

# Head To Toe Assessment C

## Wash Hands

( ) Completed - Standard Precautions

## Introduction

( ) Completed - Introduce self & purpose of assessment to relieve anxiety and role function identification.

## Vital Signs

Pulse \_\_\_\_\_ Rate, Strength, Regularity

Temperature \_\_\_\_\_ Oral, Rectal, Tympanic

B / P \_\_\_\_\_ Respiration \_\_\_\_\_

## Orientation

( Oriented x 4 )

What year is this ? \_\_\_\_\_

Tell me your name ? \_\_\_\_\_

Tell me where you are ? \_\_\_\_\_

Tell me why you are here? \_\_\_\_\_

## Pupil Check

( PERRLA ) Pupils, Equal, Round, React to light, Accommodate

Sluggish ( ) No Change ( ) Brisk ( ) Normal ( )

Accommodation Yes ( ) No ( )

## Neck Veins

Patient at 45o angle ( )

Neck Veins Flat ( ) Distended ( )

## Heart Tones

Apical Pulse with Stethoscope

Rate ? \_\_\_\_\_ Rhythm ? \_\_\_\_\_

Clarity of Sounds ? \_\_\_\_\_ Abnormal? ( )

Explain ! \_\_\_\_\_

## Bilateral Checks

( Radial Pulses ) - Rate, Strength, Regularity

Right \_\_\_\_\_ Left \_\_\_\_\_

( Hand Strength ) - 2 fingers only

Right Stronger ( ) Left Stronger ( ) Equal ( )

( Pedal Pulses ) - Top of Foot

Right Foot \_\_\_\_\_ Left Foot \_\_\_\_\_

( Capillary Refill ) -On fingers or toes 3 seconds or less

Right Fingers ( ) sec. Left Fingers ( ) sec.

Right Toes ( ) sec. Left Toes ( ) sec. Delay or abnormal refill return ? Yes ( ) ie., \_\_\_\_\_

## Skin

Skin Turgor - 1 to 3 second return, on Sternum

Return was ( ) sec. Abnormal ( ) sec.

Skin Color - Check on inside of Lip or

Conjunctiva

Lip ( ) Conjunctiva ( )

Pink ( ) Pale ( ) Jaundice ( ) Cyanotic ( )

Skin Temperature - Use back of hand to check

Hot ( ) Warm ( ) Cool ( )

## Breath Sounds

Assess anterior and posterior and :  
take deep breaths, do not move sta  
patients part.

Clear Bilaterally ( ) Left only ( ) Rig

Both poor bilaterally ( ) ie., \_\_\_\_\_

Good air flow ( ) Poor air flow ( )

## Bowel Sounds

Assess all 4 quadrants, do not touc  
disrupt normal sounds. If irregular,  
Umbilicus is  
midpoint.

( Stomach ) - Check for condition

Soft ( ) Hard ( ) Distended ( ) Other

RUQ Active ( ) Absent ( ) Hyperact

RLQ Active ( ) Absent ( ) Hyperacti

LUQ Active ( ) Absent ( ) Hyperacti

LLQ Active ( ) Absent ( ) Hyperacti

## Peripheral Edema

Edema is found in dependent area  
finger by pressing down. Observe t

Feet Yes ( ) No ( ) Pitting ( ) R ( ) L

Hands Yes ( ) No ( ) Pitting ( ) R ( )

Sacrum Yes ( ) No ( ) Pitting ( ) Ind

## Assessing For Pain

Where is the pain ? \_\_\_\_\_

How long has it lasted ? \_\_\_\_\_

Does the pain travel anywhere ? \_\_\_\_\_

What makes it feel better ? \_\_\_\_\_

What makes pain worse ? \_\_\_\_\_

Descrip. of pain ? Sharp ( ) Stabbin

On a scale of 1 - 10, 10 being the v

## Skin Breakdown Check

Check entire body for redness or s

Normal ( ) Abnormal ( ) Explain cor

affected. \_\_\_\_\_

## Homan's Sign

Ask patient to dorsiflex both feet.

