

**NLN nutrition practice exam part A study guide (items in parenthesis are the correct answers)**

- 1 – how to calculate fluid intake for renal failure patients (urine output plus insensible water loss)
- 2 – differences between pureed & mechanical soft diets (texture)
- 3 – best diets for niddm patients (a balanced, kcal-controlled diet)
- 4 – pts on hemodialysis – best way to check for dietary compliance (compare the clients present wt to the wt after the last treatment)
- 5 – pts on warfarin should avoid which foods (green, leafy veggies)
- 6 – why are milk products considered the preferred source of calcium? (the calcium in milk products is well-absorbed and utilized)
- 7 – etoh c/ cirrhosis of liver – why should they refrain from etoh – and what are the physiological effects of alcohol on the pt? (increased stress is placed on the liver in detoxifying alcohol)
- 8 – how does alcohol damage the liver?
- 9 – why would a dm1 pt need to have an evening snack c/ protein or milk exchange? (to avoid early morning hypoglycemia)
- 10 – when is tpn the preferred mode of nutritional support? (when a pt requires complete bowel rest)
- 11 – know the gout diet (avoid red meats)
- 12 – know sodium-restricted diets (examples are one tbsp. Of corn oil, one raw apple, one half cup of boiled rice and one cup of milk – milk is the one to be avoided on a low-na diet)
- 13 – know dm diets (meals & snacks must be eaten on a regular schedule)
- 14 – htn, hyperlipid/cholesterol diets – (with elevated cholesterol levels, they should be on a lower cholesterol diet)
- 15 – why/how does radiation therapy impact nutritional status? What conditions may it cause? (anorexia)
- 16 – cholecystitis diet? (low-fat)
- 17 – dysphagia diets (thickened liquids)
- 18 – chf – what are causes of wt gain in one month? (fluid retention)
- 19 – diet modifications to control serum cholesterol levels? (avoid saturated fats)

# Nln Nutrition Study Guide

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## **Nln Nutrition Study Guide:**

*Study Guide to Accompany Rosdahl & Kowalski's Textbook of Basic Nursing* Lazette Nowicki, Caroline Bunker Rosdahl, Eileen Klein, Mary T. Kowalski, 2002-11-21 This excellent study guide helps LPN LVN students get the most out of the Textbook of Basic Nursing Eighth Edition This concise learning tool allows students to review all the key material from the Eighth Edition and features a self study CD ROM they can use to help prepare for class or examinations *Current Catalog* National Library of Medicine (U.S.), 1993 First multi year cumulation covers six years 1965 70 **Nutrition and Diet Therapy** Susan M. Quillman, 1990 **Practical Nursing Study Guide and Review** Zella Von Gremp, Lucile Broadwell, 1965

*Potter & Perry's Essentials of Nursing Practice, SAE, E book* Patricia A. Potter, Anne G. Perry, Patricia A. Stockert, Amy Hall, 2021-06-16 Potter and Perry's Essentials of Nursing Foundation is a widely appreciated textbook for the teaching learning of nursing foundations Its comprehensive coverage provides fundamental concepts skills and techniques of nursing practice in the areas of nursing foundation This South Asian Edition of Potter and Perry's Essentials of Nursing Foundation not only provides the well established authentic content of international standard but also caters to the specific curricular needs of nursing students and faculty of the region as the content is exactly tailored according to the Indian Nursing Council curriculum Most Comprehensive Content is presented comprehensively so that the textbook is very easy to read and comprehend Most Lucid Content is very simple for non English speaking Indian students It is an easy to read interesting and involving disposition which leads the reader through various facts of nursing foundation Indian Student friendly Exactly as per syllabus prescribed by INC for B Sc Nursing course and also useful for Diploma Nursing course It has improved layout design and presentation through addition of images and illustrations Many images have been replaced with Indian ones to provide regional feel of the content Region specific content There is inclusion of region specific content such as o Nursing education nursing cadres registration licensing Indian medico legal laws health care delivery system new trends of nursing in India o Updated detailed history of nursing in India o Major recent health policies in India such as National Health Policy 2017 and Biomedical Waste Management rules 2016 o Code of Ethics for Nurses in India Additional chapters o Hospital admission and discharge o Equipment and linen o Diagnostic testing o First aid and emergencies A complete and student friendly text in Nursing Foundation of Global standards with local appeal Additional chapters o Hospital admission and discharge o Equipment and linen o Diagnostic testing o First aid and emergencies *Study Guide and Review of Practical Nursing* Helen Fredericka Hansen, 1958 **Essentials for Nursing Practice - E-Book** Patricia A. Potter, Anne G. Perry, Patricia A. Stockert, Amy Hall, 2018-03-12 Get a solid foundation in essential nursing principles concepts and skills Essentials for Nursing Practice 9th Edition combines everything you need from your fundamentals course and streamlines it into a format that's perfect for busy nursing students The ninth edition retains many classic features including chapter case studies procedural guidelines and special considerations for various age groups along with new content including a chapter

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**Guides for Developing Curricula for the Education of Practical Nurses** Dorothea Elizabeth Orem,1959

**Tests** Richard C. Sweetland,1991 Revises the information in the second edition and presents over 700 new or revised tests The Psychology section contains 20 subsections Education has 54 subsections and Business has 13 subsections Does not contain reliability validity and normative data Use the complementary Test Critiques series for this information [RN Test Catalog](#) ,1996

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