

## Unit 8: Study Guide

### Treatment of Psychological Disorders

An overview of the various approaches of treatment of psychological disorders include: Behaviorist, Humanistic, Psychoanalytic/Psychodynamic, Gestalt, Cognitive-Behavioral, and Pharmacological. We will also look at the various modes in which therapy can be administered such as the one-on-one approach of Cognitive Psychotherapy or group therapy, as in support or family therapies. Therapy may also be administered on an outpatient basis like a counseling center, or within a hospital or institutional setting. Additionally, students will be exposed to prevention and intervention techniques offered at the community level. Such services include educational programs, crisis intervention, telephone hotlines, and counseling.

**CR13:** The course provides instruction in treatment of psychological disorders

<u>Text:</u>	Chapter 17 (pp. 685 – 720)
<u>Student Resources:</u>	Flashcards from text <a href="http://www.worthpublishers.com/myers8e">www.worthpublishers.com/myers8e</a>
	<i>Relaxing your fears away</i> , <u>Forty Studies</u> , pp. 264 – 271
<u>Timeline:</u>	4 days

An emphasis on

- Treatment Approaches
- Insight Therapies: Psychodynamic/Humanistic Approaches
- Behavioral Approaches
- Cognitive Approaches
- Biological Therapies (Psychopharmacology/Psychosurgery)
- Modes of Therapy (e.g. individual, group)
- Community and Preventive Approaches
- (5 – 7 % of multiple choice)

# Psychological Disorders And Treatment Study Guide Answers

**Lingjun Ying**



## **Psychological Disorders And Treatment Study Guide Answers:**

## Unveiling the Power of Verbal Beauty: An Mental Sojourn through **Psychological Disorders And Treatment Study Guide Answers**

In some sort of inundated with monitors and the cacophony of instantaneous connection, the profound power and mental resonance of verbal art frequently diminish into obscurity, eclipsed by the continuous onslaught of sound and distractions. However, located within the musical pages of **Psychological Disorders And Treatment Study Guide Answers**, a captivating function of fictional elegance that pulses with fresh thoughts, lies an unique trip waiting to be embarked upon. Written by a virtuoso wordsmith, that enchanting opus courses visitors on a mental odyssey, lightly exposing the latent possible and profound impact embedded within the intricate internet of language. Within the heart-wrenching expanse of the evocative examination, we can embark upon an introspective exploration of the book is main styles, dissect its fascinating publishing fashion, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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