

Spinal Cord Syndromes

Cervical Cord Syndromes



- Neck
- upper extremities
- lower extremities

- Most commonly caused by a **trauma** or **compression** injury
- Symptoms at thoracic level are present in the L5, while the L5 level of spine is **unimpaired** or **unaffected** in **compression** or **distraction** injuries

Thoracic Cord Syndromes



- Neck
- upper torso

- Most commonly caused by a **trauma** or **compression** injury
- Complete loss of **paraspinal** or **intercostal** sensation at **thoracic** level below the level of injury
- Lower paraspinal/intercostal sensation

Lumbar Cord Syndromes



- Neck
- lower torso

- Most commonly caused by **trauma** or **distraction** injury
- Complete or loss of **paraspinal/intercostal** sensation at **lumbar** level
- Lower paraspinal sensation

Cauda Equina Syndrome



- Neck
- lower torso

- Caused by **trauma** or **distraction** injury
- Complete or loss of **paraspinal/intercostal** sensation at **cauda** level
- Lower paraspinal sensation

Conus Medullaris Syndrome



- Neck
- lower torso
- lower extremities

- Most commonly caused by **trauma** or **distraction** injury
- Complete or loss of **paraspinal/intercostal** sensation at **conus** level
- Lower paraspinal sensation

Conus Medullaris Syndrome



- Neck
- lower torso
- lower extremities

- Caused by **trauma** or **distraction** injury
- Complete or loss of **paraspinal/intercostal** sensation at **conus** level
- Lower paraspinal sensation

Spinal Cord Injury

The American Spinal Injury Association (ASIA) Impairment Scale

The ASIA Impairment Scale is a standardized neurological examination used to assess motor and sensory impairment following a spinal cord injury.

A	COMPLETE INJURY	<ul style="list-style-type: none"> ✓ sensory function below level ✓ sensory function below level
B	INCOMPLETE INJURY	<ul style="list-style-type: none"> ✓ sensory function below level ✓ sensory function below level
C	INCOMPLETE INJURY	<ul style="list-style-type: none"> ✓ sensory function below level ✓ sensory function below level
D	INCOMPLETE INJURY	<ul style="list-style-type: none"> ✓ sensory function below level ✓ sensory function below level

muscle grade \geq 3/5

muscle grade \geq 3/5

FUNCTION REMAINS

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Myelomeres & Functions

Level	Autonomic/Physiologic Function	Motor
C1-C2	1. Head control (cervical control, swallowing, neck motion)	1. Independent in arm, hand, wrist, and finger movements for dressing, eating, etc.
C3	2. Shoulder, elbow, fingers	2. Self-feeding, independent, can use shoulder, arm, hand, wrist, and finger
C4	3. Biceps/triceps, deltoids, brachialis, brachioradialis, forearm flexors	3. Arm extension, shoulder, hand, wrist, and finger movements for dressing, eating, etc.
C5	4. Forearm, wrist, forearm extensors, pronators, supinators (deltoids, biceps, triceps)	4. Independent in arm, hand, wrist, and finger movements for dressing, eating, etc.
C6	5. Elbow, forearm, wrist, forearm extensors, pronators, supinators (deltoids, biceps, triceps, forearm flexors, forearm extensors, forearm pronators, forearm supinators)	5. Independent in arm, hand, wrist, and finger movements for dressing, eating, etc.
C7	6. Forearm, wrist, forearm extensors, pronators, supinators (deltoids, biceps, triceps, forearm flexors, forearm extensors, forearm pronators, forearm supinators)	6. Independent in arm, hand, wrist, and finger movements for dressing, eating, etc.
C8	7. Forearm, wrist, forearm extensors, pronators, supinators (deltoids, biceps, triceps, forearm flexors, forearm extensors, forearm pronators, forearm supinators)	7. Independent in arm, hand, wrist, and finger movements for dressing, eating, etc.
T1-T12	8. Control of pelvic movement, torso, and lower extremities (arm, hand, wrist, and finger movements)	8. Independent in arm, hand, wrist, and finger movements for dressing, eating, etc.
L1-L5	9. Control of leg movement, torso, and lower extremities (arm, hand, wrist, and finger movements)	9. Independent in arm, hand, wrist, and finger movements for dressing, eating, etc.

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Spinal Cord Injury Levels

C1-C2	neck flexion, head extension, no posture
C3	head control, then no arm or shoulder
C4	shoulder extension, arm extension, no shoulder flexion
C5	shoulder flexion, arm flexion, no arm extension
C6	arm extension, arm flexion, no arm extension
C7	arm extension, arm flexion, no arm extension
C8	arm extension, arm flexion, no arm extension
T1-T12	arm extension, arm flexion, no arm extension
L1-L5	leg flexion
S1	leg flexion
S2	leg flexion, no arm extension
S3	leg flexion, no arm extension
S4	leg flexion, no arm extension
S5	leg flexion, no arm extension
S6	leg flexion, no arm extension
S7	leg flexion, no arm extension
S8	leg flexion, no arm extension
S9	leg flexion, no arm extension
S10	leg flexion, no arm extension
S11	leg flexion, no arm extension
S12	leg flexion, no arm extension

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Based on the ASIA Grade A (complete) injury. Specific functions will vary by ASIA score.

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