

Chapter 15

The Effect of Self-Esteem on Student Achievement

Serdar Körük

15.1 Introduction

Self-esteem is defined as the set of positive or negative evaluations of individuals about their own selves (Rosenberg 1965). Self and self-esteem constitute two different dimensions of personality. The self represents the cognitive part of the personality, whereas self-esteem represents the affective and psychologic dimension. The personality traits of the individuals, their physical features, abilities, skills, social relations, feelings and their ideas about their academic or professional performance and the satisfaction they feel as a result of these ideas, are included in the concept of self-esteem (Yılmaz 2000; İzgiç et al. 2001). A high level of perceived satisfaction indicates that the individual has high self-esteem, whereas a low level of satisfaction indicates low self-esteem. Özkan (1994) defined people with high self-esteem as individuals who are successful in academic and professional areas, who can handle stress, who can establish social and close relations and who have a high level of vitality and enjoyment. At the same time, he defined people with low self-esteem as individuals who have a low level of vitality and enjoyment, who are not self-confident, who feel shame and feelings of worthlessness and who feel inadequate in terms of successes and skills.

The formation of self-image in individuals starts in their babyhood and early childhood periods through the verbal and non-verbal signals that they receive from their parents who are the primary objects of connection (Demiriz and Öğretir 2007). Towards the early childhood period, when the cognitive level is developed, the baby starts to create his or her self-esteem by evaluating his or her physical properties, abilities, strengths and weaknesses. Nine months old babies start to realize that they are mentally different from each other, and they develop their verbal self when they are eighteen months old. The progress of infants' cognitive

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Research Papers On Self Esteem

**Andrew Mecca, Neil J. Smelser, John
Vasconcellos**



Research Papers On Self Esteem:

Self-Esteem Roy F. Baumeister, 2013-11-11 Summarizing and integrating the major empirical research of the past twenty years this volume presents a thorough review of the subject with a special focus on what sets people with low self esteem apart from others As the subject is central to the understanding of personality mental health and social adjustment this work will be appreciated by professionals and advanced students in the fields of personality social clinical and organizational psychology **Extending Self-Esteem Theory and Research** Timothy J. Owens, Sheldon Stryker, Norman

Goodman, 2006-11-02 Self esteem is an academic and popular phenomenon vigorously researched and debated sometimes imbued with magical qualities other times vilified as the bane of the West s preoccupation with self Though thousands of articles have been devoted to the topic and bookshops work to feed the public s appetite for advice on revealing enhancing and maintaining self esteem conflicting claims and findings have placed the field in disarray In a very real sense self esteem is a victim of its own popularity This book seeks to add clarity to a concept earlier examined by such notable self theorists as Morris Rosenberg but eminently worthy of re examination and extension We do this by asking some leading thinkers on self esteem theory measurement and application to assess what we know about self esteem and link it to important aspects of society and the human experience **The Social Importance of Self-Esteem** Andrew Mecca, Neil J. Smelser, John

Vasconcellos, 1989-08-15 Is the well being of a society dependent on the well being of its citizenry Does individual self esteem play a causal role in chronic social problems such as child abuse school drop out rates teenage pregnancy alcohol and drug abuse welfare dependency In an attempt to answer these questions the State of California established a task force on self esteem and social responsibility in 1987 The aim of this body was to determine what connections might exist between these two factors and to suggest policy guidelines relating to the welfare of Californians and to the expenditure of public resources The ten essays in this volume prepared by faculty members of the University of California draw on research in the social and behavioral sciences to explore these issues They assess the substantive assertions and research findings in the field and make careful evaluations of their reliability and validity In many cases strong connections between self esteem and problematic behavior are established in others the connections are weak and in some the causal relationship is as yet imperfectly understood One of the conclusions of the book is that research on these issues needs to be improved particularly in the areas of comparative and longitudinal studies Guidelines for future research are suggested and some points of policy direction are elaborated These essays may indeed promote additional research for the premise that social stability and welfare are largely dependent on the psychological state of a people poses a challenging and provocative counter emphasis to the assumption that social institutions are the primary determinants of individual welfare Self-Esteem Virgil

Zeigler-Hill, 2013-03-12 In this edited collection a distinguished set of contributors present a broad overview of psychological research on self esteem Each chapter is written by leading experts in the field and surveys current research on a particular

issue concerning self esteem Together the chapters provide a comprehensive overview of one of the most popular topics in psychology Each chapter presents an in depth review of particular issues concerning self esteem such as the connection that self esteem has with the self concept and psychological adjustment A number of further topics are covered in the book including How individuals pursue self esteem The developmental changes in feelings of self worth over the life span The existence of multiple forms of high self esteem The role that self esteem plays as an interpersonal signal The protective properties associated with the possession of high self esteem This collection of state of the art reviews of key areas of the psychological literature on self esteem will be of great interest to researchers and academics and also to graduate and advanced undergraduate students of social psychology

