



American Red Cross
Training Services



American
Red Cross

LIFEGUARDING

LIFEGUARDING INSTRUCTOR'S MANUAL

Red Cross Lifeguard Instructor Manual Section 2

Mary Beth Allen



Red Cross Lifeguard Instructor Manual Section 2:

American Red Cross Lifeguarding American Red Cross, 2012 *American Red Cross Water Safety Instructor's Manual*, 2004 Water Safety Instructor's Manual American National Red Cross, 1961 **Water Safety Instructor Manual** Canadian Red Cross Society. Water Safety Service, Mosby Lifeline, 1996 **U.S. ARMY AEROMEDICAL EVACUATION CRITICAL CARE FLIGHT PARAMEDIC STANDARD MEDICAL OPERATING GUIDELINES (2023-2024)** U.S. Army, 2022-12-31

CONTENTS

1 U S ARMY AEROMEDICAL EVACUATION CRITICAL CARE FLIGHT PARAMEDIC STANDARD MEDICAL OPERATING GUIDELINES CY23 Version Published January 2023 318 pages

2 TCCC Guidelines for Medical Personnel 15 December 2021 19 pages

3 JTS Clinical Practice Guidelines 2 260 total pages current as of 19 September 2023

INTRODUCTION

The SMOG continues to go through significant improvements with each release as a result of the collaboration of Emergency Medicine professionals experienced Flight Medics Aeromedical Physician Assistants Critical Care Nurses and Flight Surgeons There has been close coordination in the development of these guidelines by the Joint Trauma System and the Defense Committees on Trauma Our shared goal is to ensure the highest quality en route care possible and to standardize care across all evacuation and emergency medical pre hospital units It is our vision that all of these enhancements and improvements will advance en route care across the services and the Department of Defense Unit medical trainers and medical directors should evaluate Critical Care Flight Paramedics CCFP ability to follow and execute the medical instructions herein These medical guidelines are intended to guide CCFPs and prehospital professionals in the response and management of emergencies and the care and treatment of patients in both garrison and combat theater environments Unit medical providers are not expected to employ these guidelines blindly Unit medical providers are expected to manipulate and adjust these guidelines to their unit s mission and medical air crew training experience Medical directors or designated supervising physicians should endorse these guidelines as a baseline appropriately adjust components as needed and responsibly manage individual unit medical missions within the scope of practice of their Critical Care Flight Paramedics Enroute Critical Care Nurses and advanced practice aeromedical providers The medication section of this manual is provided for information purposes only CCFPs may administer medications only as listed in the guidelines unless their medical director and or supervising physician orders a deviation Other medications may be added so long as the unit supervising physician and or medical director approves them This manual also serves as a reference for physicians providing medical direction and clinical oversight to the CCFP Treatment direction which is more appropriate to the patient s condition than the guideline should be provided by the physician as long as the CCFP scope of practice is not exceeded Any medical guideline that is out of date or has been found to cause further harm will be updated or deleted immediately The Medical Evacuation Concepts and Capabilities Division MECCD serves as the managing editor of the SMOG and are responsible for content updates managing the formal review process and identifying review committee members for the

annual review The Standard Medical Operating Guidelines are intended to provide medical procedural guidance and is in compliment to other Department of Defense and Department of the Army policies regulatory and doctrinal guidance Nothing herein overrides or supersedes laws rules regulation or policies of the United States DoD or DA *FIELD MEDICAL SERVICE TECHNICIAN (FMST) - 2021* United States Marine Corps,2020-12-31 COURSE DESCRIPTION During this 8 week course you will have a mix of classroom and field training Emphasis is placed on learning field medicine by using the principles of Tactical Combat Casualty Care TCCC This includes familiarization with USMC organization and procedures logistics and administrative support in a field environment Additionally training will include general military subjects individual and small unit tactics military drills physical training conditioning and weapons familiarization with the opportunity to fire the M16 M4 service rifle Completion of FMST results in the student receiving Navy Enlisted Classification HM L03A See Student Material to download a copy of the Student Manual that you will use during your training CONTENTS 1 TCCC Guidelines for Medical Personnel 15 December 2021 19 pages 2 JTS Clinical Practice Guidelines 2 222 total pages current as of 16 December 2022 3 FIELD MEDICAL SERVICE TECHNICIAN FMST 2021 3 252 pages *First Aid - Responding to Emergencies* ,1996 *Command Safety Program Manual* United States Department of the Army, Florida Administrative Weekly ,1998 Instructor's Manual to Accompany The Art of Public Speaking, Seventh Edition Stephen Lucas,2001 **Instructor's Manual, Life Saving and Water Safety Courses** American National Red Cross,1944 *Subject Guide to Books in Print* ,1997 American Red Cross Lifeguarding Instructor's Manual ,2007 *Michigan Administrative Code*, 1979 ... Michigan,1990 *Nielsen v. Barnett; Nielsen v. Butterworth Hospital*, 440 MICH 1 (1992) ,1992 88642 88685 *Sports, Exercise, and Fitness* Mary Beth Allen,2005-03-30 For reference librarians and researchers seeking information on sports and fitness this guide is an important first stop For collection development specialists it is an invaluable selection guide Allen describes and evaluates over 1 000 information sources on the complete spectrum of sports from basketball football and hockey to figure skating table tennis and weight training Focusing on English language works published between 1990 and the present the guide thoroughly covers traditional reference sources such as encyclopedias and bibliographies along with instructional sources in print formats online databases and Web sites To enable users in search of information on specific sports or fitness activities chapters are organized thematically according to broad type aquatic sports nautical sports precision and accuracy racket sports ice and snow sports ball sports cycling and so on with subcategories for such individual sports as soccer golf and yoga Within these categories works are further organized by type reference instructional and Web sites **Aquatic Instruction, Coaching, and Management** John A. Torney,Robert D. Clayton,1970 *Forthcoming Books* Rose Arny,1993-04 **Safer Beaches** Tom Griffiths,2011 Safer Beaches Planning Design and Operation offers a systematic approach to planning designing renovating and operating all types of beaches It provides practices in beach management and protection and uses a needs analysis approach to help you identify

programming and activities that will maximize people s experience at the beach
Cross,1995

Lifeguarding Today American Red

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