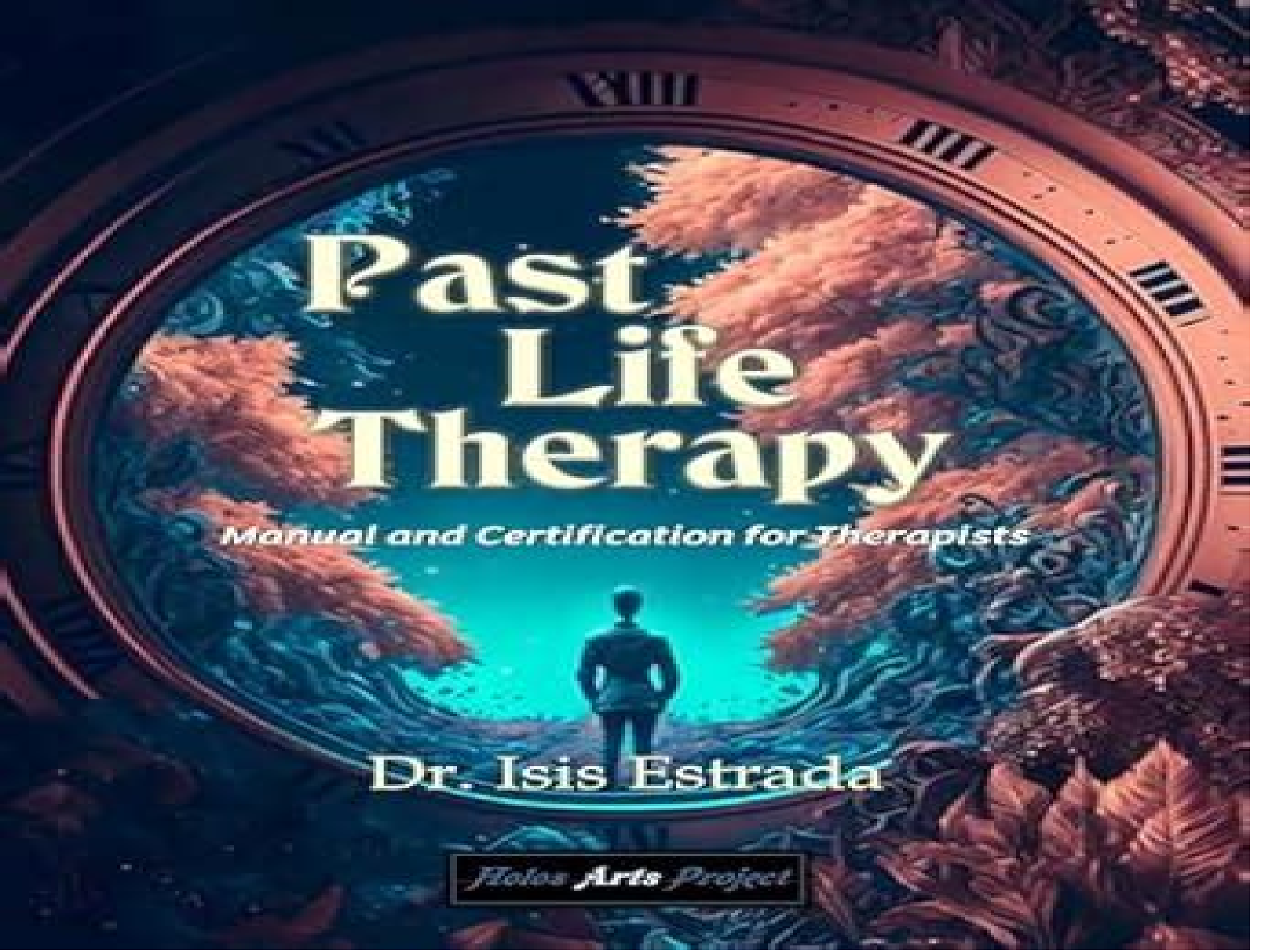




Past Life Therapy

Manual and Certification for Therapists

Dr. Isis Estrada

Holos Arts Project

Past Life Therapy Manual

Mark Beale



Past Life Therapy Manual:

