

Self-Evaluation

- How often is used, completed
- Does self-evaluation & growth plan become a habit or a one-time project?



Growth Mindset

- Growing every single individual's ability
- Develop an opportunity for growth through exposure, support, feedback, and learning experiences
- Don't have a fixed IQ or talent
- Make mistakes - failure is a learning experience



Professional Growth Plan

Why Plan?

- Focus on the right goals
- Know what you're doing
- Know when to stop
- Know when to start
- Know when to change
- Know when to stop



What's Next?

Self-reflection

- How often is used, completed
- Does self-reflection & growth plan become a habit or a one-time project?
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Self-reflection

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Growth

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Physical Education Professional Growth Plans

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