

# Salt Water Flush Benefits



- 1** Eases Sore Throats
- 2** Cleans Wounds
- 3** Lowers Pain in Inflamed Muscles
- 4** Provides Trace Minerals
- 5** Contracts Muscles in the Digestive Tract
- 6** Forces Out Toxins and Cleanses the Colon
- 7** Clears Fluid Retention
- 8** Balances Electrolyte /Mineral Levels
- 9** Balances Hormones
- 10** Facilitates Metabolic Processes
- 11** Establishes Optimal pH Level
- 12** Clears Up Digestive Issues

# Saltwater Cleanse Recipe

**Annelies Wilder-Smith**



## **Saltwater Cleanse Recipe:**

Immerse yourself in heartwarming tales of love and emotion with is touching creation, Experience Loveis Journey in **Saltwater Cleanse Recipe** . This emotionally charged ebook, available for download in a PDF format ( PDF Size: \*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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