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# ROGERBLACK

FITNESS

ROGERBLACK  
FITNESS

TIME/DIS.

8888

SPEED

8.8.8

CAL/PUL.

8888

5MIN

10MIN

15MIN

20MIN

25MIN

10MIN

15MIN

20MIN

25MIN

30MIN

START

MODE

PROG.

SLOW

FAST

STOP



ROGER  
BLACK

# Roger Black Silver Medal Treadmill Manual

**Katrin Zwirgmaier**



## **Roger Black Silver Medal Treadmill Manual:**

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