

The SELF-
AWARENESS
WORKBOOK
for
Social Workers

JULIET C. ROTHMAN

Self Awareness Workbook For Social Workers The

Juliet Rothman



Self Awareness Workbook For Social Workers The:

The Self-awareness Workbook for Social Workers Juliet Cassuto Rothman,1999 This workbook can be used in social work practice courses and is particularly well suited for use in courses that deal with ethnic sensitive practice or practice with vulnerable and oppressed groups The workbook enables students to explore their own issues and feelings around self identity difference experiences with others and negative beliefs and stereotypes about others The workbook format provides personalized exercises and assignments that allow students to address the issues most relevant to them The tear out pages allow students to keep their workbook pages for private self examination Three Unit Assignments address principal goals and are intended to be submitted as class assignments Unit I explores the value base of the profession and asks the student to reflect upon his her values and their relationship to the reasons that he she is seeking professional social work education affirming areas of congruence between personal and professional values and commitments Unit II engages the student in personal self assessment including a review of influential persons in the student s life beliefs and feelings about others and helps the student to develop a definition of identity both individually and in terms of group affiliations Unit III asks students to consider the work of Unit I and II together and to explore areas where personal beliefs attitudes and values may impact negatively on professional obligations and competent professional practice The workbook is written in a friendly and casual style to encourage students to feel comfortable in exploring difficult material Social Work Practice Across Disability Juliet Rothman,2018-03-13 This book will help prepare the reader to work across disabilities by providing knowledge and training grounded within the ecological framework in four principal areas The four principal areas reader will be trained in are the societal environment and disability disability and the individual experience essential skills for social work micro mezzo and macro practice with people with disabilities and the resource and support network for persons with disabilities The book is organized around four units each of which addresses one of the areas noted It is not the purpose of this book to enable the reader to gain expertise in any one disabling condition or impairment Rather the goal is to provide a broad base of knowledge and skills which will enable the reader to work effectively across a variety of disabling conditions Special educators social workers parents *Direct Practice Skills for Evidence-Based Social Work* Elizabeth C. Pomeroy,Renée Bradford Garcia,2017-12-28 Featuring an evidence and strengths based approach to practice methods this new text teaches students how to apply social work skills in a variety of settings Designed to enhance self awareness professionalism ethical reasoning cultural sensitivity and an appreciation for social justice issues this text introduces readers to social work s core values and practice methods to help them assimilate the skills needed for working in the field Cases and skills based exercises demonstrate how to make accurate assessments and design effective intervention plans After laying the groundwork in theory values and ethics the authors review methods for working with individuals children and families from an individual and environmental strengths based perspective Client engagement assessment intervention evaluation and

termination and documentation are then reviewed Readers are introduced to the foundational concepts of social work practice and through application learn to successfully work with clients Key Features Integrates the Council on Social Work Education's EPAS standards and core competencies throughout including engagement assessment intervention evaluation social justice ethics critical thinking professional conduct and decision making and cultural competency and diversity Case scenarios in client interview format that closely resemble actual interactions followed by questions test readers understanding of the practice skills needed to work in the field Skill building exercises including individual and group activities role plays simulations and discussion questions that provide an opportunity to apply one's knowledge and skill sets Personal reflections that encourage students to examine their own beliefs to help them assimilate social work ethics and values into their professional demeanor Icons throughout the text that draw attention to useful tips for developing direct practice skills A strengths based approach that heightens understanding and results in a higher level of proficiency in the change process Introduces challenging situations often encountered in practice to help readers acquire the more advanced practice skills necessary for assessment and intervention Resources including PowerPoints test questions sample syllabi and suggested answers to text exercises and discussion questions *Ethics and Values in Social Work* Allan E.

Barsky,2009-10-14 In a unique and student friendly package Ethics and Values in Social Work offers a series of learning modules that will ensure graduates receive a comprehensive ethics and values education Designed to be easily incorporated into any curriculum each module helps students integrate the knowledge skills self awareness and critical thinking abilities required for dealing with ethical issues From applying basic ethical standards of practice to managing complex ethical dilemmas this textbook equips readers with a range of tools and strategies for responding to ethical questions and concerns Traditional ethics textbooks provide students with a model for ethical decision making This breakthrough textbook goes beyond ethical decision making by providing students with a strategic framework for managing ethical issues that includes guidelines for engaging others in ethical discussions and using conflict resolution theory to promote collaborative solutions Some textbooks introduce students to ethical theories such as deontology teleology and virtue ethics This textbook goes beyond describing these theories by providing students with opportunities to apply compare and contrast these approaches as they relate to various contexts of social work practice A wealth of case scenarios discussion questions and role play exercises make this an engaging thought provoking teaching and learning tool At a basic level this textbook teaches students the essential principles and standards that define ethical practice At a more profound level Ethics and Values in Social Work inspires students to reach for the highest values of profession service dignity and worth of the person human relationships integrity competence social justice human rights and scientific inquiry *Social Work Research Skills Workbook* Jacqueline Corcoran,Mary Secret,2012-09-06 With an abundance of examples and exercises this practically oriented workbook presents a step by step approach to help social work students develop and implement their research projects in human services

