

Physical Education MCQs part 8

1. Ultra Microscopic viruses are the main cause of-

(A) Malaria

(B) Measles

(C) Mumps

(D) Cholera

Answer.C

2. Sigmund Freud is known to be the Father of the—

(A) Theory of Motivation

(B) Theory of Psychoanalysis

(C) Theory of connectionism

(D) Theory of parallelism

Answer.B

3. The most suitable class formation for teaching shot-put is a—

(A) Circle (B) Triangle

(C) Semicircle (D) Square

Answer.C

4. Posture is an index of—

(A) Personality

(B) Health

(C) Character

(D) Fitness

Answer.A

5. From the viewpoint of Psycho-logy, 'Sympathy' is—

(A) An instinct

(B) An emotion

(C) A general innate tendency

(D) A reflex action

Answer.A

6. Which of the following factors is considered to be most important in the construction of an indoor gymnasium ?

(A) Direction

(B) Light

(C) Ventilation <

(D) Floor

Answer.C

7. One of the following is an excellent example of Condylloid joint—

(A) Shoulderjoint

(B) Hip joint

(C) Wrist Joint

(D) Neck Joint

Answer.C

8. The name of valve between left atrium and left ventricle is-

(A) Tricuspid valve

(B) Aortic valve

(C) Pulmonary valve

(D) Mitral valve

Answer.D

9. All reflex activities are controlled by-

(A) Pons

(B) Spinal cord

(C) Cerebellum

(D) Cerebrum

Answer.B

10. The National Malaria Eradicating Programme was launched in India in the year—

(A) 1973 (B) 1963 (C) 1953 (D) 1951

Answer.C

11. Muscle training is not effective on—

(A) Change in muscle structure

(B) Increase in muscle fibers

(C) Increase in muscle strength

(D) Increase in muscle endurance

Answer.D

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