

## 5 E Lesson Plan

### Topic/Lesson: ENDOCRINE SYSTEM AND HOMEOSTASIS

#### I. Objectives:

At the end of the period, 85% of the students can:

- Define operationally endocrine system and homeostasis
- Enumerate and discuss the types of glands
- Explain the importance and the types of hormones present on different glands
- Perform the activity on plant hormones in relation to endocrine system in human body
- Relate and appreciate the hormonal activities and its importance in life

#### II. Materials

Video presentation, worksheet

PROCEDURE	TEACHERS' ACTIVITY	STUDENTS' ACTIVITY
<b>ENGAGE</b> Strategies: Inquiry, Cold-call	- The teacher will capture the students' interest by asking what is endocrine system? - what is hormone? - give atleast one main component of endocrine system and its location. - provide video presentation on endocrine system disorder.	- Students think about the question and will provide the answer of one main component of endocrine system and its location in the human body.  - Students will participate and focus on the video presentation.
<b>EXPLORE</b> Strategies: Inquiry, discovery, Cooperative, Cold-call	- The students will be group and will arrange and label the different glands.  - the students will be ask to enumerate or give a list of hormones found on different glands (if any)	- Students will fill in any of the glands based on picture and will present their answers on board.  - Students will provide an answer of different hormones found on different glands.
<b>EXPLAIN</b> Strategies: Cooperative, discovery	Introduce the topic: - different functions of specific glands and its secreted hormones	- Students participate on class discussion
<b>EVALUATE</b> Strategies: Cooperative	Class discussion: - difference between exocrine and endocrine glands - With what other systems does the	- Students participate on class discussion

# Sample Lesson Plan For The Endocrine System

**J Ma**



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