



OBSTETRICS/GYNECOLOGY



COMPLETE STUDY SHEETS

MENOPAUSE

KEY INFORMATION

- Definition of menopause is **4 years**
- 51 years

ETIOLOGY / PATHO

- 40-50 years old
- Hypothalamic-pituitary-ovarian axis
- Hypothalamic-pituitary-ovarian axis
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- Hypothalamic-pituitary-ovarian axis
- Hypothalamic-pituitary-ovarian axis
- Hypothalamic-pituitary-ovarian axis
- Hypothalamic-pituitary-ovarian axis

DIAGNOSIS

- 1. FSH > 30 U/L
- 2. LH > 10 U/L
- 3. Estradiol < 73 pg/mL
- 4. Estrone < 100 pg/mL
- 5. Estradiol/Estrone ratio < 0.1
- 6. FSH > 30 U/L
- 7. LH > 10 U/L
- 8. Estradiol < 73 pg/mL
- 9. Estrone < 100 pg/mL
- 10. Estradiol/Estrone ratio < 0.1
- 11. FSH > 30 U/L
- 12. LH > 10 U/L
- 13. Estradiol < 73 pg/mL
- 14. Estrone < 100 pg/mL
- 15. Estradiol/Estrone ratio < 0.1

SYMPTOMS & EXAM

- Vasomotor symptoms
- Hot flashes & night sweats
- Weight changes
- Mood fluctuations & depression
- Sleep disturbance & insomnia
- Bone loss
- Heart disease
- Hypertension
- Diabetes
- Dyslipidemia
- Osteoporosis
- Anemia
- Depression

TREATMENT

- 1. Hormone therapy (HT)
- 2. Non-hormonal therapies
- 3. Lifestyle modifications
- 4. HT types
- 5. HT risks
- 6. Non-hormonal therapies
- 7. HT types
- 8. HT risks
- 9. Non-hormonal therapies
- 10. HT types
- 11. HT risks
- 12. Non-hormonal therapies
- 13. HT types
- 14. HT risks
- 15. Non-hormonal therapies

• DON'T FORGET! NO MENSES +1 YEAR

BACTERIAL VAGINOSIS

KEY INFORMATION

- Prevalence
- Bacterial vaginosis

ETIOLOGY / PATHO

- Anaerobic bacteria
- Disruption of normal flora
- Disruption of normal flora
- Disruption of normal flora
- Disruption of normal flora
- Disruption of normal flora
- Disruption of normal flora
- Disruption of normal flora
- Disruption of normal flora

DIAGNOSIS

- Amsel criteria
- pH > 4.5
- Clue cells
- Whiff test
- Fishy odor
- Fishy odor
- Fishy odor
- Fishy odor
- Fishy odor

SYMPTOMS & EXAM

- 1. Discharge
- 2. Odor
- 3. Irritation
- 4. Itching
- 5. Burning
- 6. Pain
- 7. Discharge
- 8. Odor
- 9. Irritation
- 10. Itching
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