

S series Blood Pressure Monitor

Model BP742N
Instruction Manual



2290002-00

Introduction

Thank you for purchasing the OMRON®/BP742N Blood Pressure Monitor. Your new blood pressure monitor uses the oscillometric method of blood pressure measurement. This means the monitor detects your blood pressure through your brachial artery and converts the measurements into a digital reading. An oscillometric monitor does not need a stethoscope on the monitor to apply to use.

Intended Use

This device is a digital monitor intended for use in measuring blood pressure and pulse rate in adult patient population who can understand this instruction manual with the assistance of a caregiver. It is not intended for use by children. The device detects the appearance of irregular heartbeats during measurement and gives a warning signal with the measurement result.

- Read this instruction manual thoroughly before using the device. Please keep this instruction manual for specific information about your own blood pressure. CONSULT YOUR PHYSICIAN.

Important Safety Information

Warning: Indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.

General Usage

- DO NOT adjust medication based on measurement results from this blood pressure monitor. These instructions are provided by your physician. Only a physician is qualified to diagnose and treat high blood pressure.
- This device is not intended to be a diagnostic device.
- Consult your physician before using the device in pregnancy including ultrasound, or if diagnosed with or at risk of cardiovascular disease.
- Do not use the device on the injured arm or the arm after medical treatment.
- Do not apply the arm cuff on the arm while lying on an inflatable bed or foam mattress.
- Consult your physician before using the device on the arm with an active cancer or IV catheter.
- Do not use the device with other medical electrical (ME) equipment simultaneously.
- Do not use this device in the area of RF surgical equipment, MRI, or CT scanner rooms, or in the AC adapter cable may cause accidental strangulation in infants.
- The arm tube of the AC adapter cable may cause accidental strangulation in infants.
- Consult your physician if you have a choking hazard if swallowed by infants.

AC Adapter (Optional Usage)

- Do not use the AC adapter if the device or the power cord is damaged. Turn off the power and inspect immediately.
- Plug the AC adapter into the appropriate voltage outlet. Do not use in a multi-outlet plug.
- Never plug it in using the power cord from the electric outlet with wet hands.
- Caution: Indicates a potentially hazardous situation which, if not avoided, may result in death or serious injury. It may occur as a result of damage to the equipment or other property.

General Usage

- Always consult your physician. Self-diagnosis of measurement results and self-treatment are dangerous.
- People with severe heart disease, or blood disorders, should consult a physician before using the device on the arm cuff application during the measurement.
- Remove the arm cuff if it does not start deflating during the measurement.
- Do not use this device on infants or persons who cannot express their intentions.
- Do not use the device for any other medical purpose than blood pressure measurement.
- Use only the measured arm cuff for this device. Use of other arm cuffs may result in incorrect measurement results.
- Do not use a mobile phone or other device that emit electromagnetic fields while the device. This may result in incorrect operation of the device.
- Do not disassemble the monitor or arm cuff. This may cause an inaccurate reading.
- Do not use in a location with moisture, or a location where water may splash on the device. This may damage the device.
- Do not use the device in a moving vehicle (car, airplane).
- Do not take measurements while driving a vehicle. It may cause trouble due to driver's distraction.
- Consult your physician before using the device if you had a heart attack.
- Repeat your measurement more than once every 1-2 minutes. If your systolic pressure is known to be more than 210 mmHg, waiting to a higher pressure than necessary may result in locating where the arm cuff is required.

AC Adapter (Optional Usage)

- Plug the power cord into the outlet.
- When disconnecting the power plug from the outlet, do not pull the power cord. Be sure to pull from the power plug cable.
- When handling the power cord, take care not to do the following:
 - Do not damage. Do not break it.
 - Do not hammer with it. Do not scratch, bend or pull.
 - Do not twist. Do not handle during use.
 - Do not pinch. Do not place under heavy objects.
- When the cord is off from the power plug.
- Unplug monitor when not in use.
- Disconnect the power plug before cleaning.
- Use only an OMRON AC adapter designed for this device. Use of unapproved adapters may damage and/or may be hazardous to the device.

Battery Usage

- Do not insert the batteries with their positive/negative incorrectly aligned.
- After using 4 "AA" alkaline or manganese batteries with the device. Do not use other types of batteries. Do not use new and old used batteries together.
- Remove the batteries if the device will not be used for three months or more.
- General Precautions
 - Do not touch the arm cuff or the air tube excessively.
 - Do not press the air tube while taking a measurement.
 - To unplug the air plug, pull out the air plug at the connection with the monitor, not the tube itself.
 - Do not drop the monitor or adapter device in strong electric or vibrations.
 - Do not allow the air plug or adapter to be not exposed directly to sunlight.
 - Do not use the device outside the specified environment. It may cause an inaccurate reading.
 - Dispose of the device, components and optional accessories according to applicable local regulations. Unlawful disposal may cause environmental pollution.