Pain in right calf Yes ( ) No ( )

Pain in both calves Yes ( ) No ( )

## Closure

Let the patient know you are finish

Bedrails up ( ) Bed in low position ( )

# SAMPLE CHARTING ENTRY

# Sample Nursing Documentation Head Toe Assessment

**Kim Cooper, Kelly Gosnell**



## **Sample Nursing Documentation Head Toe Assessment:**

**Textbook of Basic Nursing** Caroline Bunker Rosdahl, Mary T. Kowalski, 2008 Now in its Ninth Edition this comprehensive all in one textbook covers the basic LPN LVN curriculum and all content areas of the NCLEX PN Coverage includes anatomy and physiology nursing process growth and development nursing skills and pharmacology as well as medical surgical maternal neonatal pediatric and psychiatric mental health nursing The book is written in a student friendly style and has an attractive full color design with numerous illustrations tables and boxes Bound in multimedia CD ROMs include audio pronunciations clinical simulations videos animations and a simulated NCLEX PN exam This edition s comprehensive ancillary package includes curriculum materials PowerPoint slides lesson plans and a test generator of NCLEX PN style questions      Tabbner's Nursing Care Gabby Koutoukidis, Rita Funnell, Karen Lawrence, Jodie Hughson, Kate Stainton, 2009 Tabbner s Nursing Care Theory and Practice is the only Australian and New Zealand textbook written specifically for the enrolled nurse student The new 5th edition of this best selling text has been fully revised and updated throughout to reflect the content of the new National Curriculum Unit 1 The evolution of nursing Unit 2 The health care environment Unit 3 Cultural diversity and nursing practice Unit 4 Promoting psychosocial health in nursing practice Unit 5 Nursing individuals throughout the lifespan Unit 6 The nursing process Unit 7 Assessing health Unit 8 Important component of nursing care Unit 9 Health promotion and nursing care of the individual Appendices Provided by publisher      *The Nursing Student's Guide to Clinical Success* Lorene Payne, 2010-10-25 The Nursing Student s Guide to Clinical Success is the perfect resource for undergraduate nursing students entering the clinical side of their education This text helps students better understand their role as a health care provider by preparing them for what they will encounter on the clinical floor in hospital or other health care setting The first text of its kind this shows students how to get the most out of a clinical experience      **Nursing Outcomes Classification (NOC) - E-Book** Sue Moorhead, Elizabeth Swanson, Marion Johnson, Meridean L. Maas, 2018-01-12 Promoting safe and effective nursing care Nursing Outcomes Classification NOC 6th Edition standardizes the terminology and criteria needed to measure and evaluate outcomes that result from nursing interventions Over 540 research based nursing outcome labels including 50 that are NEW to this edition help to standardize expected patient outcomes Specific indicators make it easier to evaluate and rate the patient in relation to outcome achievement Written by an expert author team led by Sue Moorhead this book is ideal for practicing nurses students educators researchers and administrators seeking to improve cost containment and patient outcomes 540 research based nursing outcome labels promote standardization of expected patient outcomes Definitions lists of indicators publication facts lines and references provide all of the information you need to understand outcomes NEW Approximately 50 new outcome labels allow you to better define patient outcomes that are responsive to nursing care      Introduction to Maternity & Pediatric Nursing - E-Book Gloria Leifer, 2013-11-28 Part of the popular LPN Threads series Introduction to Maternity

Pediatric Nursing provides a solid foundation in obstetrics and pediatric nursing. An easy to follow organization by developmental stages, discussion of disorders by body system from simple to complex, and health to illness, and a focus on family health make it a complete guide to caring for maternity and pediatric patients. Written in a clear, concise style by Gloria Leifer MA RN, this edition reflects the current NCLEX test plan with additional material on safety, health promotion, nutrition, and related psychosocial care. Cultural Considerations boxes and a Cultural Assessment Data Collection Tool help in developing individualized plans of care. Updated health promotion content includes Health Promotion boxes focusing on preventive strategies for achieving prenatal wellness, health during pregnancy, postnatal health, and pediatric illness prevention and wellness, including the complete immunization schedules for all ages. Nursing Tips provide information applying to the clinical setting. Objectives are listed in each chapter opener. Key terms include phonetic pronunciations and text page references at the beginning of each chapter. Nursing Care Plans with critical thinking questions help you understand how a care plan is developed, how to evaluate care of a patient, and how to apply critical thinking skills. A companion Evolve website includes animations, videos, answers to review questions, and answer guidelines for critical thinking questions, an English/Spanish audio glossary, critical thinking case studies, and additional review questions for the NCLEX examination.

