

Your Name: _____

Class Dates: _____

GENERAL COURSE INFORMATION

Course Purpose: The purpose of the American Red Cross Water Safety Instructor (WSI) course (v.14) is to train you to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing your understanding of how to use course materials, conduct training, and evaluate participant progress.

Prerequisites: To enroll in this course, you must be:

- At least **16 years old**
- **Able to swim 6 strokes at Level 4 proficiency:** front crawl, back crawl, elementary backstroke, sidestroke, and breaststroke for 25 yards each and butterfly for 15 yards.
- **Able to tread water and back float** for 1 minute each

Completion Requirements: To receive a WSI certificate, you must:

- Successfully complete the Water Safety Instructor Online Course
- Successfully complete the online Orientation to the Swimming and Water Safety Program
- Download/Print all required Course Manuals and Class Forms
- Attend and actively participate in all course sessions and/or complete an authorized work plan
- Successfully complete class activities, including the required practice-teaching assignments
- Pass the final written exam with a score of 80% or better (40 correct out of 50 questions)

Maturity Requirement: You must also demonstrate throughout the course that you are mature and responsible by arriving at class on time at the start of class and after breaks, paying attention in class, completing assignments, behaving appropriately during all class activities, giving and receiving feedback when appropriate, and treating others with respect.

PRE-CLASS WORK

The following pre-class work must be completed prior to the first day of class. **Allow several days to do the pre-class work in case you have any issues with the online course.**

To complete the Pre-Class work, visit <http://www.safeswim.com/wsi-certification/>

1. Complete the WSI online course
2. Complete the Swimming & Water Safety Orientation
3. Print the Class Forms
4. Download the Course Manuals
5. Print the Study Guide

Note: Those who have not completed the pre-class work will **NOT** be allowed to continue in the WSI class.

WHAT TO BRING TO CLASS

- Proof that you are at least 16 years old
- Completed Registration form (printed)
- Online WSI course completion report (printed - round 6 due of Saturday, round 9 due of Sunday)
- Signed completion page from the Orientation to the Swimming and Water Safety Program (printed)
- Water Safety Instructor Manual (digital or printed copy)
- Swimming & Water Safety Manual (digital or printed copy)
- WSI Study Guide (printed copy)
- Stroke Performance Charts: Level 1 – Level 6 (digital or printed copy)
- Swim suit, towel, and dry comfortable clothes

Red Cross Wsi Study Guide

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Red Cross Wsi Study Guide:

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