

# Conduct Disorder Treatment Plan

|   |   |
|---|---|
| Patient information   |   |
| Name: Ellie Smith   | Date of birth: 03/15/2010   |
| Medical record number: 987654   | Date: 12/16/2024  |
| Presenting problem/reason for referral:   |   |
| Ellie has been referred for evaluation and treatment due to persistent behavioral challenges, including frequent aggression, defiance toward authority figures, and violations of social norms both at home and school. These behaviors have been disruptive to her relationships and daily functioning.  |   |
| Diagnostic impressions:   |   |
| Ellie meets the diagnostic criteria for Conduct Disorder, as outlined in the DSM-5, characterized by repetitive and persistent patterns of behavior violating the rights of others or age-appropriate social rules.   |   |
| Goals and objectives  |   |
| Short-term goals  | Long-term goals   |
| Develop an understanding of acceptable social behaviors and consequences of actions through therapy sessions within the next three months.<br>Reduce the frequency of aggressive outbursts by 25% through the implementation of behavioral management strategies.   | Achieve sustained behavioral improvements that foster positive relationships with family, peers, and school staff.<br>Successfully integrate coping mechanisms to manage anger and frustration over the next 12 months. |
| Interventions   |   |
| Cognitive-Behavioral Therapy (CBT): Focus on improving impulse control, empathy, and problem-solving skills.<br>Family Therapy: Engage family members to strengthen communication and provide consistent reinforcement of appropriate behaviors.<br>Behavioral Contracting: Develop and implement a behavior plan with clear expectations, rewards, and consequences.<br>Social Skills Training: Role-playing exercises to teach Ellie how to interact with peers and authority figures constructively. |   |
| Support system  |   |
| Parents: Jennifer and Mark Smith, who will actively participate in family therapy and support behavioral goals at home.<br>School Counselor: Ms. Lauren Green, providing updates on Ellie's progress and collaborating on interventions.<br>Community Mentor Program: Enroll Ellie in a mentoring program to offer positive role modeling and constructive activities.  |   |

# Sample Iep Goals For Conduct Disorder

**M Mark**



## **Sample Iep Goals For Conduct Disorder:**

## Embracing the Tune of Appearance: An Psychological Symphony within **Sample Iep Goals For Conduct Disorder**

In a global eaten by displays and the ceaseless chatter of instant connection, the melodic beauty and emotional symphony developed by the written term often fade in to the background, eclipsed by the persistent noise and distractions that permeate our lives. However, nestled within the pages of **Sample Iep Goals For Conduct Disorder** a marvelous fictional treasure overflowing with natural feelings, lies an immersive symphony waiting to be embraced. Constructed by an elegant musician of language, this fascinating masterpiece conducts viewers on an emotional journey, skillfully unraveling the hidden melodies and profound impact resonating within each carefully constructed phrase. Within the depths with this moving examination, we can investigate the book is central harmonies, analyze their enthralling publishing type, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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