**Medical-surgical Nursing** Lois White, Gena Duncan, 2002. Medical Surgical Nursing: An Integrated Approach, 2E, examines all aspects of this nursing field from how and where the health care delivery system is set up to the nurse's role in care related to IV therapy and diagnostic testing to legal and ethical responsibilities, communication, and cultural diversity. This revised edition also includes new chapters covering alternative therapies and responding to emergencies. Case studies, critical thinking questions, and exercises developing care plans encourage students to think beyond the classroom. Full color illustrations, cross referencing between chapters, and suggested resources are among the many features that will appeal to students. Diagnostic tests are listed alphabetically in chart form, making important information about the test, normal values, and nursing responsibilities easy to find. Chapter end critical thinking questions help students apply chapter content. Web Flash box suggests Internet sites students can consult for additional information. Text includes a glossary, a list of abbreviations and acronyms, a listing of the latest NANDA nursing diagnoses, and Standard Precautions.

*Item Writing for Nurse Educators* Vicki Moran, 2023-07-04. The book provides guidance and direction for any nurse educator teaching in the professional environment and must write questions to evaluate learning. It covers the basics of item writing and leveling of items using Bloom's taxonomy to the learner. In addition, the book provides stem examples and new types of questions expected on the National Council Licensure Examination for both the registered and practical nurse. Finally, case study development and item analysis are presented. Evaluation of student performance by examination is critical in nursing education from undergraduate to continuing education programs. Many faculty have reported learning the item writing process in graduate programs, but it is often lost or not reused. Recent research reports nursing faculty using textbook

questions that have not been validated and security of the questions have been compromised A nursing education profession should have the ability to develop items to validate that learning has occurred The skill is essential to any professional to evaluate the effectiveness of learning Critical thinking is a skill necessary for licensure examinations and students often need assistance to learn this skill to pass the licensure examination and practice as a nurse Therefore faculty need a source to facilitate their development of the learned item writing process to assist learners and prepare them for practice This book is unique in that it addresses the basics and the advanced components In addition the book provides a substantial list of stems and case study ideas Finally the book describes how to use a knowledge based item and develop an item to a higher level of Blooms taxonomy and assists those nursing programs that educate international students to adequately prepare for the student to pass the national licensing examination required to practice in the US and Canada

**Health Assessment in Nursing** Janet Weber, Jane Kelley, 2009-10-01 Now in its Fourth Edition Health Assessment in Nursing is a colorful user friendly introductory level health assessment text for RN level students Targeted to ADN and BSN programs this text presumes no prior knowledge of health assessment and is part of a suite that includes Lab Manual to Accompany Health Assessment in Nursing Nurses Handbook of Health Assessment and Weber Kelley s Interactive Nursing Assessment For this edition the COLDSPA mnemonic which guides students through investigation of symptoms has been revised to show specific applications to content in each chapter A sample application of COLDSPA is presented at the beginning of each chapter s Nursing History section and another accompanies each case study The Frail Elderly chapter has been streamlined with a stronger focus on the normal variations associated with assessment of elderly clients Includes DVD ROM

**Foundations of Nursing - E-Book** Kim Cooper, Kelly Gosnell, 2014-07-24 NEW Reorganized chapters make it easier to follow and understand the material NEW Icons in page margins indicate videos audios and animations on the Evolve companion website that may be accessed for enhanced learning UPDATED illustrations include photographs of common nursing skills

