

# Nursing Restorative Program Examples

- **Bed Mobility**
  - Instructions
    - Encourage/cue patient to help with turning/rolling side to side in bed as able.
    - Encourage/assist with repositioning every 2 hrs.
    - If able have patient use arms and bend knees to push with foot to move up in bed, being mindful to lift buttocks area to prevent friction/tear and causing skin breakdown.
    - Have patient use side rails to aid in repositioning.
  - Frequency
    - 3-5 times per shift
  - Goal
    - Patient will regain baseline independence in bed mobility (turning side to side, repositioning self in bed, and moving from laying to sitting position)
- **Lower Body Dressing**
  - Instructions: Please assist patient with lower body dressing in the following ways to support progress with independence:
    - Lower Body Dress seated at EOB:
      - Setup assist of all clothing, reacher, long-handled shoe horn, and sock pull.
      - SBA with Min A as needed for dressing of brief, pants, socks, slippers or shoes
      - Cue to dress effected limb first (right)
      - Cue to adhere to hip precautions.
  - Frequency
    - Daily
  - Goal
    - Patient will improve independence with lower body dressing, requiring SBA while adhering to hip precautions
- **Feeding/Eating**
  - Instructions: Please assist patient with feeding in the following ways to support progress with independence:
    - Have patient up in wheelchair or at 90 degrees in bed
    - Set-up tray and have food/drinks/utensils within patient's reach
    - Cue to pick up and hold utensil or food and bring to mouth
  - Frequency
    - 3-4 times a day for all meals and snacks
  - Goal
    - Improve ability to feed oneself by being able to hold feeding utensils, cups, food, etc. and bringing to mouth independently.
- **Free Water Protocol**
  - Instructions
    - Oral care before offering water.
    - Patient may have up to 180cc thin water between meals.
    - No other thin fluids. NO food allowed while drinking thin fluids.
    - Bolt upright at 90 degrees. No straws.
    - If wet voicing occurs cue to clear throat or cough then dry swallow.
  - Frequency
    - 3-4 times per day
  - Goal

# Sample Restorative Nursing Programs

**WJ Hussar**



## **Sample Restorative Nursing Programs:**

**Restorative Care Nursing for Older Adults** Barbara Resnick, 2004-07-28 The purpose of restorative care nursing is to take an active role in helping older adults maintain their highest level of function thus preventing excess disability This book was written to help formal and informal caregivers and administrators at all levels to understand the basic philosophy of restorative care and be able to develop and implement successful restorative care programs The book provides a complete 6 week education program in restorative care for caregivers many suggestions for suitable activities and practical strategies for motivating both older adults and caregivers to engage in restorative care In addition the book provides an overview of the requirements for restorative care across all settings the necessary documentation and ways in which to complete that documentation

**The Long-term Care Nursing Desk Reference** Barbara Acello, 2005 From pain assessment methods to intravenous drip calculations the Long Term Care Nursing Desk Reference offers long term care nurses virtually every tool they need to provide high quality regulation compliant long term resident care Written by accomplished author and speaker Barbara Acello MS RN this authoritative reference is jam packed with practical need to know patient care information essential policies and procedures and vital regulatory and safety requirements In short the Long Term Care Nursing Desk Reference is the book you and your nurses have been waiting for

**The Long-Term Care Restorative Nursing Desk Reference** Barbara Acello, 2009-08-18 The Long Term Care Restorative Nursing Desk Reference is a new all inclusive desk reference that describes the clinical aspects of restorative nursing in detail and provides a much needed guide for nurses in a long term care facility This book offers the help you need to create or sustain an effective restorative care program that puts your resident's needs first

Mosby's Textbook for Nursing Assistants - E-Book Sheila A. Sorrentino, Leighann Remmert, 2020-03-16 UPDATED Shorter more focused chapters help you retain important concepts and skills covered in the NATCEP certification exam NEW and UPDATED New chapter organization breaks material into manageable portions improving your ability to retain important information UPDATED Enhanced art program illustrates important content and procedures

**Long-term Facility Improvement Study**, 1975 **Nursing and Therapy Documentation in Long-Term Care** Kate Brewer, 2011-03 This resource will help you Align with MDS 3.0 documentation requirements Coordinate documentation between nurses and therapists to improve resident care Gain the perspective of nursing or therapy to appreciate their specific approach to skilled services Reduce your audit risk and strengthen reimbursement claims with comprehensive documentation Prove medical necessity and need for skilled care by practicing accurate documentation

