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Essay Sample on Occupational Therapy: Professional Qualifications to Enhance Recovery Essay

Introduction

Occupational therapy involves a type of treatment that facilitates people who have suffered from various illnesses recuperate and live a healthy life. The mode of practice enables all diverse patients to lead and adapt to a new life, depending on their conditions while participating in daily and regular activities. Occupational therapy is a highly sensitive practice that requires extreme knowledge and skills. Endorsing the medical practice requires professional qualifications, knowledge, and therapists who can handle and maintain high ethical standards. Therapists who engage in the occupation can help individuals living with particular disabilities, injuries, pain, and illnesses to adapt to activities. The individuals can undertake school work, jobs, moving around, taking care of themselves, household duties, and more.

As observed above, Occupational therapy involves handling individuals with particular health complications. It's a highly sensitive practice that requires maximum observation of the code of ethics to ensure the integrity and protection of clients to maintain the utmost confidentiality and transparency in the industry. The industry requires occupational therapists to observe high integrity and understand the consequences of breaking ethical codes. The guidelines play a vital role in ensuring that professionals maintain high integrity and also to protect the clients both emotionally and physically towards adapting a healthy and normal life. It's also vital for occupational therapists to stay up to date with ethical codes guiding the industry and also follow up on continuing education on ethical codes and standards for an excellent performance.

The need for professional and ethical standards promotes efficiency in running the industry. While handling individuals with particular disorders to adapt a normal life, it requires occupational therapists to follow a specific code of ethics to maintain integrity. Rehabilitating individuals to establish an experience where they can participate in everyday life activities involves commitment, dedication, and professional skills. The professional addresses psychological, physical, sensory-perceptual, cognitive, and other perspectives that enable the individuals to live a healthy and proactive life.

Borton (1970) provides Gibbs reflection cycle that outlines a simple reflective model as a reflective ladder for Occupational therapists to observe as a guideline. The particular model comprises of three questions that should be asked towards handling a specific condition in helping a patient. The questions include what? So what? Now what? The model questions advocates for the creation of a particular guideline that novice and professional practitioners should use to achieve a particular goal, as Jasper (2003, p99) calls it "real world of practice." The model can enable practitioners to construct a workable Action Plan to allow them to figure out the most appropriate approach to handle a particular condition and enable the affected individual to adapt to new life skills fast and easy.

Occupational Therapy Paper

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