

# Sample Reflective Essay

**Author: Nekisa Mahzad**

I have been a student at California State University Channel Islands (CI) for 5 semesters, and over the course of my stay I have grown and learned more than I thought possible. I came to this school from Moorpark Community College already knowing that I wanted to be an English teacher; I had taken numerous English courses and though I knew exactly what I was headed for-was I ever wrong. Going through the English program has taught me so much more than stuff about literature and language, it has taught me how to be me. I have learned here how to write and express myself, how to think for myself, and how to find the answers to the things that I don't know. Most importantly I have learned how important literature and language are.

When I started at CI, I thought I was going to spend the next 3 years reading classics, discussing them and then writing about them. That was what I did in community college English courses, so I didn't think it would be much different here. On the surface, to an outsider, I am sure that this is what it appears that C.I. English majors do. In most all my classes I did read, discuss, and write papers; however, I quickly found out that that there was so much more to it. One specific experience I had while at C.I. really shows how integrated this learning is. Instead of writing a paper for my final project in Perspectives of Multicultural Literature (ENGL 449), I decided with a friend to venture to an Indian reservation and compare it to a book we read by Sherman Alexie. We had a great time and we learned so much more that we ever could have done from writing a paper. The opportunity to do that showed me that there are so many ways that one can learn that are both fun and educational.

The English courses also taught me how powerful the written word and language can be. Words tell so much more than a story. Stories tell about life and the human condition, they bring up the past and people and cultures that are long gone. Literature teaches about the self and the world surrounding the self. From these classes I learned about the world, its people and its history; through literature I learned how we as humans are all related. By writing about what we learn and/or what we believe, we are learning how to express ourselves.

I know that my ability to write and express my ideas, thoughts and knowledge has grown stronger each semester. I have always struggled to put my thoughts on paper in a manner that is coherent and correct according to assignments. I can remember being told numerous times in community college to "organize your

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### **Table of Contents Reflective Essay Examples College**

1. Understanding the eBook Reflective Essay Examples College
  - The Rise of Digital Reading Reflective Essay Examples College
  - Advantages of eBooks Over Traditional Books
2. Identifying Reflective Essay Examples College
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Reflective Essay Examples College
  - User-Friendly Interface
4. Exploring eBook Recommendations from Reflective Essay Examples College
  - Personalized Recommendations
  - Reflective Essay Examples College User Reviews and Ratings
  - Reflective Essay Examples College and Bestseller Lists

5. Accessing Reflective Essay Examples College Free and Paid eBooks
  - Reflective Essay Examples College Public Domain eBooks
  - Reflective Essay Examples College eBook Subscription Services
  - Reflective Essay Examples College Budget-Friendly Options
6. Navigating Reflective Essay Examples College eBook Formats
  - ePub, PDF, MOBI, and More
  - Reflective Essay Examples College Compatibility with Devices
  - Reflective Essay Examples College Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Reflective Essay Examples College
  - Highlighting and Note-Taking Reflective Essay Examples College
  - Interactive Elements Reflective Essay Examples College
8. Staying Engaged with Reflective Essay Examples College
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Reflective Essay Examples College
9. Balancing eBooks and Physical Books Reflective Essay Examples College
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Reflective Essay Examples College
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Reflective Essay Examples College
  - Setting Reading Goals Reflective Essay Examples College
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Reflective Essay Examples College
  - Fact-Checking eBook Content of Reflective Essay Examples College
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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