

# Volleyball Unit Test

Name \_\_\_\_\_

Period \_\_\_\_\_ Grade \_\_\_\_\_

Teacher Mr. Misch (please circle the correct answer)



1. What is the ideal order of hits that would take place after a serve?

- A) set, bump, spike      B) bump, set, spike      C) spike, bump, set      D) bump, spike, set

2. Which is not a cue when setting?

- A) get in forward stride position  
B) form a window with hands above the face  
C) contact the ball with the forearms  
D) follow through in the direction of the intended flight

3. Which is not a cue for the bump pass?

- A) get in forward stride position  
B) interlock hands  
C) contact the ball with the finger pads  
D) follow through in the direction of the intended flight

4. Which is not a cue for the underhand serve?

- A) stand straight up with feet together to start the serve  
B) hold the ball in the non dominant hand  
C) swing arm like a pendulum  
D) transfer weight from rear foot to front foot

5. What is the best hit to use when the ball approaches you waist height or below?

- A) bump      B) set      C) spike      D) underhand serve

# Physical Education Learning Packets Volleyball Answer

**J Ma**



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