

THE PARENTAL STRESS SCALE: INITIAL PSYCHOMETRIC EVIDENCE

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ABSTRACT

The development of a measure of parental stress, the Parental Stress Scale, is presented. All participants (total $N = 1276$) completed the Parental Stress Scale and some also completed the Parenting Stress Index, a generic measure of stress called the Perceived Stress Scale, relevant measures of emotions and role satisfaction (e.g. loneliness, marital satisfaction, guilt, etc.), and one group completed the Parental Stress Scale twice. Analyses suggested that the Parental Stress Scale is highly reliable, both internally and over time, and related to the general measure of stress. Also, results were consistent across parents of differing parental characteristics, suggesting the stability of scale characteristics. The validity of Parental Stress Scale scores was supported by predicted correlations with measures of relevant emotions and role satisfaction and significant discrimination between mothers of children in treatment for emotional/behavioral problems and developmental disabilities vs mothers of children not receiving treatment. Finally, a factor analysis suggested that a 4-factor structure underlies responses to the Parental Stress Scale, despite its high internal reliability.

KEY WORDS • parenting • parents • stress

Research indicates that vulnerability to stress has important implications for adjustment and well-being and recent evidence emphasizes the uniqueness of stress responses to individuals and specific stressors (cf. Lazarus & Folkman, 1984). In this regard, the measurement of parental stress has received limited attention. Although some general stress inventories (e.g. Kanner et al., 1981) include items related to parenting, it is not possible to differentiate the stress

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Parental Stress Scale Manual

Lorraine T. Benuto, Brian D. Leany



Parental Stress Scale Manual:

Handbook of Family Measurement Techniques: Abstracts John Touliatos, Barry F. Perlmutter, Murray A.

Strauss, George W. Holden, 2000-12-27 This three volume handbook represents a significant and indispensable reference tool for those studying the family Vol 1 contains full abstracts of 504 instruments plus abbreviated descriptions of another 472 Basic scale construction issues can be examined through the combined use of Vol 2 3 An excellent reference tool that will fulfil researchers and clinicians need for quality instrumentation *Evaluating Competencies* Thomas Grisso, 2006-01-27 As

in its first edition this book offers a conceptual model for understanding the nature of legal competencies The model is interpreted to assist mental health professionals in designing and performing assessments for legal competencies defined in criminal and civil law and to guide research that will improve the practice of evaluations for legal competencies A special feature is the book's evaluative review of specialized forensic assessment instruments for each of several legal competencies Three fourths of the 37 instruments reviewed in the second edition are new and thus were not reviewed in the first edition Application of the assessment model and reviews of instruments are provided for six areas of legal competence Competence to Stand Trial Waiver of Rights to Silence and Legal Counsel Not Guilty by Reason of Insanity Parenting Capacity Determination of Child Custody Guardianship and Conservatorship and Competence to Consent to Treatment

Assessment of Childhood Disorders, Fourth Edition Eric J. Mash, Russell A. Barkley, 2012-08-22 This book has been replaced by Assessment of Disorders in Childhood and Adolescence Fifth Edition ISBN 978 1 4625 4363 2

The Evidence-based Parenting Practitioner's Handbook Kirsten Asmussen, 2012-05-23 The Evidence based Parenting Practitioner's Handbook provides a comprehensive overview of the knowledge necessary to effectively deliver evidence based parenting interventions within community and health settings Using clear examples of how this knowledge can inform frontline work with parents this practical handbook includes an overview of the policy context underpinning evidence based parenting work in the US UK Australia and Norway a discussion of how a robust evidence base is established and the ways in which practitioners can access information about good quality research an overview of how research in the field of child development has contributed to the development of evidence based parenting interventions an overview of how theories and research in the field of therapeutic practice have contributed to the development of evidence based parenting interventions what research evidence suggests about the role of the practitioner in the delivery of evidence based support outcome focused methods for establishing the evidence base of new parenting interventions outcome focused methods for commissioning evidence based parenting services Emphasizing the ways in which practitioners can evaluate and translate messages from research into applied work with parents and families The Evidence based Parenting Practitioner's Handbook is suitable for all those involved in the delivery of evidence based parenting support including frontline practitioners service managers parenting commissioners heads of children's services and policy makers *The Application of the Third Generation of*

