

D.1. Conduct preference assessments

A **preference assessment** is conducted to identify potential reinforcers. Note, we don't know that these things are actually reinforcing until we see if applying the items increases a behavior. To determine if a potential reinforcer is actually reinforcing, we can do a reinforcer assessment.

Here are some ways to identify a potential reinforcer:

- Ask the learner about their preferences. This is an indirect method. This method can be done by asking open-ended questions, choice format, or rank ordering.
- **Pre-task choice** - Ask the learner before they work on a task what they would like to "earn" for completing the task. They can choose from 2-3 items presented.
- **Free operant observation** - Stay observant and see what the individual gravitates to naturally and plays with in an unrestricted room. The total duration of time that the learner engages with each item or stimulus is recorded. The longer they engage with the stimulus, the stronger the item is preferred.
- **Trial-based methods** are formal methods to determine potential reinforcers.
 - **Single Stimulus** (or successful choice method) - A stimulus is presented and the person's reaction to it is noted. This is helpful with individuals who may have trouble choosing between two or more items.
 - **Paired Stimuli** (or forced choice method) - each trial consists of presenting two items and recording the learner's choice of the two. Data is recorded on how many times an item was chosen and then items are rank ordered. This method takes the most time to implement but is said to be the most accurate.
 - **Multiple Stimuli** is where many items are presented at one time.
 - **Multiple Stimuli with Repetition** - the item chosen remains in the array of options and all other items that were not selected are replaced by other items.
 - **Multiple Stimuli without Repetition** - the item chosen first is taken out of the array and the array diminishes in size on each selection. Second, third, and fourth (etc. choice are recorded in rank order).

D.2. Assist with individualized assessment procedures: curriculum-based, developmental, social skills

Behavioral and Environmental Assessment - conducting observations of a client's behavior in their natural environment. An RBT can provide observations of the client's behavior.

Preference Assessment - Determine what items are most preferred by a learner. An RBT can assist with conducting stimulus preference assessments or reinforcer assessments.

Individualized Assessment - curriculum-based, developmental, and/or social skills assessment conducted in interview format.

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