

Mental Health Exam 2 Study Guide

1. Major Depressive Disorder (MDD) CH. 14

Medications:

SSRI's: -TINE, -LINE, -PRAM. Improves mood. 1st line of therapy, rare risk of serotonin syndrome (2-72 hrs after meds).

—Adverse Effects: N/V/D, HA, diaphoresis, tremor, drowsiness, sexual dysfunction, weight gain, fatigue.

—Contraindications: Alcohol, anticoagulant, NSAID, MAOIs, Bipolar (risk for mania), hx of GI bleed/ulcers.

—Interventions: 2-4 weeks for full effect, do not withdraw suddenly, monitor suicide impulses.

SNRI's: Inhibit reuptake of serotonin and norepinephrine. Do not stop abruptly.

—Adverse Effects: HA, sleep disturbances, nausea, hyponatremia, anorexia, HTN, sexual dysfunction, dry mouth, anxiety, agitation

—Contraindications: Pregnancy, MAOIs, St. John's Wort, opiates, hepatic disease, alcohol, antihistamines, sedatives, NSAIDs, anticoagulants

Tricyclic: —trip, -pramine.

Anticholinergic effects (drying). For Fibromyalgia, neuropathic pain, insomnia, bipolar, anxiety.

—Side effects: Orthostatic hypotension, dry mouth, blurred vision, urinary retention, constipation, tachycardia, seizures, photophobia.

—Interactions: MAOIs, antihistamine, alcohol, benzodiazepines, opioids.

MAOIs (Monoamine oxidase inhibitors): Blocks destruction of serotonin,

norepinephrine, epinephrine. 1st line for atypical and Bulimia Nervosa

—Side effects: Anxiety, edema, insomnia, hypomania, agitation, orthostatic hypotension

—Contraindications: cerebrovascular accident, congestive heart failure, hypertension, liver disease. TYRAMINE

Interventions/Education:

Depression/suicidal screening tool, Antidepressants. Assisting with ADLs, spend time with client.

reevaluate/monitor. Encourage patient to participate in activities. ECT, TMS, vagus nerve stimulation, light therapy.

Risk Factors: Female, adverse childhood experience, stressful life events, first-degree family members with MDD, Neuroticism (negative personality trait characterized by fear/anxiety/jealousy), substance abuse, personality disorder, chronic/disabling medical conditions.

Manifestations: 5 or more in 2 week period = Depressed mood, loss of interest (anhedonia), weight loss/gain, insomnia/hypersomnia, lethargy, feeling worthless, recurrent thoughts of death, psychomotor agitation/inability to think or decide.

Persistent: 2 weeks—6months

Chronic: Lasting more than 2 yrs

2. Suicide CH.25

Risk Factor: Psychiatric disorders, alcohol/substance abuse, male gender, increasing age, race (85-95% Caucasian), religion, single, profession, physical health, sexuality, military personnel, isolation/loss, previous attempts/family history.

*Major diagnoses at risk: MDD, newly diagnosed schizophrenia

Risk Levels: someone that has the means as well as a plan is a higher risk.

Important Assessments:

*Suicide Assessment Five-Step Evaluation and Triage (SAFE-T)

Pholbothomist Training Study Guide

Albert A Gayle



Pholbothomist Training Study Guide:

Pholbothomist Training Study Guide Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has been apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Pholbothomist Training Study Guide**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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