Cognitive-Behavioral Approaches to Parenting Helena Moreira, Eva S. Potharst, Maria Cristina Canavarro, 2019-12-10 In recent years there has been growing interest in understanding how the third generation of cognitive behavioral approaches particularly mindfulness compassion and acceptance based approaches can contribute to the design of more efficacious parenting interventions and to a better understanding of parenting behaviors and the parent child relationship However the application of third generation cognitive behavioral therapies and concepts to parenting is still in its infancy and further research is needed to explore the potential of these approaches to enhance existing parenting interventions or to inform the development of new parenting interventions targeting different groups of parents and their children More research is also needed to understand how mindfulness self compassion acceptance and other related psychological processes may influence parenting practices the parent child relationship and the child s socioemotional development With this e book presenting state of the art research articles on third generation cognitive behavioral approaches a new step is taken in 1 exploring relations between parenting related issues and concepts from the third generation cognitive behavioral framework and 2 examining parenting interventions informed by third generation cognitive behavioral therapies

Handbook for Child Protection Practice Howard Dubowitz, Diane DePanfilis, 1999-12-22 The timing of the publication with the revised Working Together guidelines could not be more advantageous This book is a unique and important contribution to child care literature No agency should be without Child Abuse Review Professionals concerned with the protection of children face many challenges This work demands knowledge from several disciplines a wide variety of skills and interdisciplinary collaboration The editors Howard Dubowitz a pediatrician and Diane DePanfilis a social worker together with over 70 experts in this field offer what is known about how best to work with maltreated children and their families in a very practical concise and user friendly way Structured to follow the life of a case from the time a report of child maltreatment is made through the various pathways in the child protection system this edited volume synthesizes the best practice principles for responding to reports of child abuse and neglect engaging children and other family members in intervention developing cross cultural practice competencies assessing risk evaluating safety and conducting family assessments defining outcomes and planning intervention evaluating risk reduction and making permanency decisions and discusses the unique legal medical ethical and other practice issues that work in the child protection field involves Professionals facing tough dilemmas in practice should find valuable guidance in these pages

Pediatric Environmental Neurobehavioral Test Battery Robert W. Amler, Michael Gibertini, 1996

Hispanic/Latino Evaluation Handbook Richard C. Cervantes, 1997

Forensic Uses of Clinical Assessment Instruments Robert P. Archer, Elizabeth M. A. Wheeler, 2013-04-26 This book provides in a single volume an extensive research based evaluation of the most popular clinical assessment tools as applied in forensic settings These widely used instruments often require important modifications in their administration and interpretation when used for forensic purposes and it is vital that the clinician is intimately familiar with their correct application as well as their limitations The

test instruments included are analyzed by senior figures in the field of psychological assessment who are uniquely qualified to discuss them because they have either had a crucial role in the development of the tests or they have dedicated their careers to advancing our understanding of these clinical assessment measures Each chapter begins with a summary of the development of the assessment instrument in its more traditional applications in clinical settings and then considers its utilization in forensic settings The types of forensic issues which have been addressed with that instrument are reviewed and an illustrative case example is given which reflects the types of uses and limitations of the assessment technique when applied in a forensic context New in this edition are a chapter on the MMPI 2 RF and separate chapters for the adult and youth versions of the Hare Psychopathy Checklist Psychologists using assessment instruments in applied forensic settings will find this to be a valuable and practical source of information as will attorneys wishing to gain an understanding of the application of these psychological assessment approaches in the courtroom

Principles of Assessment and Outcome Measurement for Occupational Therapists and Physiotherapists Alison Laver Fawcett, 2013-03-15 This textbook on assessment and outcome measurement is written for both occupational therapy and physiotherapy students and qualified therapists It begins by defining what is meant by assessment outcome evaluation and measurement and discussing the complexity of therapy assessment and measurement including the challenge of measuring human behaviour and the impact of factors such as task demand and context including the environment Methods of data collection e g observation interview standardised testing and sources e g self report proxy for collecting information about clients are then reviewed and the main purposes of assessment e g descriptive evaluative predictive discriminative presented The book then addresses the topics of standardisation levels of measurement reliability validity and clinical utility There is a chapter describing and applying models for categorizing levels of function to aid assessment and measurement The concept of clinical reasoning and reflective practice is then explored Application of principles is supported through detailed case studies and worksheets and the criteria for test critique and guidelines for choosing a particular assessment approach are discussed

