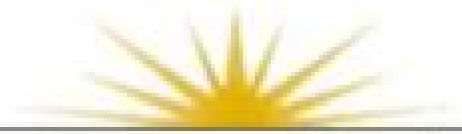


Homemade Hypertonic Saline Solution



New research shows daily saline gargle and nasal rinse reduces transfer of viruses by 25%. Listed below is Dr. Craig Denham's recipe for this solution that will support your health!

Ingredients:

Boiled Water	4 cups; at a rolling boil for 3 minutes to purify
Sea Salt	2 tbs; or table salt (non-iodized salt preferred but not critical)

Directions:

- Wash hands thoroughly
- Choose a clean container/flask
- Add the salt. Pour the freshly boiled water into the container and mix thoroughly until salt completely dissolves
- Close the container with an airtight lid and store in the refrigerator

Recipe For Homemade Sterile Saline

Yijin Wang



Recipe For Homemade Sterile Saline:

The Enigmatic Realm of **Recipe For Homemade Sterile Saline**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Recipe For Homemade Sterile Saline** a literary masterpiece penned by way of a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of people who partake in its reading experience.

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