

21 WAYS TO ACHIEVE LASTING HAPPINESS AND SUCCESS

Brian Tracy
NEW YORK TIMES BEST-SELLING AUTHOR

NO Excuses!

THE POWER OF SELF-DISCIPLINE



No Excuses Brian Tracy

Milkyway Media



No Excuses Brian Tracy:

No Excuses Brian Tracy, 2010-07-19 You don't need to have been born under a lucky star or with incredible wealth or with terrific contacts and connections or even special skills but what you do need to succeed in any of your life goals is self discipline Unfortunately most people give in to the two worst enemies of success they take the path of least resistance in other words they're lazy and or they want immediate gratification they don't consider the long term consequences of the actions they take today No Excuses shows you how you can achieve success in all three major areas of your life 1 Your personal goals 2 Your business and money goals 3 Your overall happiness Each of the 21 chapters in this book shows you how to be more disciplined in one aspect of your life with end of chapter exercises to help you apply the no excuses approach to your own life With these guidelines you can learn how to be more successful in everything you do instead of wistfully envying others who you think are just luckier than you A little self discipline goes a long way so stop making excuses and read this book

Summary of No Excuses! by Brian Tracy QuickRead, Alyssa Burnette, If you've ever taken a look at your life and wondered what's holding you back No Excuses is literally the answer Brian Tracy's explosive study on the power of self discipline will show you how to break down the barriers between you and success by simply eliminating the excuses we tell ourselves every day Exploring the power of self discipline in practice No Excuses 2010 takes a look at how we can improve three critical areas of our lives personal success career success and overall happiness through aggressive self discipline Arguing that excuses are the limitations we place on ourselves Tracy challenges readers to relinquish the crutch of convenient excuses and embrace the life changing power of self discipline Do you want more free books like this Download our app for free at <https://www.quickread.com> App and get access to hundreds of free book and audiobook summaries **DISCLAIMER** This book summary is meant as a preview and not a replacement for the original work If you like this summary please consider purchasing the original book to get the full experience as the original author intended it to be If you are the original author of any book on QuickRead and want us to remove it please contact us at hello@quickread.com

No Excuses! Brian Tracy, 2015-12-29 **Summary of Brian Tracy's No Excuses** Milkyway Media, 2021-05-17 Buy now to get the key takeaways from Brian Tracy's No Excuses Sample Key Takeaways 1 Before seeking success you must know yourself and what your ideal future looks like Define your own idea of what success is 2 Success is not about luck It can be predicted and achieved through actions Many successful people started out poor The basic principle is that nature does not play favorites You reap what you sow so putting in the hard work will bring the desired results *Summary: No Excuses!*

BusinessNews Publishing, 2014-11-12 The must read summary of Julie Strasser and Laurie Becklund's book No Excuses The Power of Self Discipline This complete summary of the ideas from No Excuses exposes the necessity of exercising self discipline in three core areas namely personal success professional career and quality of life In this summary you will find the keys to success as well as practical advice enabling you to seize opportunities and change your life for the better Become

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How To Add 1000 Productive Hours A Year To Your Life Sanjay Kumar Agarwal,2021-01-19 Sanjay Kumar Agarwal popularly known as Time and Goal Guru conducts workshops on Time Management Goal Setting to bring a positive change in the mindset of present and future generations He has worked for more than 25 years for Government of India in Ministry of Finance Working at C S I Airport Mumbai and as Senior Intelligence Officer in the Directorate General of Central Excise Intelligence gave him wide exposure to meet people from different walks of life and study their aspirations and problems in life He felt that it is high time to work on the mindset of future generation i e students His website tripleyourchances.in tyc His blog timeandgoalguru.wordpress.com His Facebook page www.facebook.com/timeandgoalguru and his Youtube Channel provide rich material on the techniques of effective time management and goal setting

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