



# Bell pepper, Coriander, and Chicha Morada Warabi Mochi

Warabi mochi is a chewy dessert made from warabi starch, a starch extracted from the root of the warabi fern. Typically eaten hot, many Japanese sweets, with taro root, sweet potatoes, kinako (cocoa) and black sugar syrup, all have a little different

## MAKES 12 PEICES EACH

### BELL PEPPER WARABI MOCHI

10 g red bell pepper, roughly chopped  
10 g kiwi root  
10 g ground sugar  
10 ml water

For the filling, use 10 g roughly chopped red bell pepper, 10 ml water and 10 g ground sugar

### CORIANDER WARABI MOCHI

10 g coriander, roughly chopped  
10 g kiwi root  
10 g ground sugar  
10 ml water

For the filling, use 10 g coriander root, 10 g kiwi root and 10 g ground sugar

### CHICHA MORADA WARABI MOCHI

10 ml chicha morada juice  
10 g kiwi root  
10 g ground sugar  
10 ml water

For the filling, use 10 ml chicha morada juice, 10 g ground sugar and 10 g kiwi root

Warabi mochi is a chewy dessert made from warabi starch, a starch extracted from the root of the warabi fern.

For the Bell Pepper Warabi Mochi, make the filling first. Place the bell pepper (10 g) and water (10 ml) in a food processor and mix until pulsed. Place the kiwi root and sugar (10 g) in a saucepan and add up the heat. Cook to room temperature and transfer to the refrigerator to chill.

Place the bell pepper (10 g) into a food processor and mix by adding water (10 ml) little by little, until pulsed. Place the kiwi root, coriander, water and sugar (10 g) in another saucepan and mix similarly using gentle over low heat until the mixture thickens. Cook to room temperature.

Stretch the warabi mochi dough and filling into squares each. Flatten the dough a little, put a filling in the center, and gently shape into a ball.

For the Chicha Morada Mochi, place the chicha morada in a food processor and mix by adding water (10 ml)

until pulsed in a saucepan, add the chicha morada, water, kiwi root, sugar and water (10 ml). Mix with a stick blender for the mixture using gentle over low heat, until the mixture thickens. Cook to room temperature. Form into balls as for the bell pepper warabi mochi.

For the Chicha Morada Warabi Mochi, make the filling first. Place the kiwi root, sugar (10 g), sugar powder in a saucepan and heat until the sugar and sugar powder dissolves. Cook to room temperature and transfer to the refrigerator to chill.

Place the chicha morada, water, kiwi root, and sugar (10 g) in a saucepan and stir the mixture using gentle over low heat, until the mixture thickens. Cook to room temperature. Form into balls as for the bell pepper warabi mochi.

Warabi mochi can be substituted with kinako or yam mochi.

They do not keep long, so eat more after making them. It's called in the refrigerator, they turn white and tough.

# Nobu The Cookbook

**Lei Huang**



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