Parenthood and Mental Health Sam Tyano, Miri Keren, Helen Herrman, John Cox, 2010-04-06 Across all cultures parenting is the foundation of family life It is the domain where adult mental health meets infant development Beginning in pregnancy parenting involves many conscious and unconscious processes which have recently been shown to affect a child's development significantly This book focuses on pregnancy and the first year of life providing a thorough account of the points of encounter between adult and infant psychiatry In a fresh and comprehensive way it summarises knowledge about early parenting including a critical analysis of parenting what it means to be a good enough parent and its relationship to infant parent and family outcomes In addition to the psychiatric dimension the book emphasises the biological aspects of parenting parental psychopathology and normal and abnormal infant development Praise for Parenting and Mental Health Tyano Keren Herrman and Cox have edited a thoughtfully prepared guide on normal and abnormal parenting They have with enormous skill and wisdom helped to unite

the important aspects of pregnancy infant and childhood development and parenting for adult and child and adolescent psychiatrists World class internationally recognized clinicians and researchers help make this book useful throughout the world This is a masterful culturally sensitive and important book which provides a long overdue and much needed guide on relationships among children parents and families Michelle Riba M D M S Professor and Associate Chair for Integrated Medical and Psychiatric Services Department of Psychiatry University of Michigan USA During recent decades progress in the field of infant mental health has been revolutionary at the same time there has been rapid development in women s mental health By bringing these two together this pioneering book leads its readers to the vital new focal point around perinatal mental health The book integrates the origins of developmental psychiatry in attachment and systemic contexts and shows concretely how relationship experiences and biology interact when new life begins After describing the fascinating world of early parenting the book focuses on problems difficulties and disorders during this phase of life and above all on how to support intervene and treat disorders in parenting When infants mothers and fathers are understood in a holistic way professionals in many fields will be able to promote the transmission of meaningful life through parenthood and parenting

Tuula Tamminen Professor of Child Psychiatry University of Tampere Finland Past President of World Association for Infant Mental Health President of European Society for Child and Adolescent Psychiatry Cover design by Reouth Keren **Child Abuse and Neglect** John T. Pardeck, 2021-12-23 First Published in 1989 Child Abuse and Neglect attempts to focus on the problem of child maltreatment by using a multidisciplinary approach It presents findings from the fields of psychiatry psychology education sociology and social work from a broad theoretical perspective Both micro and macro approaches are stressed in the work with particular emphasis on social factors related to child abuse and neglect characteristics of adults and families likely to abuse and neglect and interesting strategies of treatment including family therapy Professionals actively involved in research and theory building as well as those who work directly with abused and neglected children will find this book a useful form of reference Short-Term Play Therapy for Children, Third Edition Heidi Gerard Kaduson, Charles E. Schaefer, 2016-06-29 Subject Areas Keywords adolescents art therapy behavioral problems brief child psychotherapy children creative therapies developmental disabilities emotional problems families family interventions parents play therapy psychological disorders short term solution focused trauma DESCRIPTION Illustrated with rich case examples this widely used practitioner resource and text presents a range of play approaches that facilitate healing in a shorter time frame Leading play therapists from diverse theoretical orientations show how to tailor brief interventions to each child s needs Individual family and group treatment models are described and clinical guidelines are provided Chapters demonstrate ways to rapidly build alliances with children adolescents and their caregivers plan treatment for frequently encountered clinical problems and get the most out of play materials and techniques Guide to Psychological Assessment with African Americans Lorraine T. Benuto, Brian D. Leany, 2014-11-20 The movements toward cultural sensitivity and

evidence based practice are watershed developments in clinical psychology As a population with a long history of substandard treatment from mental health systems African Americans have especially benefitted from these improvements But as with other racial and ethnic minorities finding relevant test measures in most psychological domains presents clinicians with an ongoing challenge The Guide to Psychological Assessment with African Americans aims to close the evaluation therapy gap by giving practitioners the tools to choose appropriate instruments while respecting client individuality Expert contributors analyze scarce and far flung data identify strengths and limitations of measures and norms in their use with African American clients and advise on avoiding biases in interpreting results The editors advocate for a theory based hypothesis testing approach to assessment when empirical evidence is lacking and offer guidelines for decision making that is effective as well as ethnically aware The Guide s findings insights and practical information cover the gamut of test and diagnostic areas including IQ and personality Generalized anxiety disorder panic and phobias Neuropsychological assessment cognitive decline and dementia Mood disorders and suicidality Forensic assessment risk and recidivism Measures specific to children and adolescents Plus PTSD substance disorders eating pathology and more Expertly complementing cross cultural treatment texts the Guide to Psychological Assessment with African Americans stands out as a trustworthy resource for treatment planning useful to clinical psychologists neuropsychologists and clinical social workers