1. Know Your Device

Contents: Arm cuff, battery set, instruction manual, quick start guide

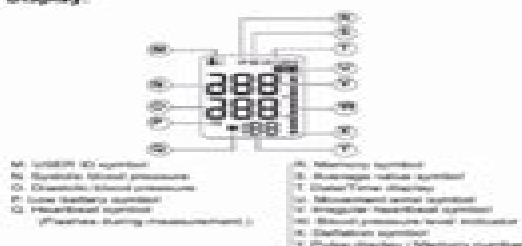
Monitor:



Arm cuff:



Display:



1.1 Display symbols

Irregular heartbeat Symbol

When the monitor detects an irregular heartbeat rate or more than 10% of the measurement, the irregular heartbeat symbol will appear on the display with the measurement value. An irregular heartbeat rhythm is defined as a rhythm that is 20% faster or 20% slower than the average rhythm while the monitor is measuring the systolic and diastolic blood pressure. If the irregular heartbeat symbol displays with your measurement results, you must consult your physician. Follow the directions of your physician.



Movement Error Symbol

This movement error symbol is displayed if you move your body during the measurement. Please remove the arm cuff, and wait 2 - 3 minutes. Take another measurement, remain still during measurement.

Average Value Symbol

The average value symbol is displayed when you press and hold the memory button for more than 3 seconds. The most recent average value appears on the display screen.

Blood Pressure Level Indicator



2019 ESC/ESH Guidelines for the management of arterial hypertension
Definitions of hypertension by office and home blood pressure levels

Systolic Blood Pressure < 120 mmHg	Diastolic Blood Pressure < 80 mmHg	Office Blood Pressure
Systolic Blood Pressure 120-139 mmHg	Diastolic Blood Pressure 80-89 mmHg	Office Blood Pressure
Systolic Blood Pressure ≥ 140 mmHg	Diastolic Blood Pressure ≥ 90 mmHg	Office Blood Pressure

1.2 Before Taking a Measurement

- To help ensure an accurate reading, follow these directions:
 - Avoid bathing, drinking alcohol or caffeine, smoking, exercising and eating for 30 minutes before taking a measurement. Rest for at least 10 minutes before taking the measurement.
 - Empty your bladder. Avoid taking medications during stressful times.
 - Measurements should be taken in a quiet place.
 - Remove tight-fitting clothing from your arm.
 - Sit on a chair with your feet flat on the floor. Place your arm on a table so that the air cuff is at the same level as your heart.
 - Remove all and do not talk during the measurement.
 - Empty a glass of urine before taking a measurement for your physician. A single measurement does not provide an accurate indication of your true blood pressure. You need to take and record several readings over a period of time. Try to measure your blood pressure at the same time each day for consistency.

2. Preparation

2.1 Battery Installation

1. Remove the battery cover.



2. Insert 4 "AA" batteries as indicated in the battery compartment.

3. Replace the battery cover.

Notes:

- When the low battery symbol (L) appears on the display, turn the monitor off, then replace old batteries at the same time. Using old batteries are recommended.
- The measurement values continue to be stored in memory even after the batteries are replaced.
- The automatic memory may have a shorter life.

A. Dispose of the device, components and optional accessories according to applicable local regulations. Unlawful disposal may cause environmental pollution.

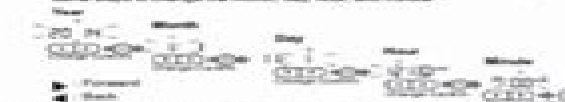
2.2 Setting the Date and Time

Set the registering date and time before taking a measurement for the first time.

1. Press the "START/STOP" button.

2. Push "▲" to change the year.

Push "▲" button to confirm the year and then the month feature. Repeat the same steps to change the month, day, hour, and minute.



3. Press the "START/STOP" button to turn the monitor off.

Notes:

- If the batteries have been replaced, the date and time setting will need to be reset.
- If the date and time are not set, "----" appears during or after measurement.

3. Using the Device

3.1 Applying the Arm Cuff

Remove the air plug from the air tube and place the air plug into the air jack.

1. Insert the air plug into the air jack securely.



2. Wrap the arm cuff firmly in place around your left upper arm.



The bottom edge of the air cuff should be 10-12 cm (4-5 in) above the elbow. Be sure to sit the middle of your arm and aligned with your middle finger.



3. Secure closed with the fabric fastener.



Notes:

- When you take a measurement on the right arm, the air tube will be at the side of your elbow. Be careful not to bend your arm on the air tube.
- The blood pressure can differ between the right arm and the left arm, and the measured blood pressure values can be different. Consult your physician to always use the same arm for measurement. If the values between both arms differ substantially, please check with your physician which arm to use for your measurements.

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 through each transaction that are recorded in the cash payments journal step 3

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 can be seen in exercise 6 first let us list down all the transactions that are recorded in the cash receipts journal

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