**The Nurse Preceptor Toolkit - E-Book** Beth Heuer, Cynthia A. Danford, 2024-06-25 Develop the skills necessary for precepting RN and APRN students and new orientees The Nurse Preceptor Toolkit is written by and for RN and APRN clinicians and faculty members from a variety of levels specialties and settings Using real life examples and practical tips this comprehensive resource answers the questions preceptors often ask when interacting with students of all levels as well as new orientees Within its pages you ll find everything you need to develop and solidify the clinical teaching skills essential to becoming an effective preceptor This completely new book serves as a comprehensive resource for precepting both RN and APRN students and new orientees Coverage addresses questions preceptors have asked when interacting with students of all levels as well as with new orientees Content is written by and for RN and APRN clinicians and faculty members from a variety of levels specialties and settings Real life examples and practical tips guide the development and solidification of the clinical teaching skills needed to become an effective preceptor Coverage of essential precepting topics includes effective

communication flexibility time management skills providing feedback and support an understanding of different adult learning styles and the ability to confidently evaluate student knowledge and competencies Chapter objectives serve as advance organizers to help prepare you for the content that follows Exemplars model excellence in clinical precepting through contributor authored stories of successful faculty preceptor learner partnerships related to the content of each chapter Boxes highlight tips from successful preceptors Appendices provide ready to use tools to enhance the preceptor learner experience

**Fundamentals of Nursing E-Book** Barbara L Yoost, Lynne R Crawford, 2019-01-23 Yoost and Crawford's Fundamentals of Nursing is back for a second edition encore The text that made its name by focusing on simple language and active learning continues its focus on helping you truly understand apply and retain important nursing information and concepts Using a warm and conversational style this new second edition guides you towards a basic understanding of the nursing profession and then logically progresses through the nursing process and into the safe and systematic methods of applying care Each chapter features realistic and complex case studies and critical thinking exercises woven throughout the content to help you continually apply what you've learned to actual patient care A conceptual care mapping approach created by Yoost and Crawford themselves further your ability to make clinical judgments and synthesize knowledge as you develop plans of care after analyzing and clustering related patient assessment data All of this paired with a wealth of student friendly learning features and clinically focused content offers up a fundamentally different and effective way for you to easily master the fundamentals of nursing

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delegation covers the differences between them and how and when they re appropriate for an RN NEW Content on complementary therapies has been integrated throughout the text to reflect the changes to the NCLEX exam NEW Additional information has been added in the areas of HCAHPS Health Literacy Patient Education Drugs of Abuse Zika Ebola and more

**A Contemporary Nursing Process** Rozzano C. Locsin, Marguerite Purnell, Marguerite J. Purnell, 2009-04-10 This book speaks against thinking that we can only understand nursing from a traditional logical empirical approach suggesting we need a contemporary process for exploring nursing I can t agree more Journal of Christian Nursing Nurse scholars from across the globe contribute essays to this unique philosophical exploration of today s nursing This book presents an emerging view that requires nursing to look at its work through a broader and less structured lens Challenging the structure of the traditional nursing process the book considers nursing as reflective and thoughtful Doody s A Contemporary Nursing Process re envisions the practice of nursing by configuring caring in terms of the person the nurse cares for Locsin and Purnell stress the importance of knowing the patient and differentiating the person from the disease This text addresses this highly relevant issue and provides a wealth of insight on how to care for the patient on a personal level while still professionally administering clinical treatment Chapters discuss How to appreciate persons as participants in their care rather than as objects of care The ideal of care versus the practical demands of care Technological advancements shaping human life and nursing The consequences of not knowing the patient on a personal level

**Fundamental Concepts and Skills for the Patient Care Technician - E-Book** Kimberly Townsend Little, 2022-06-19 Master the skills you need to succeed as a patient care technician Fundamental Concepts and Skills for the Patient Care Technician 2nd Edition provides a solid foundation in healthcare principles and in the procedures performed by PCTs and other health professionals Coverage of skills includes patient hygiene infection control taking vital signs moving and positioning of patients blood and specimen collecting and testing ECG placement and monitoring care of the surgical patient care of older adults and more Clear step by step instructions help you learn each procedure and may also be used as skills checklists Written by nursing educator Kimberly Townsend Little this text prepares students for success on Patient Care Technician or Nursing Assistant Certification exams More than 100 step by step skills and procedures cover the information found on the Nursing Assistant and Patient Care Technician certification exams Practice Scenarios present realistic case studies with questions to help you practice critical thinking and apply concepts to the practice setting Delegation and Documentation boxes cover the information needed from the nurse before a procedure and what information should be recorded after the procedure Illness and Injury Prevention boxes highlight important safety issues Chapter review questions test your understanding of important content Chapter summaries emphasize key points to remember Chapter objectives and key terms outline the important concepts and essential terminology in each chapter NEW A chapter on medication administration is added to this edition NEW New content is included on NG and gastric tubes oral suctioning incentive spirometry use of a bladder scanner and inserting peripheral IVs

