood Nutrient!

# SALT

## Your Way To Health



See How Adding the Right Kind of Salt to Your Diet Can Help:

- \* Adrenal Disorders
- \* Blood Pressure
- \* Cholesterol Levels
- \* Fatigue
- \* Headaches
- \* Immune System Function
- \* Thyroid Disorders

David Brownstein, M.D.

# Salt Your Way To Health

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