

Physical Therapy Letter

Patient

Name:

Date:

Patient ID:

Created By:

Referring Physician:

Diagnosis:

To Whom It May Concern,

_____ is a 14 year old male with Duchenne muscular dystrophy who is receiving outpatient physical therapy services at _____. _____ presented to physical therapy services as a self-referral initiated by his mother for a physical therapist-directed manual stretching program and to teach management skills to both the patient and his mother. A letter of medical necessity dated 1/18/2017 was sent to justify the medical necessity of components for a Numotion power wheelchair.

In a recent letter from BCBS of Illinois, several components of the Mr. _____'s power wheelchair, notably the E2301 power standing feature (with KO 1.0H stander accessory), and E2300 power seat elevation system were denied on the basis that they were not of medical necessity. The purpose of this letter is to add further justification to the claims that these components would help the patient best maintain his independence as well as have proven health benefits.

The E2301 power standing feature is medically necessary as the use of a standing wheelchair is expected to prolong _____'s abilities by reducing the risk of secondary complications that result when boys with DMD become dependent on their wheelchair and are no longer able to achieve upright, vertical positioning. As discussed in the prior letter of medical necessity, it is expected that the Mr. _____ will continue to lose function as part of expected progression of his condition. It is anticipated that he would be unable to stand with appropriate postural alignment due to significant weakness and the negative effects of his progressive neuromuscular disease. Therefore, he will require a supportive standing device to:

- reduce the risk/rate of further contracture development
- reduce the risk/rate of developing further scoliosis
- promote improved cardiovascular function
- promote improved respiratory function
- promote bone health
- preserve muscle strength (avoiding over fatigue of muscles)
- reduce the risk of skin breakdown due to prolonged sitting
- provide psycho-social benefits of being upright
- facilitate gastrointestinal motility
- promote healthy bowel and bladder functions

Please refer to the cited RESNA Position on the Application of Wheelchair Standing Devices and the Consensus statement on standard of care for congenital muscular dystrophies for research to support this medical need.

Other options for supportive stander devices were considered in our assessment such as those offered by companies such as Rifton and EasyStand. These devices would allow for the same health benefits listed above and were initially considered for this purpose. However, the E2301 stander function was selected as this wheelchair component would allow Joseph to be independent with his standing program and assist with energy conservation - requiring less transfers throughout the day, and to allow full independent access to his environment. Overuse of muscles is contraindicated in

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A Gutmann



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