How To Conduct Past Life Regression Online Laura Whitworth,2021-02-09 Looking to transition your hypnotherapy practise online in the current circumstances Don t know where to start In this manual Laura Whitworth runs through step by step everything you need to know in order to make the transition from face to face to online hypnotherapy Laura uses her extensive experience through conducting hundreds of online past life regression sessions to lay out the process of transitioning to online past life regression In this manual you will learn what you need to consider before you even move online What equipment you will need What to do prior to conducting an online session to set you up for success What to include in your Client paperwork How to structure an online session What safety checks need to be covered off prior to conducting the session to cover both you and the Client How to prepare the Client for the online session in order to ensure that they receive their best session How to deal with technology issues A step by step guide on how to conduct an online past life regression session including scripts to follow written by Laura Things to consider regarding your tonality and pace as a hypnotherapist when conducting online sessions A detailed structure to follow when moving Clients through an online past life regression session How to progress Clients through their lifetimes How to deal with and help clients release trauma during the session How to identify that the Client has an Entity and to remove it during the session How to identify types of Entities and deal with them accordingly How to help the Client reintegrate a fractured part of themselves How to encourage healing in the Client through collaboration with the Higher Self Guidance on your questioning technique whilst in your Client session How to ask questions during the session so as not to bring the Client out of the Theta state How to bring the Client out of the Theta state How to conduct the post session wash up with the Client and ensure that they are fully integrated back into their body In this manual you will learn absolutely every step of the process to Online Past Life Regression and you will receive Laura s own scripts that she uses Online Laura Whitworth is a Clinical Hypnotherapist and Psychotherapist and Level 2 Quantum Healer trained in the process of Dolores Cannon She is also trained in Neuro Linguistic Programming and Spirit Releasement Therapy Laura brings her extensive experience in Past Life Regression gleaned both in a face to face environment and an Online environment to produce this one stop manual Past Life Regression Kemila Zsange,2020-12-23

Past Life Regression Kemila Zsange,Kemila Zsange Rcch,2015-04-30 A Complete Guidebook on Past Life Regression Hypnotherapy Past Life Regression can be recreational for some people a way to satisfy their curiosity For others this modality has tremendous therapeutic value Mental emotional spiritual and even physical healing can take place in a past life regression session This book introduces many tech niques and covers them in detail for how to conduct an effective Past Life Regression session Kemila shares a lot of her case work as examples This book is suitable for hypnosis professionals and interested members of the general public It is full of scripts and reveals detailed step by step methods **Past Life Therapy** Isis Estrada, Have you ever wondered how past lives can influence your present Are you a therapist looking to

expand your horizons with revolutionary techniques Dr Isis Estrada renowned writer in the field of alternative therapies invites you to explore a fascinating universe in her latest book *Past Life Therapy Manual and Certification for Therapists* This work is not just a book it is a window into a world where time and space intertwine revealing secrets hidden in the depths of our psyche From the basics of reincarnation to advanced regressive hypnosis techniques Isis guides you step by step on a transformative journey The book delves into the complex relationship between psychology and past lives illustrating how this therapy can unlock deep seated emotions and memories Through 40 detailed chapters you ll tackle topics such as hypnosis regression memory and much more equipping the reader with essential tools and knowledge to practice this therapy ethically and effectively For therapists seeking certification this book is a gem Not only does it provide a solid theoretical understanding but it also offers unparalleled practical guidance From client preparation to session documentation everything is designed to ensure a safe and enriching practice for both therapist and client *Past Life Therapy Manual and Certification for Therapists* is more than a read it is a transformative experience that invites you to explore the mysteries of the soul and help others find peace and clarity in their lives This book is designed as a course manual and the course is accredited by The International Guild of Complementary Therapists IGCT of London England Therefore you are entitled to a personalized certificate of completion *The Netherton Method of Past Life Therapy Training Manual* Morris Netherton PhD,2015-07-09 Certification Training Manual for students in The Netherton Method of Past Life Therapy Certification Training Program