Self-Esteem Issues and Answers Michael H. Kernis, 2013-04-15

Research and theory on self esteem have flourished in recent years This resurgence has produced multiple perspectives on fundamental issues surrounding the nature of self esteem and its role in psychological functioning and interpersonal processes Self Esteem Issues and Answers brings together these various perspectives in a unique format The book is divided into five sections Section I focuses on core issues pertaining to the conceptualization and assesment of self esteem and when self esteem is optimal Section II concentrates on the determinants development and modifiability of self esteem Section III examines the evolutionary significance of self esteem and its role in psychological processes and therapeutic settings Section IV explores the social relational and cultural significance of self esteem Finally Section V considers future directions for self esteem researchers practitioners parents and teachers This volume offers a wealth of perspectives from prominent researchers from different areas of psychology Each expert contributor was asked to focus his or her chapter on a central self esteem issue Three or four experts addressed each question The result is that Self Esteem Issues and Answers provides a comprehensive sourcebook of current perspectives on a wide range of central self esteem issues

Self-Esteem and Positive Psychology, 4th Edition Christopher J. Mruk, Christopher J. J. Mruk, 2013-03-28

The author s voice is engaged authoritative and convinced of the esential role self esteem plays in connecting psychological theory to clinical practice a perspective many readers will welcome Recommended Choice Current Reviews for Academic Libraries This new edition of the most comprehensive text available on the theories research findings and practice implications of self esteem represents a major shift in our contemporary understanding of self esteem and positive psychology The book has been thoroughly updated to integrate positive psychology themes throughout and explain how self esteem enhancement interventions fit into evidence based practice This insightful work provides scholars clinicians and students with both an extensive overview of research and with Mruk s often cited theoretical framework for self esteem Featuring the author s noted Competence and Worthiness Training program for enhancing self esteem this fourth edition reflects changes in the field by also including expanded coverage of Self esteem in relationships Validity issues in researching self esteem The concept of authenticity in the self Self esteem as a function of motivation and well being Existentially oriented theory Key Features Offers the most comprehensive

and thorough overview of self esteem theory and research available Considers self esteem from personality human development and clinical perspectives Contains updated and more integrated coverage of self esteem as a major element of positive psychology Places clinical practices that enhance self esteem in the context of evidence based practice Features expanded coverage of personal relationships research issues and well being in self The Study of Dyslexia Martin Turner, John Rack, 2006-01-16 In long ago 1999 the Dyslexia Institute and Plenum Press conceived a plan for two books which would gather the best of current knowledge and practice in dyslexia studies This would benefit those but not only those many individuals who train with us acquiring a postgraduate certificate and diploma with our higher education partner the University of York Since then the century changed the hinge of history creaked and Plenum was taken over by Kluwer Academic Publishers but the first of the pair Dyslexia in Practice emerged quickly and on schedule Townend and Turner 2000 Written by staff and close associates of the Institute its chapters were produced under close scrutiny and with the expedition of a command economy To our delight the book has seen a success which went beyond the dreams of its editors it has been adopted by other courses similar to our own and is widely referred to The same was never likely to be true of The Study of Dyslexia which was envisaged as a theoretical companion volume written by authors and researchers of international repute Nearly five years after the idea first took shape this second volume now arrives to complete the enterprise but it has been a very different project Handbook of Research Methods in Personality Psychology Richard W. Robins, R. Chris Fraley, Robert F. Krueger, 2009-12-09 Bringing together leading investigators this comprehensive handbook is a one stop reference for anyone planning or conducting research on personality It provides up to date analyses of the rich array of methodological tools available today giving particular attention to real world theoretical and logistical challenges and how to overcome them In chapters filled with detailed practical examples readers are shown step by step how to formulate a suitable research design select and use high quality measures and manage the complexities of data analysis and interpretation Coverage ranges from classic methods like self report inventories and observational procedures to such recent innovations as neuroimaging and genetic analyses **Social Work Research and Evaluation** Richard M. Grinnell, Yvonne A. Unrau, 2008 Refined with input from students and instructors who used the previous seven editions the authors have updated rearranged and added to the latest edition of this popular textbook It contains six new chapters four on evidence based practice emphasizing how important it is for students to master that concept and it lays the foundation for their understanding of it by providing a comprehensive explanation of both qualitative and quantitative research methods This edition is more current useful and aesthetically pleasing than ever before and is sure to hold its place as one of the premier textbooks for research methods courses appreciated by students and professors alike for its user friendliness and renowned for the way it helps social work programs produce professional capable social workers The Psychology of Women at Work Michele A. Paludi, 2008-06-30 According to the U S Department of Labor women made up 46.4 percent of the civilian labor force in 2005

and that percentage is expected to reach 47 percent by 2014 Professional and health related occupations are the fastest growing roles for women with computer related environmental and educational fields also drawing increasingly on the female workforce The bottom line at a macro level is that more and more women are driving the country's economic development But with that phenomenon come questions challenges and concerns on many diverse levels Debates rage on psychological topics such as the effect the increasing number of women at work has on marriage and divorce family and children women's identities and stress levels and overall their physical and mental health Psychologist Michele A Paludi and her team of experts from across fields examine all aspects of women at work the pros and cons how it is changing American society its women their relationships partners and children The factors that fuel women achievers are also discussed by female scholars and experts in the field who illustrate points with vignettes and their own career development stories Issues in the workplace affecting women's wellbeing are also discussed including sexual harassment and related laws pregnancy related work policy and regulations challenges for women bosses and career moms the glass ceiling racism women's relationships with male coworkers and issues that rise when a woman is the breadwinner This unique and timely set will appeal to those who are interested in psychology women's studies education law business and public policy

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