Page 4 of cover **Long-term Care Facility Improvement Study** United States. Public Health Service. Office of Nursing Home Affairs, 1975 DHEW Publication, 1975 **Departments of Labor and Health, Education, and Welfare**

**Appropriations for 1965** United States. Congress. House. Committee on Appropriations. Subcommittee on Department of Transportation and Related Agencies Appropriations, 1964 **The Licensing Exam Review Guide in Nursing Home**

**Administration** Michael Mileski, Rebecca McClay, 2022-09-09 This book is an excellent resource for anyone preparing for the long term care administrator exam Doody's Review Service 3 stars Includes 6 months free ExamPrepConnect digital access with print purchase Now in its 8th edition The Licensing Exam Review Guide in Nursing Home Administration remains the most comprehensive question and answer review for anyone seeking nursing home administration licensure in the United States With more than 1100 questions including two online practice exams for both the Core of Knowledge Examination CORE and the Line of Service Examination for Nursing Home Administration NHA the book tests your knowledge of the important concepts and topics related to the National Association of Long Term Care Administrator Boards NAB domains of practice Care Services and Supports Operations Environment and Quality and Leadership and Strategy Key Features Contains more than 1100 multiple choice questions with answers and rationales Reflects the style and format of the National Association of Long Term Care Administrator Boards NAB licensure exam Includes test taking strategies for success Covers important updates and revisions in the field Offers on the go digital access with ExamPrepConnect ExamPrepConnect Features Review all the high quality content from the book Get organized by using the personalized study plan based on your exam date Study by topic to identify your strengths and weaknesses Strengthen your knowledge with over 1100 questions and detailed answer rationales Prepare for exam day with 2 timed practice exams each of the Core of Knowledge Examination CORE and the Line of Service Examination for Nursing Home Administration NHA Connect and chat with fellow future nursing home administrators using the discussion board Departments of Labor and Health, Education, and Welfare Appropriations for ... Department of Health, Education, and Welfare United States. Congress. House. Committee on Appropriations. Subcommittee on Departments of Labor, and Health, Education, and Welfare, and Related Agencies, 1964

*Nursing Care Plans for Long Term Care* LTCS Books, 2023-04-07 2024 Edition 104 Comprehensive Person Centered Care Plans on easy to use templates in the book For v MDS v1 1 1 Covers every nursing diagnosis and nursing care plan problem that may be generated from the Minimum Data Set MDS 3.0 Includes 20 Care Area Assessments How to write baseline and comprehensive care plans Nursing care plan standards Nursing diagnoses problem statements goals and interventions Current with all RAI Manual Updates Surveyor Guidelines and Federal Regulatory Changes and PDPM Abusive Activities Activity Intolerance Airway Clearance Allergies Anemia Anger Angina Anxiety Blepharitis Blood Sugars Breathing Patterns Cardiac Output Cataracts Chewing Problem Cognitive Deficit Decision Making Disordered Thinking Memory Problem Colostomy Communication Hearing Speech Conflict with Family Friends Staff Constipation Dental Care Depression Diarrhea Discharge Pending Fall Risk Family Coping Fluid Volume Deficit Fluid Volume Excess Gastrointestinal Discomfort Grief over Lost Status Roles Hoards Objects Hypertension Hypotension Hypothyroidism Incontinence Knowledge Deficit Manipulative Behaviors Non compliance Obesity Pacemaker Pain Paranoia Parkinson's Peripheral Vascular Disease Physical Mobility Ambulation Bed Mobility Locomotion Range of Motion Transfers Prefers Own Routine Refuses to Eat Drink Rejects