The Complete Idiot's Guide to Past Life Regression Michael R. Hathaway,D. C. H. Hathaway,2003 Judging by the more than 2 million web pages dealing with past lives and past life regression PLR people aren t only seeing dead people they re interested in finding out whether or not they were some of those dead people in a previous life Going way beyond a belief in reincarnation and karma regressionists want to know who they were and what their lives were like and reputable psychiatrists are using hypnosis to reveal the past life issues that are keeping their patients from living better lives today In CIG to Past Life Regression a board certified past life regression therapist reveals the ins and outs of PLR Is past life regression for real Are children really closer to their past lives than adults Can I be hypnotized and can I trust the hypnotist and what he she tells me What will a session be like Is one session enough And what about self hypnosis How can knowledge of past lives make my life better today Healing Lost Souls William J. Baldwin,2025-09-12 For two decades William Baldwin has been a pioneer in the ever expanding therapeutic fields of Spirit Releasement Past Life Regression and Soul Mind Fragmentation In his Florida practice he uses these therapies routinely to help patients who suffer from Dissociative Trance and Dissociative Identity formerly called Multiple Personality Disorders *Healing Lost Souls* explains the attributes of each therapy in everyday language and provides dozens of case studies to illustrate its clinical use Likening his work to the ancient practice of shamanism Baldwin has found that psychological disorders are often rooted in past life traumas the interference of attached entities of various origins and the fragmentation of one s soul Baldwin stresses the importance of

active patient participation throughout the stages of regression as well as the need to treat encountered entities with respect since they are often mere lost souls as bewildered and frightened as the patients themselves Regression: a Journey to the Beginning of Your (Current/Past) Life! Helen Casteleyn, 2016-03-17 This book is written for therapists as well as for the layperson It explains step by step how to proceed This handbook teaches you how to travel through time You get to see past lives and help send the deceased into the Light Shamans and healers all over the world see illnesses as energetic blockages A regression can assist you in removing entities dark clouds and other aspects from the body and the aura It can be achieved with this extremely safe and easy method Many people choose to revisit their childhood in order to install new programs for the future using the ideal scenario method as well as to heal the inner child There is also the spacecraft technique and the physical scan of the body which allow the client to understand and treat physical problems At the end of a session there is a future integration and the exploration of positive affirmations to support the entire process In the end you are more aware of the leitmotif that runs through your present and past lives which allows you to understand your life lessons You generally become a happier person and you can engage with life on a deeper level Regression therapy is a definite recommendation for anyone looking to understand life and for those who are seeking psychological and spiritual growth *Hypnotherapy* Isis Estrada, Step into the fascinating world of hypnotherapy with Hypnotherapy Certification for Holistic Therapists This book is an essential guide for those who wish to delve deeper into the art of hypnosis combining advanced techniques with a holistic perspective Imagine being able to help your patients overcome their challenges alleviate their pain and achieve a state of overall well being This book is written by Dr Isis Estrada an expert in hypnotherapy who shares knowledge and experiences accumulated over years of practice Here you will find a unique approach that not only focuses on technique but also on a profound connection with the spiritual aspect of the human being As you explore its pages you will discover how to integrate hypnotherapy into your practice in a way that promotes complete healing and personal growth Each chapter is designed to offer you practical tools and effective strategies From hypnotic induction to deepening the trance and specific techniques for treating anxiety stress and other disorders you will find everything you need to take your practice to the next level Additionally it provides methods to assess your patients progress and adjust your techniques to ensure their continuous success What makes this book truly special is its focus on the personal and professional development of the therapist It is not just a collection of techniques it is an invitation to grow to continuously learn and to inspire others on their path to well being Through its pages you will feel a deeper connection with your vocation and a greater confidence in your ability to make a significant difference in your patients lives Hypnotherapy Certification for Holistic Therapists is more than a book it is a companion on your professional journey It will encourage you to explore new dimensions of hypnotherapy and embrace a practice that is both effective and compassionate This is the resource you need to be not just a therapist but a true agent of change in the world This book is the manual for a course accredited by The International Guild of Complementary Therapists

IGCT in England Therefore anyone who completes the book can request their certificate of completion from the publisher as explained in the final chapter **Past Life Awakening** Mark Beale, 2025-05-27 Past Life Awakening contains seven in depth case studies of real spiritual regressions that cover hypnotherapy past life regression between lives regression and spirit releasement therapy including earthbound spirits dark entities and ETs These cases illustrate how spiritual therapy is done from the initial context of the issues to the enlightening stories that clients discover in hypnosis about the root causes in past lives in other dimensions and with entities The seven spiritual laws reveal how to get effective therapeutic resolutions and the ultimate messages from the sessions so that they help both healers improve their practices and people along the path of spiritual awakening

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Past Life Therapy Manual Introduction

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