

| Component                | 1-week               |      | 1-month              |      | Paired |        |
|--------------------------|----------------------|------|----------------------|------|--------|--------|
|                          | Post-hospitalization |      | Post-hospitalization |      |        |        |
|                          | M                    | SD   | M                    | SD   |        |        |
| Subjective sleep quality | 2.05                 | 0.95 | 1.38                 | 0.96 | 5.52   | < .001 |
| Sleep latency            | 1.90                 | 1.16 | 1.43                 | 1.19 | 3.93   | < .001 |
| Sleep duration           | 1.74                 | 1.27 | 1.14                 | 1.14 | 5.55   | < .001 |
| Sleep efficiency         | 2.07                 | 1.15 | 1.67                 | 1.13 | 3.54   | < .001 |
| Sleep disturbance        | 1.44                 | 0.56 | 1.18                 | 0.42 | 4.25   | < .001 |
| Daytime dysfunction      | 2.36                 | 0.90 | 1.64                 | 0.90 | 6.23   | < .001 |
| Sleep medication use     | 0.92                 | 1.36 | 0.66                 | 1.11 | 2.37   | .02    |
| Global PSQI score        | 12.39                | 5.26 | 9.09                 | 5.12 | 6.39   | < .001 |

PSQI: Pittsburgh Sleep Quality Index; M: mean; SD: standard deviation.

# New Psqi Scoring Table

**K Payea**



## **New Psqi Scoring Table:**

## **New Psqi Scoring Table** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**New Psqi Scoring Table**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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