
PLTW Human Body Systems Semester Exam Study Guide

skeletal system - ✓ ✓ function: provides support and structure, stores calcium, minerals, fats, marrow
eg: Bones, Cartilage

Integumentary System - ✓ ✓ function: provides protection regulates body temp, prevents water loss
eg: skin, hair

Muscle System - ✓ ✓ function: provides body movement and generates heat when muscles contract
eg: muscles, tendons

Nervous System - ✓ ✓ function: regulatory system that controls body movement, consciousness, intelligence, memory
eg: brain, spinal cord, nerves

Endocrine System - ✓ ✓ function: secretes hormones which regulate body and cellular growth, chemical levels in the body, and reproductive functions
eg: pituitary gland, thyroid gland

Circulatory System - ✓ ✓ function: pumps blood to distribute hormones, nutrients and gases and removes wastes
eg: heart, veins, arteries

Lymphatic System - ✓ ✓ function: transports and filters lymph and initiates immune response
eg: nodes, lymph vessels, spleen

Digestive System - ✓ ✓ function: mechanically and chemically breakdowns food materials, absorbs nutrients and expels waste

Personal Fitness Semester Exam Study Guide Answers

J Ma



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