

## Percussion

### Proper Technique

1. Hyperextend the middle finger of one hand and place the distal interphalangeal joint **firmly** against the patient's chest.
2. With the end (not the pad) of the opposite middle finger, use a quick flick of the wrist to strike first finger.
3. Categorize what you hear as normal, dull, or hyperresonant.
4. Practice your technique until you can consistently produce a "normal" percussion note on your (presumably normal) partner before you work with patients.



### Diaphragmatic Excursion

1. Find the level of the diaphragmatic dullness on both sides.
2. Ask the patient to inspire deeply.
3. The level of dullness (diaphragmatic excursion) should go down 3-5 cm symmetrically.



Posterior Chest



Anterior Chest

### Anterior Chest

1. Percuss from side to side and top to bottom using the pattern shown in the illustration.
2. Compare one side to the other looking for asymmetry.
3. Note the location and quality of the percussion sounds you hear.

### Posterior Chest

1. Percuss from side to side and top to bottom using the pattern shown in the illustration. Omit the areas covered by the scapulae.
2. Compare one side to the other looking for asymmetry.
3. Note the location and quality of the percussion sounds you hear.
4. Find the level of the diaphragmatic dullness on both sides.

### Interpretation

Percussion Notes and Their Meaning	
Flat or Dull	Pleural Effusion or Lobar Pneumonia
Normal	Healthy Lung or Bronchitis
Hyperresonant	Emphysema or Pneumothorax

# Nln Physical Assessment Exam Study Guide

**Léo Pomar**



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