Care Restraint Rheumatoid Arthritis Seizures Self Care Deficit Bathing Dressing and Grooming Eating Hygiene Sensory Deprivation Sensory Perception Skin Breakdown Pressure Ulcer Sleep Pattern Disturbance Smoking Social Isolation Socially Inappropriate Behavior Strengths Swallowing Problem Terminal Prognosis Tracheostomy Trauma Tube Feeding Unhappy with Roommate Urinary Retention Urinary Catheter Urinary Tract Infection Visual Impairment Wandering Weight Loss Withdrawal from Care Activities      Public Health Service Publication ,      **Clinical Instruction & Evaluation** Andrea B. O'Connor, 2014-05-21 Clinical Instruction and Evaluation A Teaching Resource Third Edition is designed to guide instructors through the learning process by providing clinical nurses with the theoretical background and practical tools necessary to succeed as a clinical nursing instructor The theory used to support the practice of clinical education is presented in a straightforward easy to understand manner This text offers approaches to structuring clinical experiences for students evaluating student performance and solving problems encountered in clinical settings The Third Edition has been completely revised and updated and now includes a larger focus on teaching people from other cultures and traditions as well as the critical issues around the nursing shortage The nursing shortage has increased the demand for nursing educators and as a result nursing programs are now turning to clinically expert nurses to play a role in the educational process Clinical Instruction and Evaluation helps the clinical nurse make a smooth transition to nurse instructor Key Features Emphasizes the clinical component of the faculty role Employs a practical approach to make the process of teaching in the complex clinical area accessible Chapters can be used independently allowing instructors to use content creatively without being bound by the organization of the text Unique focus on the interpersonal relationship between the instructor and student found in specific chapters 15 16 as well as throughout the text Provides concrete examples for instructors to leverage in the classroom to elicit critical thinking and clinical judgment responses from students      CREATIVE LONG-TERM CARE ADMINISTRATION George Kenneth Gordon, Leslie A. Grant, Ruth Stryker, 2003-01-01 The prior three editions of this book were extremely well received for use in undergraduate and graduate courses in long term care administration and they were also popular as fundamental resources with practitioners as well as for an array of other long term care practitioners and professions including housing managers board members teachers students administrators owners and health care professionals who are seeking new directions in the field This the fourth edition has been extensively revised There is for example the fundamental updating throughout to reflect structural and regulatory changes that have been occurring in the field as well as the introduction of recent research findings evolving ideas and new practices In addition there are new perspectives introduced by nine new chapter authors plus three entirely new chapters monitoring clinical outcomes spiritual care and using information technology The book is divided into six sections The Evolution of Long Term Care Developing the Organization Human Resource Management Optimizing Health Care Outcomes Creating a Supportive Living Environment and Creating a Better Future This new edition also has an additional author Dr Leslie Grant whose seasoned scholarship and

visionary leadership will provide important additional insight for the reader The ideas presented are intended to provide a better understanding of the long term care environment and to suggest ways of applying interdisciplinary knowledge for the administrator in this setting

**Report** United States. Department of Health, Education, and Welfare,1961 *Public Health Service (Exclusive of National Institutes of Health)* United States. Congress. House. Committee on Appropriations,1964

Research in Community Health United States. Public Health Service. Bureau of State Services--Community Health,1964

**Nursing Homes** ,2004 *Annual Report of the U.S. Department of Health, Education, and Welfare* United States. Department of Health, Education, and Welfare,1961

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## **Table of Contents Sample Restorative Nursing Programs**

1. Understanding the eBook Sample Restorative Nursing Programs
  - The Rise of Digital Reading Sample Restorative Nursing Programs
  - Advantages of eBooks Over Traditional Books
2. Identifying Sample Restorative Nursing Programs
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Sample Restorative Nursing Programs
  - User-Friendly Interface
4. Exploring eBook Recommendations from Sample Restorative Nursing Programs
  - Personalized Recommendations
  - Sample Restorative Nursing Programs User Reviews and Ratings
  - Sample Restorative Nursing Programs and Bestseller Lists
5. Accessing Sample Restorative Nursing Programs Free and Paid eBooks
  - Sample Restorative Nursing Programs Public Domain eBooks

- Sample Restorative Nursing Programs eBook Subscription Services
- Sample Restorative Nursing Programs Budget-Friendly Options
- 6. Navigating Sample Restorative Nursing Programs eBook Formats
  - ePub, PDF, MOBI, and More
  - Sample Restorative Nursing Programs Compatibility with Devices
  - Sample Restorative Nursing Programs Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Sample Restorative Nursing Programs
  - Highlighting and Note-Taking Sample Restorative Nursing Programs
  - Interactive Elements Sample Restorative Nursing Programs
- 8. Staying Engaged with Sample Restorative Nursing Programs
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Sample Restorative Nursing Programs
- 9. Balancing eBooks and Physical Books Sample Restorative Nursing Programs
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Sample Restorative Nursing Programs
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Sample Restorative Nursing Programs
  - Setting Reading Goals Sample Restorative Nursing Programs
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sample Restorative Nursing Programs
  - Fact-Checking eBook Content of Sample Restorative Nursing Programs
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks



#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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