Coronavirus Disease (COVID-19): Psychoeducational Variables Involved in the Health Emergency Jesus de la Fuente,Douglas F. Kauffman,Michael S. Dempsey,Yashu Kauffman,2022-11-08

Parenting and the Child's World John G. Borkowski,Sharon Landesma Ramey,Marie Bristol-Power,2001-10-01 Stimulated by the publication of The Nurture Assumption by Judith Rich Harris Parenting and the Child s World was conceived around the notion that there are multiple sources of influence on children s development including parenting behavior family resources genetic and other biological factors as well as social influences from peers teachers and the community at large The text s 39 contributors search for when where and how parenting matters and the major antecedents and moderators of effective parenting The chapters focus on the major conceptual issues and empirical approaches that underlie our understanding of the importance of parenting for child development in academic socio emotional and risk taking domains Additional goals are to show how culture and parenting are interwoven to chart future research directions and to help parents and professionals understand the implications of major research findings

Children's Rights John T. Pardeck,2006 This book covers the children s rights movement and the rights of parents It examines the implications of children s rights for policy and practice with particular reference to children with disabilities and children in the care of protective services

Children's Rights Jean A. Pardeck,2012-11-12 Get up to date information on children s and parent s rights Children have a basic human right to be free of abuse and maltreatment The late Dr John Pardeck s Children s Rights Policy and Practice Second Edition comprehensively explores the latest legal psychological sociological policy and child advocacy issues dealing with children s rights Essential issues are clearly discussed involving

children at home in school in foster care and in residential facilities This new edition of The Haworth Social Work Practice Press classic examines the practical and ethical issues inherent in balancing a child's right to self-determination against the same child's need to be protected Children's Rights Policy and Practice Second Edition delves deep into the causes of abuse and neglect and offers help for families at risk Techniques are presented for case and cause advocacy as well as venues for family and individual therapy Other discussions address the role and function of child protective services and the juvenile justice system a review of effective social policy to protect and care for children family health and children's rights issues and children's rights in schools and day care facilities This essential exploration includes extensive references and notes a list of Web sites and a comprehensive glossary of influential legal rulings focusing on children's rights Children's Rights Policy and Practice Second Edition includes over 100 pages of new and updated material on new rulings of the Americans with Disabilities Act ADA that have implications for children's rights legal case studies an overview and analysis of the Leave No Child Behind Act children's rights and school violence an expanded discussion on practice interventions focusing on various approaches for helping children adjust to substitute care an expanded examination on advocacy and children's rights with emphasis on legal case studies as a tool for enhancing the rights of children Balancing theoretical considerations solid information and practical advice Children's Rights Policy and Practice Second Edition is an essential resource for child welfare workers attorneys educators students parents and social workers

The Professional Counselor's Desk Reference, Second Edition Mark A. Stebnicki, Irmo Marini, 2015-08-21 This award-winning bestselling reference for professional counselors and graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions including the 2014 American Counseling Association Code of Ethics CACREP CORE accreditation standards DSM 5 the Affordable Care Act and many other important changes It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio-cultural changes The only resource of its kind it is an extremely useful guide for counseling students working toward licensure and certification as well as experienced counselors counselor educators clinical supervisors psychologists and social workers The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and features contributions from over 110 highly regarded experts in counselor education research and practice It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates in 93 chapters both contemporary insight and practical strategies for working with the complexity of real-life issues related to assessment diagnosis and treatment of diverse clients New chapters address military and veteran health issues evidence-based practice for training counseling transgender individuals partners and families counseling caregivers social justice and so much more In addition to being a quick access resource for all counseling professionals the second edition serves as a concise accessible reference for graduate students preparing for certification

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cross disciplinary approach makes it appropriate for clinicians and trainees from all disciplines who are involved in treating children and adolescents with mental health problems DSM 5 Casebook and Treatment Guide for Child Mental Health is unparalleled in its engaging style up to date information and expert evidence based guidance in conceptualizing diagnosis and treatment

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web since each vector is of length n the size of the matrix is $n \times m$ note that all vectors have to be the same length the matrix function can be used to create a matrix from a sequence of numbers the nrow argument tells r how many rows to include a matrix data c 3 1 0 4 5 2 nrow 3 a

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