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Professional Chef Study Guide

Wayne Gisslen, Mary Ellen Griffin



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The Professional Chef The Culinary Institute of

America (CIA),2011-09-13 The bible for all chefs Paul Bocuse Named one of the five favorite culinary books of this decade by Food Arts magazine The Professional Chef is the classic kitchen reference that many of America s top chefs have used to understand basic skills and standards for quality as well as develop a sense of how cooking works Now the ninth edition features an all new user friendly design that guides readers through each cooking technique starting with a basic formula outlining the method at a glance offering expert tips covering each method with beautiful step by step photography and finishing with recipes that use the basic techniques The new edition also offers a global perspective and includes essential information on nutrition food and kitchen safety equipment and product identification Basic recipe formulas illustrate fundamental techniques and guide chefs clearly through every step from mise en place to finished dishes Includes an entirely new chapter on plated desserts and new coverage of topics that range from sous vide cooking to barbecuing to seasonality Highlights quick reference pages for each major cooking technique or preparation guiding you with at a glance information answering basic questions and giving new insights with expert tips Features nearly 900 recipes and more than 800 gorgeous full color photographs Covering the full range of modern techniques and classic and contemporary recipes The Professional Chef Ninth Edition is the essential reference for every serious cook **The Professional Chef** The Culinary Institute of

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CIA and Harvard's Menus of Change initiative highlighting that vegetables can also be the star at the center of the plate. The authors merged meat and vegetable cookery chapters and updated some recipes to feature plant-based ingredients all revised in the CIA's own test kitchen. Chapters are reorganized to follow the CIA Culinary Fundamentals course more closely with new troubleshooting sections based on frequent classroom questions to help students and chefs solve problems before they occur with updated text and photo examples. Updates for instructors and students include Method at a Glance and Method in Details features provide overviews and in-depth step-by-step guidance. Beyond the Basics sections offer ideas for expanding and improving upon techniques and recipes with Tips of the Trade advice from real-world kitchens. Preserving the Flavor provides finishing instructions for each recipe and suggestions for reusing recipe byproduct. Techniques now include two sections of recipes: base examples and More to Try variations for further exploration plus Quality Criteria that describe the expected results from each technique. Includes even more recipes illustrated with over 100 new full-color photos of ingredients, techniques, and plated dishes. Over 300 photos in total. With focus on the simplicity and freshness of food and perfect kitchen technique. The Professional Chef Tenth Edition is an essential introduction for students and reference for every professional and home cook.

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