

# INSTRUCTIONS FOR POST HOSPITAL CARE

Name \_\_\_\_\_  
Room No. \_\_\_\_\_  
Hosp. No. \_\_\_\_\_  
Physician \_\_\_\_\_

FOR \_\_\_\_\_

## ► MEDICATIONS

| MEDICINE | DOSE/FREQUENCY | SPECIAL INSTRUCTIONS |
|----------|----------------|----------------------|
|          |                |                      |
|          |                |                      |
|          |                |                      |
|          |                |                      |

## ► DIET

☐ No Restrictions

☐ Restricted to: \_\_\_\_\_

Suggested Food/Fluids: \_\_\_\_\_

Avoid: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

## ► ACTIVITIES

☐ Complete Bed Rest

☐ Up for Meals/Bathroom-Only

☐ Up as Desired

BATH: ☐ Sponge

☐ Tub

☐ Shower

HOUSEHOLD DUTIES: ☐ Light (dishes, dusting)

☐ Moderate (laundry, vacuuming)

☐ Unrestricted

EXERCISE: ☐ Light (short distance walking)

☐ Moderate (jogging, walking)

☐ Unrestricted (jogging, jogging)

Suggested Activities: \_\_\_\_\_

Avoid: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

## ► WOUND CARE

## ► OTHER INSTRUCTIONS

## ► FOLLOW-UP CARE

☐ A follow-up appointment has been scheduled for you with Dr. \_\_\_\_\_  
on \_\_\_\_\_ at \_\_\_\_\_ a.m./p.m.

☐ Please schedule a follow-up appointment with Dr. \_\_\_\_\_  
in \_\_\_\_\_ days/weeks/months.

THE POST HOSPITAL CARE INSTRUCTIONS SET FORTH ABOVE HAVE BEEN EXPLAINED TO ME.  
I UNDERSTAND ALL INSTRUCTIONS AND THE IMPORTANCE OF FOLLOWING THEM AS SPECIFIED.

Patient/Responsible Person Signature \_\_\_\_\_

Date \_\_\_\_\_

Physician/Nurse Signature \_\_\_\_\_

Date \_\_\_\_\_

# Patient Discharge Instruction Form

**Hussin A.Rothana**



**Patient Discharge Instruction Form:**

## Embracing the Track of Term: An Emotional Symphony within **Patient Discharge Instruction Form**

In a world used by screens and the ceaseless chatter of instant conversation, the melodic splendor and emotional symphony produced by the prepared word usually disappear in to the backdrop, eclipsed by the constant noise and distractions that permeate our lives. But, located within the pages of **Patient Discharge Instruction Form** an enchanting fictional prize full of raw thoughts, lies an immersive symphony waiting to be embraced. Constructed by a wonderful composer of language, this charming masterpiece conducts visitors on a mental trip, skillfully unraveling the hidden tunes and profound affect resonating within each carefully crafted phrase. Within the depths with this moving review, we can examine the book is key harmonies, analyze its enthralling writing design, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

<https://crm.avenza.com/About/detail/default.aspx/Psychology%20Frontiers%20And%20Applications%204th%20Edition.pdf>

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