

JANUARY ... DOES IT BRING YOU JOY?

- 1 January is the time for renewal on many fronts. It's the time of the year to re-evaluate everything. If something or someone doesn't bring you joy, it's pretty pointless carrying on with it. If we want the best, we must do our best. We must keep our family space safe and secure so that we are thriving as a people and as a nation. 5
- 2 In order to live their best lives, people are spreading themselves thinner and thinner with multiple streams of income. In the process we earn more but live less, we lose our focus of what is important.
- 3 With social media, keeping up with other Instagrammers are having a devastating effect on self-perception. Everything appears to be real perfect, but the fabric of our society is frazzled. Use January to take stock and start navigating new ways of doing things. Instead of multiple streams of sole sessions, travel more, and connect with people and places that bring you joy. 10

[Adapted from *The Juice*, January 2020]

QUESTIONS: TEXT F

- 5.1 Refer to line 1.
Provide a synonymous phrase for 'on many fronts'. (1)
- 5.2 What is the function of the hyphen in 're-evaluate' (line 2)? (1)
- 5.3 Rewrite the following sentence in the passive voice.
'If something or someone doesn't bring you joy, it's pretty pointless carrying on with it' (lines 2–3). (1)
- 5.4 Remove the redundancy in paragraph 1. (1)

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Judd E. Hollander



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Table of Contents Past Exam Papers Grade 1

1. Understanding the eBook Past Exam Papers Grade 1
 - The Rise of Digital Reading Past Exam Papers Grade 1
 - Advantages of eBooks Over Traditional Books
2. Identifying Past Exam Papers Grade 1
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Past Exam Papers Grade 1
 - User-Friendly Interface
4. Exploring eBook Recommendations from Past Exam Papers Grade 1

- Personalized Recommendations
- Past Exam Papers Grade 1 User Reviews and Ratings
- Past Exam Papers Grade 1 and Bestseller Lists
- 5. Accessing Past Exam Papers Grade 1 Free and Paid eBooks
 - Past Exam Papers Grade 1 Public Domain eBooks
 - Past Exam Papers Grade 1 eBook Subscription Services
 - Past Exam Papers Grade 1 Budget-Friendly Options
- 6. Navigating Past Exam Papers Grade 1 eBook Formats
 - ePub, PDF, MOBI, and More
 - Past Exam Papers Grade 1 Compatibility with Devices
 - Past Exam Papers Grade 1 Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Past Exam Papers Grade 1
 - Highlighting and Note-Taking Past Exam Papers Grade 1
 - Interactive Elements Past Exam Papers Grade 1
- 8. Staying Engaged with Past Exam Papers Grade 1
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Past Exam Papers Grade 1
- 9. Balancing eBooks and Physical Books Past Exam Papers Grade 1
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Past Exam Papers Grade 1
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Past Exam Papers Grade 1
 - Setting Reading Goals Past Exam Papers Grade 1
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Past Exam Papers Grade 1

- Fact-Checking eBook Content of Past Exam Papers Grade 1
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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