WOMEN'S TRAIL RUNNING SHOES COMPARISON CHART

	Beginner	Intermediate			Advanced
	TRZ	X17	MTZ	MT CUSHION	RACE RIGHT
Distance	40km	80km	170km	170km	40km (Trainning or race)
Terrain	Easy ground	Mixed ground (Wet & muddy trails)	Mixed ground (Rocky trails)	Mixed ground (Rocky & muddy trails)	Mixed ground (Rocky trails)
Grip & Traction	4mm lugs	5mm lugs	5mm lugs	5mm lugs	5mm lugs
Cushioning	KALENSOLE CS®, K-Only	KALENSOLE K-Ring, K-Only	KALENSOLE K-Ring, K-Only	KALENSOLE K-Only	EVA Light, UP'BAR MATRYX
ight weight (EUS9)	300g	325g	310g	280g	225g

Report Shoes Running Shoes

Padhraic Smyth

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