NEW Updated guidelines include CPR and dietary guidelines      **Nursing Delegation and Management of Patient Care - E-Book** Kathleen Motacki, Kathleen Burke, 2022-04-29 NEW Next Generation NCLEX NGN examination style case studies at the end of each section familiarize you to the way that content will be tested in the new NGN exam NEW Leadership roles competencies and evidence based practice examples are included from across the care continuum ambulatory care long term care and community based care NEW Content on management in a culturally diverse healthcare environment relates to both hospital staff and patients NEW Additional Evidence Based Practice boxes relate to innovation topics in leadership and management NEW Updated organization reflects the Magnet Recognition 2019 and Pathways to Excellence 2016 standards allowing you to learn the skills and competencies that magnet status hospitals require when hiring nurses      Fundamental Nursing Grace Cole, 1996 The second edition of FUNDAMENTAL NURSING CONCEPTS AND SKILLS has been updated and revised to provide comprehensive coverage of the basic concepts and skills practical vocational nurses must master Contents is logically organized in four units that cover foundations of nursing practice factors that influence health and illness basic nursing skills and basic patient needs To address the increased focus on nursing process each chapter begins with an overview of how the process applies to specific content Nursing care plans demonstrate how to translate the basic principles and interventions into practice      *Foundations and Adult Health Nursing - E-Book* Kim Cooper, Kelly Gosnell, 2014-10-01 An all inclusive guide to fundamentals and medical surgical nursing for the LPN LVN Foundations and Adult Health Nursing 7th Edition covers the skills you need for clinical practice from anatomy and physiology to nursing interventions and maternity neonatal pediatric geriatric mental health and community health care Guidelines for patient care are presented within the framework of the five step nursing process Nursing Care Plans are described within a case study format to help you develop skills in clinical decision making Written by Kim Cooper and Kelly Gosnell this text includes all of the content from their Foundations of Nursing and Adult Health Nursing books including review questions to help you prepare for the NCLEX PN examination Full color step by step instructions for over 100 skills show nursing techniques and procedures along with rationales for each The 5 step Nursing Process connects specific disorders to patient care with a summary at the end of each chapter Nursing Care Plans emphasize patient goals and outcomes within a case study format and promotes clinical decision making with critical thinking questions at the end of each care plan Clear coverage of essential A P is provided by an Introduction to Anatomy and Physiology chapter along with an overview of A P in all body systems chapters Student friendly features enhance the learning of nursing skills with summary boxes for Patient Teaching Health Promotion Considerations Complementary and Alternative Therapy Cultural Considerations Older Adult Considerations Home Care Considerations Safety Alert and Prioritization Assignment and Supervision UNIQUE Mathematics review in Dosage Calculation and Medication Administration chapter covers basic arithmetic skills prior to the discussion of medication administration A focus on preparing for the NCLEX examination includes review questions and Get Ready for the NCLEX Examination sections with



key points organized by NCLEX Client Needs Categories Evidence Based Practice boxes provide synopses of nursing research articles and other scientific articles applicable to nursing along with nursing implications for the LPN LVN Nursing Diagnosis boxes summarize nursing diagnoses for specific disorders along with the appropriate nursing interventions UNIQUE Delegation Considerations boxes provide parameters for delegation to nurse assistants patient care technicians and unlicensed assistive personnel Medication Therapy tables provide quick access to actions dosages precautions and nursing considerations for commonly used drugs NEW Reorganized chapters make it easier to follow and understand the material NEW Icons in page margins indicate videos audios and animations on the Evolve companion website that may be accessed for enhanced learning UPDATED illustrations include photographs of common nursing skills      **Document Smart** Theresa Capriotti, 2019-06-26 Feeling unsure about documenting patient care Learn to document with skill and ease with the freshly updated Document Smart 4th Edition This unique easy to use resource is a must have for every student and new nurse offering more than 300 alpha organized topics that demonstrate the latest nursing medical and government best practices for documenting a wide variety of patient conditions and scenarios Whether you are assessing data creating effective patient goals choosing optimal interventions or evaluating treatment this is your road map to documentation confidence and clarity

