



## HIGH SCHOOL BASEBALL RULES - Section 1

*effective January 1st 2025*

### 1.1 GENERAL INFORMATION

- 1.1.1 The CAA shall adopt the current edition of the National Federation of State High School Association (NFHS) Baseball Rules Book. These rules shall govern unless noted below.
- 1.1.2 Any discrepancies will be ruled upon by the by the league director and/or Competition Committee.
- 1.1.3 **VIDEO TAPING ANOTHER SCHOOL'S GAME.** It shall be an ethical violation to tape another school's game, meet or contest without their permission. Further it may be a violation of the laws governing copyrights. Each school owns the copyrights to their games, meets and contests. Taping another school's game without permission could constitute a violation of the copyright law. (3/12/16)

### 1.2 COACHING

- 1.2.1 All CAA coaches must be certified to coach in any regular season or post-season games.

### 1.3 HOME TEAM RESPONSIBILITIES

- 1.3.1 Enter game scores within 24 hours upon completion of game. Failure to do so will result in a \$25.00 fine.
- 1.3.2 Enter forfeit results as 2-0. Score of a forfeited game is 2 to 0 unless the game is forfeited after the number of innings required for a regulation game and the offending team is behind. Then the score remains as recorded. If the offending team is leading, the score shall be 2 to 0; otherwise, the score shall be the score at the time of the forfeit if the team ahead at the time of the forfeit is not the offending team.

### 1.4 EQUIPMENT, FIELD AND UNIFORM GUIDELINES

*(Please refer to NFHS Rules 1-3 and 1-5 for information on Player equipment)*

- 1.4.1 **SPIKES.** Metal spikes are permissible.
- 1.4.2 **BAT.** Bat must meet current NFHS requirements.
  - 1.4.2.1 NFHS illegal bats will be enforced. Verify with umpire regarding bat questions.
- 1.4.3 **BASEBALL.**
  - 1.4.3.1 Teams are strongly encouraged to use the Proline baseball, official baseball of the CAA, for all regular season contests. (2008)
- 1.4.4 **FIELD.**
  - 1.4.4.1 Pitching mound for varsity contests will be 60 1/2".
  - 1.4.4.2 Bases for varsity contests will be 90' apart.
- 1.4.5 **UNIFORMS.**
  - 1.4.5.1 Uniforms must be of the same color and style.
  - 1.4.5.2 A uniform shall not have any dangerous or reflective buttons or ornaments.
  - 1.4.5.3 Each player shall have a number on the back of his/her jersey.
    - 1.4.5.3.1 Number should be at least 8" high.
    - 1.4.5.3.2 No players on the same team shall wear identical numbers (9 and 00 are considered the same number.)
  - 1.4.5.4 Uniform sleeve lengths may vary but shall not be ragged, frayed or split.
    - 1.4.5.4.1 If pitcher's undershirt sleeves are exposed, they shall NOT be white or gray.
  - 1.4.5.5 A pitcher shall not wear any item on his/her hand, wrist, or arm which may be distracting to the batter.
  - 1.4.5.6 Caps and shoes are required equipment.
    - 1.4.5.6.1 When a player is required to wear a head protector, it replaces the required cap.

# Official High School Baseball Rules Guide

**L Towner**

A red circular graphic with a gradient, appearing as a stylized sun or a lens flare, positioned to the right of the author's name.

## **Official High School Baseball Rules Guide:**

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**Physical fitness elements in recreation** President's Council on Youth Fitness (U.S.),1962      *Journal of Health, Physical Education, Recreation* ,1933      Physical Development and Recreation Manual for Job Corps Conservation Centers Job Corps (U.S.),1966      **The Spalding Baseball Collection** New York Public Library,1922      **Foot Ball Rules as Recommended to the University Athletic Club by the Rules Committee** ,1929      **Encyclopedia of Sports Medicine** Lyle J. Micheli,2011 This encyclopedia presents state of the art research and evidence based applications on the topic of sports medicine      When to Buy what Eleanor F. Ballou,1971      **New Serial Titles** ,1984      **A Manual of Physical Education for Secondary Grades** Connecticut. State Board of Education,1923      *Spalding's Base Ball Guide and Official League Book* John Buckingham Foster,1929 Volumes for 1878 1879 include a separately paged section Reprint of league book 1920 1922 and 1924 1939 include a separately paged section Official base ball rules      Spalding's Official Football Guide ,1929      *How to Hurdle* Boyd Comstock,1929

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## **Table of Contents Official High School Baseball Rules Guide**

1. Understanding the eBook Official High School Baseball Rules Guide
  - The Rise of Digital Reading Official High School Baseball Rules Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Official High School Baseball Rules Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Official High School Baseball Rules Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Official High School Baseball Rules Guide
  - Personalized Recommendations
  - Official High School Baseball Rules Guide User Reviews and Ratings
  - Official High School Baseball Rules Guide and Bestseller Lists
5. Accessing Official High School Baseball Rules Guide Free and Paid eBooks
  - Official High School Baseball Rules Guide Public Domain eBooks
  - Official High School Baseball Rules Guide eBook Subscription Services
  - Official High School Baseball Rules Guide Budget-Friendly Options
6. Navigating Official High School Baseball Rules Guide eBook Formats

- ePub, PDF, MOBI, and More
- Official High School Baseball Rules Guide Compatibility with Devices
- Official High School Baseball Rules Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Official High School Baseball Rules Guide
  - Highlighting and Note-Taking Official High School Baseball Rules Guide
  - Interactive Elements Official High School Baseball Rules Guide
- 8. Staying Engaged with Official High School Baseball Rules Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Official High School Baseball Rules Guide
- 9. Balancing eBooks and Physical Books Official High School Baseball Rules Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Official High School Baseball Rules Guide
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Official High School Baseball Rules Guide
  - Setting Reading Goals Official High School Baseball Rules Guide
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Official High School Baseball Rules Guide
  - Fact-Checking eBook Content of Official High School Baseball Rules Guide
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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