

Définition

Perturbation marquée du rapport à soi-même et aux autres.

Borderline = « à la limite » (le trouble était, à l'origine, considéré comme « à la limite » entre la névrose et la psychose. On parle aussi d'état limite).

Instabilité dans plusieurs domaines avec impulsivité marquée :

- Instabilité dans les relations interpersonnelles
- Instabilité émotionnelle
- Perturbation de l'identité

Étiologies et facteurs de risque

Stress vécus dans la petite enfance
Anamnèse de sévices physiques et sexuels, de négligence, de carence affective, de séparation des parents, et/ou de perte d'un parent au cours de l'enfance

Facteurs de risque

- Predisposition génétique
- Perturbations fonctions de régulation du système cérébral
- Événements de vie difficiles, événements traumatiques

Symptomatologie

Peur de l'abandon
Changement brutal de point de vue
Difficulté à contrôler sa colère, colère inappropriée et intense
Changements d'humeur
Impulsivité, auto-mutilation
Comportements suicidaires
Épisodes dissociatifs, pensées paranoïaques

Critères cliniques DSM-5

Tendance persistante illustrée par ≥ 5 des éléments suivants :

- Efforts effrénés pour éviter abandons réels ou imaginés
- Mode relations interpersonnelles instables et intenses
- Instabilité marquée et persistante de l'image ou de la notion de soi
- Impulsivité dans au - 2 domaines potentiellement dommageables pour sujet
- Répétition comportements, gestes ou menaces suicidaires, ou automutilations
- Instabilité affective due à réactivité marquée de l'humeur
- Sentiments chroniques de vide et d'ennui
- Colères intenses/inappropriées ou difficulté à contrôler colère
- Apparence transitoire dans situations de stress idée persécutrice ou symptômes dissociatifs sévères

Évolution et complications

Diminution des symptômes si psychothérapie. Amélioration clinique avec l'âge avec une atténuation de l'impulsivité.

Complications

- Troubles du comportement
- Automutilation
- Risque de suicide
- Vie instable (perso et pro)
- Hospitalisation nécessaire

UE 2.6 Proximus psychopathologies

Trouble de la personnalité limite (borderline)

Traitements

Traitements médicamenteux pour soulager les symptômes : antidépresseurs, neuroleptiques, régulateurs de l'humeur, benzodiazépines

Traitements non médicamenteux : psychothérapies, thérapies cognitivo-comportementale, focalisée sur le transfert, basée sur des schémas, basée sur la mentalisation, réassurance, prévention du passage à l'acte

Hospitalisation parfois nécessaire

Diagnostique différentiels

Différents troubles : bipolaire, personnalité histrionique ou narcissique, dépressifs, anxiété, toxicomanie, stress post-traumatique

Examens complémentaires

Entretien avec un psychiatre



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Reacutecupeacuteration De Trouble De Personnaliteacute Borderline Transcend Mediocrity T

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Reacutepeacuteration De Trouble De Personnaliteacute Borderline Transcend Mediocrity T:

The Enigmatic Realm of **Reacuteupeacuteration De Trouble De Personnaliteacute Borderline Transcend Mediocrity T**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Reacuteupeacuteration De Trouble De Personnaliteacute Borderline Transcend Mediocrity T** a literary masterpiece penned by way of a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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