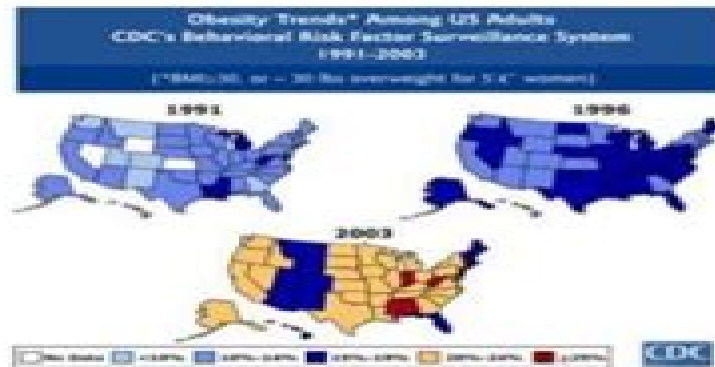


Obesity in America

The news of the Obesity Epidemic in America started in the year 2001. It was a tidal wave of health care officials and organizations all coming to the same conclusion, America was in trouble, obesity in the country was of epidemic proportions for both children and adults. Associated healthcare costs of obesity to the American economy were estimated at \$117 - \$242 billion annually and 300,000 deaths per year.¹ These costs and cautions were touted from the highest levels of government, including the surgeon general, the Centers for Disease Control and Prevention (CDC), as well as the American Medical Association (AMA). Internationally, The World Health Organization (WHO) was concerned about a possible obesity pandemic dating back to 2000.

"Overweight and obesity are defined as abnormal or excessive fat accumulation that presents a risk to health. A crude population measure of obesity is the body mass index (BMI), a person's weight (in kilograms) divided by the square of his or her height (in meters). A person with a BMI of 30 or more is generally considered obese. A person with a BMI equal to or more than 25 is considered overweight."²



This display demonstrates the increasing rates of obesity in the United States from 1991 - 2003, when news of the issue started to disseminate. Whether the news did not diffuse sufficiently, or if the solution was over simplified to the equation that "energy in equals energy out" is under debate, but the fact that the epidemic did not improve is not.

Research Paper On Obesity In America

K Morrison



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Table of Contents Research Paper On Obesity In America

1. Understanding the eBook Research Paper On Obesity In America
 - The Rise of Digital Reading Research Paper On Obesity In America
 - Advantages of eBooks Over Traditional Books
2. Identifying Research Paper On Obesity In America
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Research Paper On Obesity In America
 - User-Friendly Interface
4. Exploring eBook Recommendations from Research Paper On Obesity In America
 - Personalized Recommendations
 - Research Paper On Obesity In America User Reviews and Ratings
 - Research Paper On Obesity In America and Bestseller Lists
5. Accessing Research Paper On Obesity In America Free and Paid eBooks

- Research Paper On Obesity In America Public Domain eBooks
- Research Paper On Obesity In America eBook Subscription Services
- Research Paper On Obesity In America Budget-Friendly Options
- 6. Navigating Research Paper On Obesity In America eBook Formats
 - ePub, PDF, MOBI, and More
 - Research Paper On Obesity In America Compatibility with Devices
 - Research Paper On Obesity In America Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Research Paper On Obesity In America
 - Highlighting and Note-Taking Research Paper On Obesity In America
 - Interactive Elements Research Paper On Obesity In America
- 8. Staying Engaged with Research Paper On Obesity In America
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Research Paper On Obesity In America
- 9. Balancing eBooks and Physical Books Research Paper On Obesity In America
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Research Paper On Obesity In America
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Research Paper On Obesity In America
 - Setting Reading Goals Research Paper On Obesity In America
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Research Paper On Obesity In America
 - Fact-Checking eBook Content of Research Paper On Obesity In America
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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