organizations **Developing Practice Competencies** D. Mark Ragg, 2011-04-18 Designed for the generalist practice course this book uses students own experiences rather than abstract discussion to build competency and professional identity Full of rich case examples and exercises the book lets students visualize and carry out skills in an applied experimental way It breaks down each practice skill into subcomponents allowing students to consciously build up their capabilities as part of a lifelong learning process Social work students will benefit from this presentation of the core knowledge techniques and values essential to the effective practice of social work Introduction to Social Work Practice Herschel Knapp, 2008-12-31 A practical workbook for Social Work students that presumes no prior clinical experience and uses no technical psychological jargon **Spirituality and Healing** Wynne DuBray, 2001-11-07 In today s time spiritual healing has become important This book provides an overview of spiritual healing from a multicultural perspective offering useful information for social workers and other human services practitioners for working with clients of color *Understanding Child Maltreatment* Maria Scannapieco, Kelli Connell-Carrick, 2005-02-10 Child maltreatment professionals from all disciplines struggle to find better ways of understanding and treating the families and children affected by maltreatment Since the mid 1960s the battered child syndrome and recent high profile abuse cases a plethora of research and literature on child maltreatment has emerged yet this is the first volume to offer a comprehensive integrated analysis for understanding assessing and treating child maltreatment within the ecological framework in a developmental context This framework systematically organizes and integrates the complex empirical literature in child maltreatment and development including the often overlooked period of adolescence Viewing child maltreatment from an ecological perspective this volume identifies the risk and protective factors correlated with abuse and neglect The authors present a comprehensive assessment framework addressing the multiple developmental and environmental factors unique to each case This framework fully considers risk and protective factors and their relationship to individuals families and environmental elements presenting a much needed perspective for today s child protective services workers *Understanding Child Maltreatment* is the first of its kind While most books broadly address the developmental consequences of maltreatment this volume goes further by proposing assessment and intervention strategies based on a deep understanding of each stage of a child s development Interventions center on the caregiver and the family with particular attention to parenting skills and the challenges the child may experience within his or her developmental stage Each chapter emphasizes empirically based interventions and includes a case illustration that guides readers in applying these concepts to their own practice Providing a comprehensive nuanced perspective on maltreatment this book will be invaluable to students researchers and professionals **Techniques and Guidelines for Social Work Practice** Bradford W. Sheafor, Charles R. Horejsi, 2006 0205446175 Sheafor *Techniques and Guidelines for Social Work Practice* 7e The latest edition of this classic book continues to provide students and practitioners of social work with a one of a kind resource designed to emphasize the different techniques needed for successful practice Carefully updated to provide social

workers with easy access to the most current information on professional techniques and guidelines and organized to support a generalist practice perspective *Techniques and Guidelines for Social Work Practice* illustrates multiple ways in which both direct and indirect intervention activities are a part of the social worker's repertoire. Touching upon everything from cultural competence to macro practice, the content of this text is so widely applicable it is an invaluable aid in making the transition to a professional career in social work and a staple of professional social work libraries. In a classroom, it is ideal for use in advanced practice capstone and field work courses. Parts I and II summarize the essential foundation elements of social work practice, while Parts III through V set out 157 clearly described techniques and guidelines that can be used by students and new practitioners. The latest edition includes many changes that make it just as essential as previous editions. Techniques deleted from prior editions due to space restrictions are now available at www.ablongman.com/sheafor7e. New techniques include guidelines for assessing small group functioning, family group conferencing, and building mentoring relationships, as well as addressing client concerns related to spirituality and religion and serving the client or community experiencing an emergency or disaster. Following the lessons of 9/11, new content is included to prepare social workers to deal with a client or community emergency. Information is included on family group conferencing, a new approach based on the principles of restorative justice, about which social workers should be knowledgeable. New guidelines for using mentoring relationships in which senior practitioners without direct administrative responsibilities support and nurture developing social workers are included in this edition, along with new guidelines for assessing small group functioning as a means of strengthening subsequent intervention activities with groups. Chapter 14 now includes a straightforward description of techniques for conducting empirical direct practice evaluation with current illustrations based on students' applications of the most commonly used evaluation tools.

Self Awareness Workbook For Social Workers The: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the fascinating narratives that have captivated audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Self Awareness Workbook For Social Workers The : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Self Awareness Workbook For Social Workers The : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is an exceptional and suspenseful novel that will keep you guessing until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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