

## Physical Education Solved MCQ's

- 1) Dyer test is related to which game  
a) Badminton  
b) Athletic  
**c) Tennis**  
d) Football
- 2) Bending of vertebrae column on a side is called  
a) Uneven shoulder  
**b) Kyphosis**  
c) Lordosis  
d) Scoliosis
- 3) The purpose of coopers 12 mint test is  
a) Muscular strength  
b) Balance  
c) Agility  
**d) Cardiac endurance**
- 4) Badminton include in Olympics  
**a) 1992 Barcelona**  
b) 1962 Spain  
c) 1988 Beijing  
d) 1992 Germany
- 5) How many practice trial will be given each athlete before competition  
a) 1  
**b) 2**  
c) 3  
d) 4
- 6) What should be maximum intensity with maximum load  
a) 30-50%  
b) 50-70%  
**c) 70-80%**  
d) None of these
- 7) When a Muscle contracts without changing its length it is considered to be \_\_\_\_\_ contraction.  
**a) Isometric**  
b) Isotonic  
c) Eccentric  
d) None

# Physical Education Solved Mcqs

**Daniela Niemeyer**



## **Physical Education Solved Mcqs:**

## Reviewing **Physical Education Solved Mcqs**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Physical Education Solved Mcqs**," an enthralling opus penned by a very acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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