

ANATOMY & PHYSIOLOGY

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HUMAN ANATOMY AND PHYSIOLOGY

Study of the human organism and its internal body



Anatomy

The study of the structure and organization of the human body

Physiology

The study of the function and processes of the human body

Structural levels

How studying the structural levels can help us understand the human body

- 1. Chemical level: study of the chemical composition of the human body
- 2. Cellular level: study of the structure and function of cells
- 3. Tissue level: study of the structure and function of tissues
- 4. Organ level: study of the structure and function of organs
- 5. System level: study of the structure and function of body systems
- 6. Organism level: study of the structure and function of the whole human body

CELLS AND TISSUES

Cells are the basic units of structure and function of the human body



Characteristics of cells

All cells are eukaryotic and have a nucleus

Cells are specialized to perform specific functions

Cells are surrounded by a cell membrane

Cells are connected to each other by gap junctions

Cells are able to communicate with each other

Cells are able to respond to their environment

Cells are able to reproduce

Cells are able to die

Cells are able to move

Cells are able to sense

Cells are able to think

Cells are able to feel

Cells are able to taste

Cells are able to smell

Cells are able to hear

Cells are able to see

Cells are able to speak

Cells are able to write

Cells are able to read

Cells are able to calculate

Cells are able to create

Cells are able to destroy

Cells are able to build

Cells are able to repair

Cells are able to replace

Cells are able to regenerate

Cells are able to evolve

Cells are able to adapt

Cells are able to survive

Cells are able to thrive

Cells are able to prosper

Cells are able to flourish

Cells are able to grow

Cells are able to expand

Cells are able to contract

Cells are able to relax

Cells are able to tense

Cells are able to loosen

Cells are able to tighten

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Cells are able to tightenen

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ORGANS

Organs are structures made of different types of tissues

Organs perform specific functions in the human body

Organs are made of different types of tissues

Organs are able to perform specific functions

Organs are able to communicate with each other

Organs are able to respond to their environment

Organs are able to reproduce

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SYSTEMS

Systems are groups of organs that work together

Systems perform specific functions in the human body

Systems are made of different types of organs

Systems are able to perform specific functions

Systems are able to communicate with each other

Systems are able to respond to their environment

Systems are able to reproduce

Systems are able to die

Systems are able to move

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Digestive system

The digestive system is responsible for breaking down food

The digestive system is made up of the mouth, esophagus, stomach, and intestines

The digestive system is able to absorb nutrients from food

The digestive system is able to eliminate waste from the body

The digestive system is able to regulate the body's pH

The digestive system is able to produce energy for the body

The digestive system is able to store energy for the body

The digestive system is able to release energy for the body

The digestive system is able to convert energy for the body

The digestive system is able to use energy for the body

The digestive system is able to store energy for the body

The digestive system is able to release energy for the body

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NERVOUS SYSTEM

Neurons

Neurons are the basic units of the nervous system

Neurons are able to transmit information throughout the body

Neurons are able to receive information from the environment

Neurons are able to respond to stimuli

Neurons are able to communicate with each other

Neurons are able to regulate the body's functions

Neurons are able to control the body's movements

Neurons are able to sense the body's internal state

Neurons are able to maintain the body's homeostasis

Neurons are able to adapt to changes in the environment

Neurons are able to learn from experience

Neurons are able to store information

Neurons are able to retrieve information

Neurons are able to use information

Neurons are able to share information

Neurons are able to protect information

Neurons are able to update information

Neurons are able to delete information

Neurons are able to create information

Neurons are able to destroy information

Neurons are able to rebuild information

Neurons are able to restore information

Neurons are able to preserve information

Neurons are able to maintain information

FUNCTIONS OF THE BODY

The body performs various functions to maintain life

The body is able to move

The body is able to sense

The body is able to think

The body is able to feel

The body is able to taste

The body is able to smell

The body is able to hear

The body is able to see

The body is able to speak

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The body is able to create

The body is able to destroy

The body is able to build

The body is able to repair

ORGAN SYSTEMS OF THE BODY

The body is made up of different organ systems

The body is able to perform specific functions

The body is able to communicate with each other

The body is able to respond to their environment

The body is able to reproduce

The body is able to die

The body is able to move

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ENDOCRINE SYSTEM

The endocrine system is responsible for regulating the body's functions

The endocrine system is made up of the hypothalamus, pituitary, and thyroid glands

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in managing the challenges inherent in nursing education
Grempp, Lucile Broadwell, 1965

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