A TEXTBOOK OF INTRODUCTION TO FORENSIC NURSING AND INDIAN LAWS Prof. (Dr.) Prakash Siddapur, Dr. Santosh Indi, Mr. Akash Jadhav, Dr. Chetankumar S.M., Forensic science has become an indispensable part of the modern judicial system assisting law enforcement agencies in solving crimes and ensuring justice This book A Textbook of Introduction to Forensic Nursing and Indian Laws is structured into five comprehensive units and aims to provide students professionals with a deep understanding of forensic science and its intersection with nursing law and the judicial system The first unit introduces forensic science detailing its history significance in medical science and the role of forensic laboratories in criminal investigations Understanding the evolution of forensic science helps in appreciating its current methodologies and advancements The second unit focuses on violence including its definition epidemiology and sources of data Special emphasis is given to sexual abuse concerning children and women as it remains a critical public health and forensic concern The third unit delves into forensic nursing covering its scope ethical issues and the roles and responsibilities of nurses Nurses play a crucial role in forensic investigations bridging the gap between medical care and legal processes The Indian Nursing Council INC and State Nursing Council SNC Acts are also discussed The fourth unit highlights the forensic team and the collaborative approach required in forensic investigations It also explores comprehensive forensic nursing care evidence preservation and the critical role of forensic nurses in the justice system The final unit introduces the Indian Constitution the judicial system and various laws including the Indian Penal Code IPC the Indian Evidence Act and the Protection of Children from Sexual Offences POCSO Act      **Nursing Documentation** Patricia W. Iyer, Nancy Hand Camp, 1999 Accurate documentation shows managed care companies that patients receive adequate care and that health care providers are

controlling costs and resources This book clearly and concisely provides guidelines for appropriate and careful documentation of care This new edition includes the latest changes and trends in nursing documentation as they relate to the newly restructured healthcare environment     *Drain's PeriAnesthesia Nursing - E-Book* Jan Odom-Forren, 2022-12-27  
Selected for Doody's Core Titles 2024 with Essential Purchase designation in Perioperative Trusted for more than 30 years  
Drain's PeriAnesthesia Nursing A Critical Care Approach 8th Edition provides comprehensive clinical content tailored specifically for perianesthesia nurses An easy to use format with five distinct sections covering the PACU anatomy and physiology pharmacology nursing care and special considerations means you get the equivalent of five books in one Nursing and pharmacologic interventions are integrated with in depth coverage of pathophysiology and updated content includes the latest standards and current issues affecting perianesthesia nursing practice Focusing on research documentation and psychosocial considerations this is the one book that can take you all the way from being a novice nurse in the PACU to preparing for CPAN or CAPA certification Five separate sections provide comprehensive coverage including the PACU anatomy and physiology pharmacology nursing care and special considerations Coverage of current policies and issues affecting perianesthesia nursing practice includes patient safety infection control managed care implications pain management and bioterrorism Comprehensive information on the various types of anesthetic agents familiarizes you with what will be used in the PACU Special Considerations section details the care of patients with conditions such as malignant hyperthermia substance abuse sickle cell anemia and cardiac arrest UPDATED Revised content throughout provides the most up to date information for effective perianesthesia nursing practice NEW Full color layout makes content more visually appealing and highlights important information NEW Information on SARS COVID 19 is now included in the Pathogens chapter NEW Chapter on International Care of the Perianesthesia Patient offers complete coverage on this key topic UPDATED Coverage of pain management for the perianesthesia patient features the latest guidelines UPDATED Patient with Chronic Disorders chapter provides current information on caring for these patients UPDATED Evidence Based Research boxes provide the latest standards of care

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